

Glasgow

Renfrewshire

East
Renfrewshire

Inverclyde

West
Dunbartonshire

East
Dunbartonshire



Digital Support across NHS Greater Glasgow & Clyde



A Healthier Place to Work

mi • 338995 v1.1

East Dunbartonshire libraries are able to offer digital support.

Contact them at:

- 📞 0141 777 3143
- ✉ libraries@eastdunbarton.gov.uk
- 🌐 <https://www.edlc.co.uk/libraries/opening-hours>

Contact Community Learning & Development:

Contact them at:

- 📞 01389 738775
- ✉ CLD@west-dunbarton.gov.uk

Contact Community Learning & Development:

Contact them at:

- 📞 01475 715450
- ✉ CLD.Admin@inverclyde.gov.uk
- 🌐 www.cldinverclyde.co.uk

Contact the Community Hub:

Contact them at:

- 📞 0141 876 9555
- ✉ hello@va-er.org.uk
- 🌐 www.eastrencommunityhub.org.uk

Renfrewshire libraries are able to offer digital support.

Contact them at:

- 📞 0300 300 1188
- ✉ libraries@renfrewshire.gov.uk
- 🌐 www.libcat.renfrewshire.gov.uk

The Free Digital Support Helpline is available for anyone needing digital support.

Contact them at:

- 📞 0800 158 3974
- 🌐 www.glasgowlife.org.uk/glasgows-learning/digital-skills

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Why get online?

Being online can help with:

- Keeping in touch and seeing friends and family anywhere in the world
- Finding a lot of helpful information about interests/hobbies
- Saving money on household bills and services by comparing different providers
- Applying for and managing benefits
- Finding out what benefits/financial assistance you might be entitled to
- Accessing medical appointments online
- Keep in touch with friends and family who are in hospital

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What sort of support is available?

The organisations listed provide support to develop skills and confidence in using digital devices, as well as directing people to places where they can access a digital device if they do not have one.

This includes support to:

- Stay safe on line
- Improve skills and confidence
- Access your local library for digital support and devices

- Manage and apply for Benefits
- Link in with Near Me video appointments
- Use other online health and social care platforms, e.g. NHS Inform –

www.nhsinform.scot

Digital access will benefit other aspects of life e.g. online shopping, banking and staying in touch with friends and/or family.

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Who can help?

Libraries

Libraries are places in communities to find trusted health and wellbeing information. The opening hours for libraries can be found on your Local Authority website.

Social Broadband tariffs are available to people claiming some benefits. Further information can be found here:

<https://www.ofcom.org.uk/home>

Search for Social tariffs: cheaper broadband and phone packages.

Some areas also offer free mobile data and SIM cards to people who can't afford them. Your local library can give you further information on these.

Connecting Scotland

Information and support on:

- Choosing a device
- Setting up a device and using the internet
- Advice on cheapest broadband providers

www.connecting.scot/citizens

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