

# Core brief

**Daily update**  
**(23 September 2021, 5.25pm)**

Topics in this Core Brief:

- iMatter 2021 – last few days for cohort three
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**Why iMatter?**  
 Because your voice matters

Thank you to everyone who has already taken the time to complete the iMatter survey.  
 If you have not already received your survey link, you will be contacted soon and invited to share your views.

For further information, visit HR Connect or email us at: [imatter@ggc.scot.nhs.uk](mailto:imatter@ggc.scot.nhs.uk)

Thank you to everyone who has already taken the time to complete the iMatter survey. iMatter really can help make a difference to our workplace and to patient care. This is a great opportunity for colleague to share views and influence positive change.

As you may know, **Cohort One** iMatter survey has achieved a very encouraging participation level of **76%**.

**Cohort Two** survey has now closed currently sitting with **55%** participation, as we await the last paper responses to be processed. **Cohort Three** survey is currently live, with a few more days to participate and share feedback.

Cohort One	Cohort Two	Cohort Three
76% final participation	55% latest participation ** (await final paper responses)	40% participation so far...
Survey now closed	Survey now closed	Survey now live

Chief Executives Office Acute SMT Human Resources & Organisational Development Corporate Communications and Public Engagement Public Health Specialist Children's Services Oral Health East Dunbartonshire HSCP	Women & Childrens South Sector Board Nurse Directorate West Dunbartonshire HSCP Diagnostics Regional Services East Renfrewshire HSCP eHealth	North Sector Estates and Facilities Glasgow City HSCP Renfrewshire HSCP Finance Clyde Sector Board Medical Directorate Board Admin Inverclyde HSCP Out of Hours
<b>Action Planning Stage</b>	<b>Action Planning Stage</b>	<b>Last few days to share views</b>

This is an excellent opportunity for you to feedback regarding your employee experience at NHS Greater Glasgow and Clyde, designed to help continuously improve our overall staff experience.

Please be assured that your responses are anonymous, all feedback received will be treated in strictest confidence. Results and general themes will be communicated and robust action plans will be developed throughout October and November.

Please share your views, and help to continuously build a Better workplace.

### **Matter 2021 – Doctors and Dentist in Training**

We are delighted to confirm that Doctors and Dentist in Training are participating in iMatter 2021.

This is an excellent opportunity for you to feedback regarding your employee experience at NHS Greater Glasgow and Clyde, designed to help continuously improve our overall staff experience.

All feedback is encouraged and greatly appreciated.

<b>Stage</b>	<b>Doctors 15% participation so far...</b>	<b>Dentists Goes live 11 October</b>
<b>Survey Live</b>	<b>20 September – 11 October</b>	<b>11 October – 1 November</b>
<b>Action Planning Commences</b>	<b>12 October</b>	<b>2 November</b>

Please be assured that your responses are anonymous, all feedback received will be treated in strictest confidence. Results and general themes will be communicated and robust action plans will be developed throughout October, November and December.

Please share your views, and help to continuously build a Better Workplace.

### **National Eye Healthcare Week – 20-26 September**

It's National Eye Healthcare Week (20–26 September) and we are promoting the importance of good eye health and the need for regular eye tests. It's is very easy to neglect your eyes because they often don't 'hurt' when there is a problem. Having an examination will not only tell you if you require new glasses or contact lenses but will also help to identify early on if there are other eye health problems which may need treatment.

Everyone in Scotland is eligible for free eye examinations:

- Every year if you're under 16 or over 60 (or have Diabetes, severely sight impaired)
- Every two years if you are between the ages of 16 and 59.

Across NHSGGC we have over 700 community optometrists working in nearly 200 practices providing local access to NHS eye care. Carrying out around 43,000 eye examinations a month – that's roughly half a million a year.

Our local optometrists are highly skilled and have state of the art equipment to examine eyes. Many community optometrists are now independent prescribers and can prescribe medication to treat a range of eye conditions. [Pharmacy First](#) in community pharmacy also supports Optometrists and Pharmacists working closely together so that the appropriate prescription can be issued for a wide variety of eye conditions. Our Optometrists work very closely with Hospital Eye Services, reviewing patients after cataract operations and supporting patients with Glaucoma.

Community Optometry is the first port of call for all eye problems in primary care – if you have a concern about your eyes speak to your local optometrist.

Hints on how to look after your eyes:

- Smoking is a recognised risk factor in the development of age-related macular degeneration and cataracts
- We all enjoy getting out into the sun and will ensure that we apply the appropriate suntan lotion to our skin. Wearing the correct sunglasses can help protect your eyes from UV rays. Sunglasses which carry the CE mark or the BS ENISO 12312-1:2013 will offer a safe level of UV protection
- Healthy eating habits such as eating a wide variety of fruit and vegetables, including dark green leaves such as spinach and kale, is good for your general health and may support good eye health.

### **Organ Donation week: A look back at children's lives transformed thanks to organ donation**

While the pandemic has forced many things to stop since March 2020, the demand for kidney transplants has continued unabated and to keep up, so too has NHS Greater Glasgow and Clyde's paediatric transplant programme.

