

Daily update (10 May 2021, 3.05pm)

Topics in this Core Brief:

- It's Green Health Week! (8 16 May 2021)
- Public Transport update
- Guidance on RIDDOR and COVID-19 update

It's Green Health Week! (8 - 16 May 2021)

Scotland's great outdoors is outstanding and provides a wealth of amazing places for physical activity and connecting with nature – all of which we know can help improve our health and well-being – our Natural Health Service.

NHS Greater Glasgow and Clyde is committed to enhancing its outdoor estates, recognising the value and increasing evidence linking greenspace and biodiversity to a multitude of healthcare benefits. Through successful



implementation of quality greenspace in our estates and communities, it is possible to reduce health inequalities, and lead healthier, more active lives.

Tom Steele, Director of Facilities and Estates, is encouraging all of our teams to get out and enjoy the natural beauty on our doorsteps. He said: "Greenspace is not only vital for our health and wellbeing, but it is also vital for the planet. From a health care perspective, outdoor spaces can have restorative qualities, with increased health often being linked to greenspace.

"Additionally, greenspace and biodiversity provide a multitude of benefits. Greenspace allows biodiversity to flourish, encouraging natural pollution-mitigation properties, which can filter pollution from the air. Greenspace, as a natural filter, is vital in our cities and towns, which are often the epicentre of poor air quality.

"As the weather (hopefully) starts to change for the better, I hope everyone can get out and enjoy the incredible green spaces on our doorstep."

More information is available on Hot Topics on StaffNet.

Public Transport update

From 16 May, ScotRail will increase service levels across their network. This will mean more frequent services and more evening and late night services will be in operation. More information on this is available from ScotRail. For more information on all public transport services, please visit Traveline Scotland or visit Transport pages on StaffNet.

Guidance on RIDDOR and COVID-19 - update

In line with the organisation's Incident Management & Recording Policy, NHSGGC is committed to the delivery of effective, safe, and person centred care ensuring there will be no avoidable injury or harm to people or adverse impact on the organisation resulting from the delivery of healthcare or other work related activity.

The policy includes the requirement to report certain serious workplace accidents, occupational diseases and specified dangerous occurrences (near misses) in line with the Reporting of Injuries, Diseases, and Dangerous Occurrences Regulations 2013 (RIDDOR) to the Health and Safety Executive. COVID-19 has led to an update from the Health and Safety Executive (HSE) on these regulations.

A guidance document to support Managers has been developed and is available here – <u>Guidance on RIDDOR and COVID-19</u>.

Please contact the Health and Safety department for any further information.



Please keep up-to-date with the latest guidance on our dedicated web pages at: www.nhsggc.org.uk/covid19. If you have any questions about the current situation please check the FAQs first. If you have any further questions, please email: staff.covid19@ggc.scot.nhs.uk

Staff are reminded to make sure their personal contact details are up to date on eESS.