

# **Alivecor Information**

## **Purpose of the Monitor**

The Alivecor monitor paired with the Kardia mobile app (available on most iPhones and smart phones) is intended to record, store, and transfer single-channel electrocardiogram (ECG) rhythms. Use the monitor to record an ECG whenever you have the symptoms you have been referred for (e.g. palpitations, dizziness, breathlessness etc.) To records an ECG takes 30 seconds and can then be sent into the clinic for review.

## **How to use**

Before attending the clinic, please download the Kardia app and create an account. If you are having difficulties doing this, one of the physiologists can assist you in the clinic.

To record an ECG:

1. Open the Kardia app
2. Select "Record your EKG"
3. Rest two or more fingers on the metal electrodes of the monitor
4. The app should then count down from 30 to take a reading
5. Symptoms can be described in the "Add a note" section or written in your patient diary
6. This can then be emailed into the follow email address – [Alive.CorData@ggc.scot.nhs.uk](mailto:Alive.CorData@ggc.scot.nhs.uk)
7. When prompted to password protect select "skip"
8. If you have any symptoms you are particularly worried about or if you have any questions contact the department on 0141 211 8430.