

## REFERRAL GUIDANCE GERIATRIC MEDICINE - DAY HOSPITAL

### SERVICES

Medicine for the Elderly services offer day hospital attendance for comprehensive assessment of frail older people. This may involve one or several attendances, scheduled weekly. It is run between 8.30-4.30pm Monday – Friday. **If ambulance transport is necessary on medical grounds and the SAS Patient Transport Service Policy eligibility criteria is met, this can be organized, but this requirement will be reviewed for each visit.**

We offer:

- Assessment/treatment for complex multi-faceted problems
- Rapid access intervention to prevent hospital admission
- Management and monitoring of frail elderly patients with multiple long-term conditions
- Rehabilitation e.g. post stroke, hip fracture, Parkinson's Disease
- Supported discharge of hospital inpatients
- Specialist medical and nursing procedures e.g. blood transfusion
- Health education and carer support

### WHO TO REFER (Inclusion criteria)

- Patients with acute reduction in mobility or function that cannot be dealt with by a community team or require specialist multidisciplinary input or equipment
- Those for whom urgent Day Hospital attendance might avoid hospital admission
- Those with a combination of mobility and medical problems.

### WHO NOT TO REFER (Exclusion criteria)

- Unstable clinical condition (e.g. Acute stroke/TIA GI haemorrhage)
- Chest pain/acute cardiac problems.
- Patients who are unable to participate in treatment or rehabilitation e.g. because of profound cognitive deficit.
- Patients whose needs can be addressed by community services e.g. only requiring physiotherapy.
- Patients aged under 65 years ( unless discussed with consultant first)

### HOW TO REFER (Advice regarding referral)

- To Day Hospital via SCI Gateway
- Referral Letter to the Day Hospital

### CONTACTS

If wish to discuss referral further, please contact your nearest Day Hospital for advice:-

<u>Location</u>		<u>Tel. No.</u>
South East	New Victoria Hospital	0141 347 8150
South West	Langlands Day Hospital (SGH)	0141 201 2440
East	Lightburn Day Hospital	0141 211 1565
North West	Drumchapel Day Hospital	0141 211 6039
North East	New Stobhill Hospital	0141 355 1732
Clyde	Inverclyde Royal Hospital - Larkfield	01475 505045
Clyde	Royal Alexandria Hospital	0141 314 7412
Clyde	Vale of Leven	01389 817231

### RESOURCES WE CAN PROVIDE OR ACCESS

Multidisciplinary team with consultant supervision

On site doctor with consultant review

Nursing team including specialists in movement disorders, stroke and falls

Physiotherapy

Occupational therapy

Speech and language therapy

Dietetics

Orthotics

Diagnostics e.g. Blood tests, Radiology: ultrasound, CT ,ECG, Echo, 24 hour ambulatory ECG, Pulmonary function testing, Doppler's, Bladder scanning

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