

# Core brief

**Daily update**  
**(6 October 2021, 3.40pm)**

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## **Get ready for COP26**

Are you ready for COP26? With more than 25,000 people expected to attend COP26 between 31 October and 12 November, a high level of disruption to travel is expected, before, during and after the event.

There will be a huge impact on both roads and public transport, with major areas of Glasgow being closed off and diversions in place.

Make sure you are prepared in advance by keeping up to date with all the potential impacts, visit: [NHSGGC: COP26 Climate Conference](#) or [www.getreadyglasgow.com](http://www.getreadyglasgow.com)

## **Principles for Outpatients Consultations during COVID-19**

Principles for Outpatient Consultations (Acute and Community) During COVID-19 were approved by the Strategic Executive Group on Monday 4 October 2021.

This guidance is intended to provide some principles to support outpatient consultations in all settings (hospital and community) to safely facilitate the presence and support of people who matter to patients wherever possible.

This is in line with the current person-centred hospital visiting arrangements in place in [inpatient wards](#) in NHSGGC, and takes into account the national guidance [Coronavirus \(COVID-19\): outpatient and primary care consultations – principles](#) from Scottish Government.

The principles have been uploaded to the website and can be found here: <https://www.nhsggc.org.uk/media/269581/202110-nhsggc-principles-opd-consultations-covid-19-v1d12.pdf>

## **Staff vaccinated in another country**

Any staff who received their COVID-19 vaccination in another country and are eligible for a flu vaccination or COVID booster are currently unable to register using the online portal.

A solution is currently being worked on, which will enable staff to book via phone and this is expected to be in place by the end of October.

Further information will be issued in due course.

### **Guidance on Physical Distancing – Health and Social Care Partnerships (HSCPs)**

Health & Safety Services in conjunction with the HSCPs have developed an Addendum document specifically for HSCPs. This is now available on the Physical Distancing page.

The Addendum should be read in conjunction with the Guidance on Physical Distancing to support development of the local risk assessments.

To view the document, visit: <https://www.nhsggc.org.uk/your-health/health-issues/covid-19-coronavirus/for-nhsggc-staff/physical-distancing-in-the-workplace/>

### **From patient to doctor – Consultant with cerebral palsy hopes to inspire others**

An NHSGGC consultant with Cerebral Palsy has gone from patient to doctor, and is keen to inspire others with her journey.

Kirsty Colquhoun has cerebral palsy, it is a lifelong neurological condition which affects a person's movement, balance and coordination and sometimes other functions. No two people with Cerebral Palsy are the same and it affects people to different degrees. There are 17 million people worldwide with the condition, and though there are treatments available there is no cure.

Born with spastic diplegia (a form of Cerebral Palsy), Kirsty was inspired herself by the care she received at Yorkhill Children's Hospital. Determined not to let the condition hold her back from pursuing her dreams to help others, Kirsty went on to study medicine at the University of Glasgow – graduating in 2006, and also gaining a Bachelor's degree in pharmacology.

Now, 16 years later, Kirsty is a consultant geriatrician working between Stobhill, the Beatson, and Glasgow Royal Infirmary – helping thousands of patients over her career, including looking after some of the sickest patients throughout COVID-19. Kirsty is also a trustee for Cerebral Palsy Scotland.

Her story comes as the world celebrates World Cerebral Palsy Day (Wednesday 6 October) which aims to ensure that children and adults with cerebral palsy have the same rights, access and opportunities as anyone else in our society.

Kirsty said: "I've never let my condition hold me back and I think that's an important message we want to get out to people with Cerebral Palsy this year. You can do what you want to do, and while challenges remain for young and older people with cerebral palsy, there are networks and support available for people with cerebral palsy and for employers to make sure they're able to facilitate people with the condition so that everyone can benefit."

To recognise and celebrate World Cerebral Palsy Day, The Queen Elizabeth University in Glasgow will light up green, alongside hundreds of other buildings across the world.



## Social distancing is everyone's responsibility

Stick to the allowed occupancy when using lifts -  
check the information displayed beside the lift.



Please keep up-to-date with the latest guidance on our dedicated web pages at: [www.nhsggc.org.uk/covid19](http://www.nhsggc.org.uk/covid19). If you have any questions about the current situation please check the FAQs first. If you have any further questions, please email: [HR.Support@ggc.scot.nhs.uk](mailto:HR.Support@ggc.scot.nhs.uk).

\*\*\*Staff are reminded to make sure their [personal contact details are up to date on eESS](#).\*\*\*

It is important to share Core Brief with colleagues who do not have access to a computer.  
A full archive of printable PDFs are available on [StaffNet](#)