

Eczema

For further advice see
<http://www.sign.ac.uk/pdf/sign125.pdf>

Scalp (Cradle cap)



Paraffin Ointment
overnight then
comb gently
Avoid shampoo
Eumovate® oint.
o.d for 5 days

Discoid (often crusted/weeping)



Synalar (C)® or
Betnovate (C)®
o.d for 7-10 d
(repeat for flares)

Flexural/ generalised



Elocon®/ Synalar®
o.d for 7-10 d
(repeat for flares)

Predominantly facial

Moderate



Hydrocortisone oint **1%**
o.d for 7 d then 2 x weekly
repeat for flares

Severe



Eumovate® or Trimovate®
b.d for 5 d then **1%**
Hydrocortisone o.d

Consider food allergy if GI
symptoms/faltering
weight
Refer Dermatology

Then Eumovate up to 2 consecutive nights weekly as
required to chronic patches

Suggest referral if not controlled despite above management

For all:

Daily bath +/- bath oil or soap substitute (avoid soap !)

Emollient: 2-4 x daily (Frequency & greasiness depending on dryness)

Consider cream during day & ointment at night

If weeping/crusted: swab then use Betnovate C®/Synalar C® or Trimovate®
depending on body site