

demystifying death week

2-6 May 2022

Resources Guide

Useful Websites

- Support About Death (SAD)
- Good Life, Good Death, Good Grief
- NHSGGC Spiritual Care Services
- Bereavement Charter
- Planning for Care (NHSGGC)
- NHSGGC Palliative Care
- NHSGGC Support & Information Services
- National Wellbeing Hub
- Child Bereavement UK

- Pushing Up the Daisies
- Dying Matters
- NHSGGC Palliative Care
- ihub Anticipatory Care Planning
- My Power of Attorney
- COPE Scotland
- Compassion in Dying
- Richmond's Hope
- CRUSE
- Butterfly Project

Click on
the names
for more
information

Staff Training Links

Having Conversations

- Effective Communication for Health Care (EC4H)
- Sage & Thyme Communication Training
- Realistic Conversations – Shared Decision Making (NES)
- Having Conversations That Matter (NHSGGC)

Bereavement Support

- Changing children's attitudes to death (Macmillan)
- Working with children pre-bereavement (Macmillan)
- Person Centred Bereavement Care (NHSGGC)

Palliative Care

- Learnpro - GGC 053: Palliative End of Life Care
- Palliative and End of Life Care including Bereavement (NES)
- Informed about palliative and end of life care (NES)

Anticipatory Care Planning

- NHSGGC eModule
- NHSGGC Virtual Conversations Skills

Supporting Carers

- Learnpro GGC 231: Carer Awareness
- Supporting Carers: A Professional's Toolkit (Macmillan)
- Supporting Carers: A Volunteer's Toolkit (Macmillan)

There are lots of resources out there, these are just some of our favourites! We would encourage you to look out for things that work for you too. We have not been asked to promote any of this content by publishers or companies and receive no commission.

Reading Resources

- Seven Signs of Life by Aoife Abbey
- Grief Works by Julia Samuel
- Books by Dr Kathryn Mannix
 - Listen
 - With the End in Mind

Podcasts

- Conversations with Annalisa Barbieri - Dr Kathryn Mannix Episode
- Dying Matters Podcast
- Do Not Resuscitate (BBC Radio Programme)
- The Glasgow Series
- St Mungo's Podcast
- Life Changing with Jane Garvey (BBC Series)
- Fortunately (BBC Series) - Dr Kathryn Mannix Episode
- Conversations About Advanced Care Planning
- The Listening Project (BBC Series)
- Griefcast
- The Grief Gang

TV Shows and Films

- After Life (Netflix)
- A Beginners Guide To...Living With Loss (BBC)
- Miriam's Dead Good Adventure (BBC)
- Coco (Disney)

Training for Public

- End of Life Aid Skills for Everyone (EASE)
- Caring Counts (Open Learn)

Conversation Games and Tools

- The Death Deck
- Conversations For Life

Public Events

- Death Cafes
- Events During "To Absent Friends" Week

If you need immediate support with your mental health please contact a trusted member of your community such as your GP, or NHS 24 on '111' or if you are in imminent danger please dial '999'.

**You can find more information on the NHSGGC Anticipatory Care Planning Pages.
You can also contact ACPSupport@ggc.scot.nhs.uk**