

SECTION 5: CLINICAL NUTRITION (PART 3)

ENTERAL NUTRITION (EN)

Process for Discharging a Patient from Adult Acute Services to Community Setting with Enteral Feeding

When a patient receiving enteral tube feeding in hospital is medically stable, they may be considered for discharge back to their own home or residential care. If appropriate the patient should be trained and supported to self manage their own feeding tube and feeding regimen. When they are not able to self manage then the patient's family or health care agencies should be trained (BAPEN, 2016). There should be a planned and coordinated approach to discharge and /or transfer of patients receiving enteral tube feeding ([Complex nutritional care standards, HIS 2015](#))

Patient for planned discharge into community on enteral feeding should be referred to the adult acute dietetic service for assessment via Trakcare.

N.B. 5 working days notice required of proposed discharge date: see [Discharge Information Folder](#)

