

# demystifying death week

## 2-6 May 2022



### Useful Contacts and Websites for Carers

#### East Dunbartonshire:

email: [enquiry@carerslink.org.uk](mailto:enquiry@carerslink.org.uk)  
website: [www.carerslink.org.uk](http://www.carerslink.org.uk)

#### East Renfrewshire:

email: [enquiries@eastrenfrewshirecarers.co.uk](mailto:enquiries@eastrenfrewshirecarers.co.uk)  
website: [www.eastrenfrewshirecarers.co.uk](http://www.eastrenfrewshirecarers.co.uk)

#### Glasgow City:

email: [info@glasgowcarersinformation.org.uk](mailto:info@glasgowcarersinformation.org.uk)  
website: [www.yoursupportglasgow.org/carers](http://www.yoursupportglasgow.org/carers)

#### Inverclyde:

email: [enquiries@inverclydecarerscentre.org](mailto:enquiries@inverclydecarerscentre.org)  
website: [www.inverclydecarerscentre.org.uk](http://www.inverclydecarerscentre.org.uk)

#### Renfrewshire:

email: [enquiries@renfrewshirecarers.org.uk](mailto:enquiries@renfrewshirecarers.org.uk)  
website: [www.renfrewshirecarers.org.uk](http://www.renfrewshirecarers.org.uk)

#### West Dunbartonshire:

email: [clydebankcc@carerswd.org](mailto:clydebankcc@carerswd.org)  
website: [www.carerswd.org](http://www.carerswd.org)

Click on  
the names  
for more  
information



More information can be found on the  
NHSGGC Carers website

### Courses for Carers

- End of Life Aid Skills for Everyone (EASE)
- Caring Counts (Open Learn)

Your local carer services can also provide a range of training opportunities to meet your needs.

#### National Carers Organisations

- Carers Information Scotland
- Coalition of Carers
- Carers Scotland
- Carers Trust
- Shared Care Scotland
- Jointly App
- MECOPP

#### Health and Social Support

- Planning for Care (NHSGGC)
- NHSGGC Support & Information Services
- NHSGGC Palliative Care
- National Wellbeing Hub
- Patient Advice and Support Service (PASS)
- Macmillan
- Maggie's Centre

#### Emotional and Wellbeing Support

- Support About Death (SAD)
- Good Life, Good Death, Good Grief
- NHSGGC Spiritual Care Services
- Bereavement Charter
- Support in Mind Scotland
- Breathing Space
- COPE Scotland

#### Legal Support

- My Power of Attorney
- Office of Public Guardian
- Citizen's Advice Scotland