

# demystifying death week

## 6th - 12th May 2024

Demystifying death week is about shining a light on death, dying and bereavement in Scotland. Events throughout the week will give people knowledge, skills and opportunities to plan and support each other through death, dying, loss and care.

To book any of the events, click the box that you're interested in.

### Monday 6th May

Topic: **Pet Bereavement**   
When: Monday 6th May, 6.30pm - 7.30pm  
Where: Online MS Teams   
Who is it for: Open to All  
Delivered by: Scottish Pet Bereavement Counselling Service

### Wednesday 8th May

Topic: **Plan More Stress Less**   
When: Wednesday 8th May, 10.00am - 11.30am  
Where: Online MS Teams   
Who is it for: Open to All  
Delivered by: NHSGGC HomeFirst Programme

All sessions are FREE to book!

### Tuesday 7th May

Topic: **Power of Attorney**   
When: Tuesday 7th May, 12.30pm - 1.00pm  
Where: Online MS Teams   
Who is it for: Open to All  
Delivered by: NHSGGC HomeFirst Programme

Topic: **Deathcare for the Queer Community**   
When: Wednesday 8th May, 6.30pm - 7.30pm  
Where: Online MS Teams   
Who is it for: Open to All  
Delivered by: Panel Discussion

For more information on all events...

 [www.nhsggc.scot/planningcare/](http://www.nhsggc.scot/planningcare/)  
 @NHSGGC\_FCP  
 ACPSupport@ggc.scot.nhs.uk



bringing dying into the limelight

# Demystifying Death Week Programme 2024

Thursday 9th May

Topic: **Having Conversations that Matter**

When: Thursday 9th May, 10.00am - 11.30am

Where: Online MS Teams

Who is it for: Open to All

Delivered by: NHSGGC Spiritual Care Team



Topic: **Paying for a Funeral - Myth Busters**

When: Thursday 9th May, 12.30 - 1.30pm

Where: Online MS Teams

Who is it for: Open to All

Delivered by: Caledonia Funeral Aid



Topic: **Anticipatory Grief**

When: Thursday 9th May, 6.30pm - 7.30pm

Where: Online MS Teams

Who is it for: Open to All

Delivered by: Panel Discussion



Friday 10th May

Topic: **Death Cafe**

When: Friday 10th May, 10.00am - 11.00am

Where: Online MS Teams

Who is it for: Open to All

Delivered by: NHSGGC HomeFirst Programme



All these events are part of **#DemistifyingDeathWeek** - check below for information on all events across Scotland including registration links



**Events Across Scotland**

[www.nhsggc.scot/planningcare/](http://www.nhsggc.scot/planningcare/)



You will also find all our events listed on our own website with further information on each session.

## Other Activities nearby...

If you would prefer to come along to a **in person Death Cafe**, then there is certainly lots of opportunities!

- **Thursday 2nd May 2024**, 7.30pm - 9.00pm at Finns Place, 167 Ledard Rd, Glasgow G42 9QU
- **Friday 10 May**, 10.45am - 1pm at The Whiteinch Centre, 1 Northinch Court, G14 OUG
- **Sunday 12th May**, 2.00 - 4.00pm at Cambuslang Parish Church, 1 Arnott Way, Cambuslang, Glasgow G72 7JQ

If you fancy helping to host the cafe at the Whiteinch Centre you can attend a volunteer information session on **Friday 3 May** from 11am - 1pm at the same venue.

If you'd like to spend some time in nature then there is a remembrance craft event taking place at Battlefield Community Garden, (corner of Arundel Drive and Ledard Road, Battlefield Glasgow, G42 9RE) on **Saturday 11th May**, 10.30-12.30pm. You will also be able to meet some of the star birds of **Acts of Dove** who help make funerals and memorials very unique!

Busy on 6-12th May? Don't worry there is another opportunity to attend an event on **Saturday 18th May**, 11am-3.30pm at the Hidden Gardens which will be looking at our rights and options when it comes to caring for the dead.

