

Daily update (4 October 2021, 5.40pm)

Topics in this Core Brief:

- Get ready for COP26
- M8 Kingston Bridge Roadworks
- Scottish Health Awards: vote now for the People's Choice Award
- Challenge Poverty Week 4-10 October

Get ready for COP26

As COP26 approaches we are asking everyone to look at how we can reduce the number of people travelling across Glasgow. In order to minimise disruption to your duties and day to day role, if you can work from home please do so.

The transport network requires a 30 per cent reduction in people travelling to minimise delays and disruption to keep the city safely open and moving.

Major delays on main roads and public transport are expected ahead of COP26, during the event and even for some time after it comes to a close. If you can work from home or support your staff to work from home you will reduce traffic on the network, making space for those who are delivering essential services and avoiding disruption to your own working day.

For more information visit our website: <u>NHSGGC: COP26 Climate Conference</u> or <u>www.getreadyglasgow.com</u>

M8 Kingston Bridge Roadworks

We have been advised by Amey that the next phase of works will commence on the Kingston Bridge from Wednesday 6 October to Friday 15 October for eastbound traffic. A total closure of the M8 eastbound at Junction 22/M74 southbound slip will be implemented each evening from 2000-0600 during this period.

Traffic will be diverted via M74 southbound to Tradeston off slip – Paisley Road/A8 – King George V Bridge – Broomielaw – North Street and re-join the M8 eastbound at Charing Cross on slip Junction 18. Emergency service vehicles will have access through the closure.

More information is available at: <u>https://swtrunkroads.scot/scottish-south-west-trunk-roads/m8/m8-kingston-complex/</u>

Scottish Health Awards: vote now for the People's Choice Award



Have you voted for the 2021 People's Choice Award?

The People's Choice Award specifically recognises individuals and teams who have responded so magnificently to the challenge of caring for people during the pandemic, while at the same time maintaining a range of essential services and continuing to provide essential care.

The six finalists, include the Homeless Health and Asylum Service from Glasgow City HSCP, who are up against colleagues from NHS Forth Valley, NHS Lanarkshire, Shetland HSCP, NHS Fife and the Scottish Ambulance Service.

There is no limit on how many votes you can make. Voting closes 8 October 2021 at 5pm. To vote and for further information on this year's Scottish Health Awards visit: <u>www.scottishhealthawards.com</u>.

Challenge Poverty Week – 4-10 October

At NHSGGC, we share a belief in our NHS core values of care and compassion, dignity and respect – but right now too many people in our country, including those who are accessing our services, are living in poverty.

<u>Challenge Poverty Week</u> is designed to highlight that poverty is a problem we can solve, and to showcase solutions we can all get behind.

Poverty is when the income available to an individual or a household is not enough to meet their basic needs.

This might be affecting you, a colleague, a member of staff that you manage, or a patient.

This might be the situation now or in the future. We know that circumstances can change and people can move in and out of poverty.

For some, poverty can be a temporary experience whilst for many others it is a longer term situation with far reaching consequences.

This short video is called 'I live in real poverty and it's not what you think'. It's one person's experience of poverty and is helpful in addressing some of the misconceptions and stigma we might associate with the word 'poverty': <u>https://youtu.be/hXvweRzrAnQ</u>

The stress of having money worries can affect all areas of life, including our performance at work, our mental wellbeing, and our ability to take care of our health.

What you can do (CARE):

- 1. Consider money worries as an underlying cause in poor health, both physical and mental.
- 2. **Ask** simple questions and remember that circumstances may change over time. Many people feel embarrassed to admit that they may be struggling financially. You could ask if they have any money worries at the moment, mention some of the sources of information and support that are available, or simply ask if they might be interested in speaking to someone about what additional sources of income they might be entitled to, which can help with household costs.
- Refer to <u>The Support and Information Service (SIS)</u> who can provide information and support on a wide range of health and lifestyle issues, including benefits and money advice. The <u>All About</u> <u>Money Worries</u> pages on StaffNet also list some useful resources.
- 4. **Engage** with the service you refer on to, providing relevant information such as medical records, with the patient's consent.

Tweet your support for Challenge Poverty Week using: #ChallengePoverty #NowIsTheTime



Please keep up-to-date with the latest guidance on our dedicated web pages at: <u>www.nhsggc.org.uk/covid19</u>. If you have any questions about the current situation please check the FAQs first. If you have any further questions, please email: <u>HR.Support@ggc.scot.nhs.uk</u>.

Staff are reminded to make sure their personal contact details are up to date on eESS.