Since the pandemic started, the team at RHC has successfully completed 14 paediatric kidney transplants to children across Scotland. The life-saving operation has allowed each of the children the opportunity to live full and healthy lives without the need for further kidney dialysis.

Dr Ben Reynolds, Paediatric Nephrologist, said: "We've been very lucky in that we've been able to continue our full transplant programme throughout COVID-19 and it's amazing to have been able to do so many transplants despite the challenging situation. Moving a child off dialysis makes a huge difference to their lives. It means being able to go back to school properly, go swimming, kick a football about with their pals and get some of their childhood back, without having to visit the hospital every week for long periods of time. Dialysis is an effective means of keeping a patient safe but it's not a long-term solution and we still have a long waiting list for a kidney transplant.

"Organ donation week is a powerful springboard to help highlight the ongoing need for organ donors, but for us to continue giving kids that new lease of life, donation is something which has to happen year-round.

"If you want to be an organ donor after you die, it's still really important that those closest to you understand and support your choice, and we'd urge everyone to have that conversation where possible."

One of the successful paediatric renal transplant Christopher Cairney, who was seven when his transplant took place.



Larkhall boy Christopher, was born with kidney dysplasia - a condition where one or two kidneys do not develop properly in the womb - and spent four years on dialysis. He finally received a new kidney in the summer of 2020. This year for the first time ever he got to go away on a proper summer holiday, since he is no longer tied to a three day per week dialysis regime.

## Falls Prevention Week

As Falls Awareness Week comes to an end, the Falls team would like to thank all staff across Greater Glasgow and Clyde who have continued to work towards preventing our patients from falling despite the challenges and pressures of the COVID pandemic. We really appreciate your continued commitment to delivering safe evidence based care. The Falls team will continue to engage collaboratively to ensure ongoing improvements for both staff and patients.

Preventing falls is everyone's responsibility and there are many little things that we can all do to help prevent people from falling. Here are just a few to consider:

- Appropriate footwear? – for advice on appropriate footwear please see [Falls Homepage](#)
- Glasses or hearing aids? – Has their eyesight and hearing been checked recently?
- Does the person have their walking aid and is it in good condition? – If there are any issues highlight to a physiotherapist
- Activity – To prevent deconditioning can the person be safely supported to increase regular activity and movement?
- Have they had any previous falls? – Those that have fallen once are more likely to fall again
- Is the person confused? – complete a 4AT and consider ways to alleviate any distress such as having familiar objects around them
- Do they complain of dizziness – consider postural BP's
- Ensure they have their call bell with them when in hospital.

## Glasgow City Youth Health Service

Glasgow City Youth Health Service offers confidential, personalised support to young people aged 12-19 years. The service is provided by Nurses, GPs, Counsellors and Multiple Risk Workers and officially launches this month with the opening of nine venues across the city.



Young people can receive advice and support with all aspects of health and wellbeing, including sexual health, alcohol and drugs, mental health and weight. We know that non-clinical issues can also have a negative impact on a young person's health, and so support is available with relationships, housing and employability and much more.

Julie Gordon, Youth Health Service Manager, said: "I'm absolutely delighted to be able to announce the launch of Glasgow City Youth Health Service. We've come a long way since we opened the first service in Maryhill, but our core values remain very much the same: listening without judgement, building trust and treating everyone fairly and with respect."

Funding for the service is provided by Glasgow City HSCP and Simon Carr, Chair of the Integrated Joint Board had these reflections: "The Youth Health Service model is closely aligned with the HSCP's strategic priorities, with a particular focus on early intervention and prevention. These nine services will provide person-centred support for young people in Glasgow City. We are really pleased that the service has managed to complete the expansion programme over the past 18 months, despite the challenges of the Coronavirus pandemic and I join with the team in celebrating this achievement."

More information can be found on the Youth Health Service website <https://www.nhsggc.org.uk/glasgowcityyhs> and referrals can be made by phoning 0141 451 2727.

## Scottish Hospitals Public Inquiry staff email

As the Scottish Hospitals Public Inquiry continues to hear oral evidence, staff are reminded a dedicated email account has been set up which can be used to ask any questions you have about issues being raised in the hearing. Simply email: [ggc.feedback@ggc.scot.nhs.uk](mailto:ggc.feedback@ggc.scot.nhs.uk).

Alternatively, you can speak to your line manager and/or your trade union or professional organisation. You can also contact the HR Support and Advice unit on 0141 278 2700 (Option 2) or email [HR.Support@ggc.scot.nhs.uk](mailto:HR.Support@ggc.scot.nhs.uk) for general support and guidance.



Please keep up-to-date with the latest guidance on our dedicated web pages at: [www.nhsggc.org.uk/covid19](http://www.nhsggc.org.uk/covid19). If you have any questions about the current situation please check the FAQs first. If you have any further questions, please email: [HR.Support@ggc.scot.nhs.uk](mailto:HR.Support@ggc.scot.nhs.uk).

\*\*\*Staff are reminded to make sure their [personal contact details are up to date on eESS](#).\*\*\*

It is important to share Core Brief with colleagues who do not have access to a computer.  
A full archive of printable PDFs are available on [StaffNet](#)