

Core brief

Daily update
(11 October 2021, 3pm)

Topics in this Core Brief:

- COP26 travel & transport video
- Message from Health and Safety – Physical Distancing in the workplace
- World Mental Health Day – 10 October
- Manpreet is proud and excited to be a fully qualified nurse

Get ready for COP26

Are you ready for COP26? With more than 25,000 people expected to attend COP26 between 31 October and 12 November, a high level of disruption to travel is expected, before, during and after the event.

[The attached video](#) is designed to help you navigate your way around Glasgow during the event.

Make sure you are prepared in advance by keeping up to date with all the potential impacts, visit: [NHSGGC: COP26 Climate Conference](#) or www.getreadyglasgow.com



Physical Distancing in the workplace

It is essential that all staff adhere to the [Physical Distancing](#) guidance all times. We want to ensure that you, your colleagues and our patients are safe and protected during this pandemic.

Unfortunately, we are receiving reports of some staff not adhering to Physical Distancing or using face masks appropriately.

We recognise that the majority of staff are following the rules and thank you for your continued compliance.

We have to advise that where staff members do not adhere to the physical distancing requirements or hygiene measures then this may be investigated further.

World Mental Health Day – 10 October 2021

The theme for this year's World Mental Health Day was 'mental health in an unequal world'. It was chosen to highlight the range of inequalities that people around the world experience – inequalities that can have a real impact on people's mental health.

To mark the day, NHSGGC's Mental Health Improvement & Equalities Team decided to create a shared vision for mental health in an **equal** world - a world where everyone has an equal opportunity to live well and experience good mental health, without stigma and discrimination.

The team gathered views from the public and healthcare workers on what this world would look like and how we could get there. The result is a two part video, ['In an Equal World'](#).

In addition to sharing a vision for mental health in an equal world, the films highlight what could be done to make this a reality, by individuals, society and organisations.

[A Fairer NHSGGC 2020-24](#) contains a range of actions around mental health that are being taken forward over the coming year. This includes:

- Ensuring people with mental health problems have access to money advice and support
- Improving the physical health of those with mental health problems
- Improving the way we meet the mental health needs of deaf and hard of hearing people
- A focus on racism and its impact on mental health
- Improving patient pathways to mental health services for specific groups such as the BME population and LGBTQ+ community

For further information on any of the above, contact ggc.mhead@ggc.scot.nhs.uk



New nurses at GRI

Manpreet is proud and excited to be a fully qualified nurse

Over the last few weeks we have officially signed up more than 650 newly qualified nurses and midwives as part of this year's intake.

The vast majority come from universities across the West of Scotland and have studied Adult Nursing, Children's Nursing, as well as Mental Health and Learning Disability Nursing. The nurses will be working across all NHSGGC hospitals, and in the community across all six HSCP areas.

Last week Nurse Director Dr Margaret McGuire welcomed the new intake with a [dedicated video](#).

One of the new nurses is Manpreet Kaur Singh who is 32 years old and from Cumbernauld. Known as Manny, she is in her second week as a Band 5 nurse in Glasgow Royal Infirmary's Ward 65.

A graduate of Glasgow Caledonian University, this is Manny's second venture into a nursing career.

She said: "I left school at 16 and had always wanted to be a nurse, but probably lacked the confidence at that time. After doing a computer course I did start nursing training for a while, but dropped out after a negative experience.



"But the urge to be a nurse never left me and for years my family and friends were on at me to go back to it. I did an entry course then studied at Caledonian and never looked back. My first day in the 'blue uniform' was a bit daunting. I realised then I was no longer a student but a fully qualified nurse." Manny has since settled into her role and is greatly enjoying her time on Ward 65, a surgical ward.

She said: "It's an amazing team. I spent my second last placement there and was so happy when I found out that's where I will be based. There's no such thing as a stupid question and everyone is so supportive. The Royal is such a great hospital; our patients get great care."

One part of the job she knows she will find tough is when her patient doesn't make it. As a student nurse Manny experienced this and she learned a lot from it.

"As a student you get more time to spend with patients and get to know them well. I am so excited about being a nurse and seeing what my career holds. It's definitely the job for me and I can't be prouder. I can't believe I am actually here; it's so exciting. I am looking forward to seeing how I grow as a nurse."

Dr McGuire added: "I want to thank all our nurses and midwives for their professionalism, dedication and kindness to the people they care for and would remind them to look after themselves and their colleagues as well."

Lateral Flow Tests - Available to all staff working on site

Speak to your line manager about where to collect your test kit, then:

Register
your kit

Test
twice per week

Record
your results

Keep your colleagues and patients safe from COVID-19

Help stop the spread!

Visit: www.nhsggc.org.uk/lfid-stafftesting

Please keep up-to-date with the latest guidance on our dedicated web pages at: www.nhsggc.org.uk/covid19. If you have any questions about the current situation please check the FAQs first. If you have any further questions, please email: HR.Support@ggc.scot.nhs.uk.

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).