

Nurse-led Patch Test Clinic

West Glasgow ACH,
Dalnair Street,
Yorkhill,
Glasgow, G3 8SJ

Tel: 0141 201 6900

DAY	DATE	TIME

You need to attend both appointments.

What is a Patch Test?

This is a test to find out what you are allergic to. Patch testing involves applying adhesive strips which contain substances you may come into contact with in everyday life.

The patch test clinic is a nurse-led outpatient clinic where Patch Testing takes place.

What does Patch Testing involve?

You will need two hospital appointments:

Monday – At the clinic we apply the patches to your upper back for 48 hours.

Wednesday - 48 hours after your first visit, you can remove the patches at home and throw them in the bin.

Friday – you will need to attend the clinic. When your tests are complete we will give you your results and advice about anything which you need to avoid.

We will also give you written information so you can refer to it if necessary.

What does Patch Testing involve?

- You need to attend both appointments: if either of these dates is not suitable, please contact the clinic on: **0141 201 6900**

- Once we apply your tests you must not wash or wet your back at any time until after your second appointment. Wetting the area will make it impossible for us to tell if you are allergic to anything.

- We will mark test sites with special ink which can sometimes stain fabrics: please wear older clothes if possible.

Before your appointment

- You should avoid sun exposure, sun-beds and light treatment for skin problems for 3 weeks before you come to the clinic.

This can affect test results but please telephone the department if you have any questions.

- Please bring a list of any medication you are taking.
- Please contact us if you are on steroid tablets, steroid injections or immunosuppressant drugs such as ciclosporin or azathioprine.
- Please contact us if you are or think you may be pregnant.

Contact

If you have any questions please contact the clinic on:

0141 201 6900