

Information about TILT –TABLE TEST

You have been advised to have a tilt table test

Please report to Glasgow Royal Infirmary, ECG Dept, Ground Floor Queen Elizabeth Building and bring a list of any medication that you are currently taking

You are required to have nothing to eat or drink for at least 2 hours before the time of your test

The examination which you have been advised to have is called the Tilt-Table test. On arrival you will be taken by the technician into the procedure room and an explanation of the test will be given

The test then involves you lying flat on the couch while the technician connects you to both a heart rate monitor and a blood pressure monitor.

Once this is done and some baseline recordings of your heart rate and blood pressure are made, the table is then tilted to 70 degree angle for approximately 40 minutes

The reason that this test is performed is to try and reproduce the symptoms you have been experiencing and to try and determine their cause

You must arrange for a relative or friend to accompany you for this appointment

If you are unable to keep this appointment please contact 0141 211 8430 as soon as possible