

# Core brief

## Daily update

(4 June 2021, 11.40am)

Topics in this Core Brief:

- Changes to visiting restrictions – Inverclyde & West Dunbartonshire
- Chris Sanderson, new Head of Procurement
- Uniforms
- Pride Month – NHSGGC/Golden Jubilee Pride Quiz
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### Changes to visiting restrictions – Inverclyde and West Dunbartonshire

In line with COVID restrictions easing and Inverclyde and West Dunbartonshire's move down to level one of the COVID-19 Protection Levels from Saturday 5 June 2021, all patients in the following hospitals in NHSGGC (where possible) will be able to benefit from support of **at least two visitors from the same household at the same time** (or from separate households, as long as physical distancing can still be maintained):

- Inverclyde Royal Hospital
- Vale of Leven Hospital
- Dumbarton Joint Hospital.

If not from the same household and physical distancing cannot be maintained, visits can take place separately.

There is currently no change to current visiting arrangements in hospitals in Glasgow City, East Renfrewshire, Renfrewshire and East Dunbartonshire: every patient in these areas (where possible) is able to have **at least one visitor** to enable family support while they are in hospital.

This is in accordance with the Scottish Government [Visiting Guidance for Hospitals in Scotland: Enabling Family Support for People in Hospital in Scotland](#).

Work will continue to ensure our approach to these new visiting arrangements is risk assessed and as safe as possible for patients, families and staff.

Further resources and support are available as follows:

- An updated **Toolkit** to support areas [is here](#)
- An updated **visiting information leaflet** is [available here](#) - please give to patients and their families/friends chosen to visit.

Public messaging will again continue to re-enforce the guidance to request people visiting to comply with wearing face coverings/masks, avoid congregating in public areas, cleaning hands with hand gel provided, maintaining a two metre distance and the need to self-isolate and not visit if they have any COVID-19 symptoms (FACTS).

When family members arrange to visit, voluntary testing should be strongly recommended as a valuable way to promote safety. Information on how to order Lateral Flow Tests is on the [Scottish Government's website](#) or tests can be collected from COVID testing centres in the afternoon or early evening or the [asymptomatic test facilities](#) across NHSGGC.

It is important to note that Lateral Flow Testing for visitors is **not** mandatory and wards are not able to insist that visitors undergo a test before visiting. Not wishing or not being able to test will not be an obstacle to a visit. This forms part of a suite of measures to mitigate the risk of COVID 19 transmission.

### **Message from Tom Steele, Director of Estates and Facilities**

I am pleased to confirm that Chris Sanderson has commenced in the role of Head of Procurement with effect from 1 June 2021.

Chris joins us from NHS Lanarkshire where he was General Manager (Procurement) and I am certain that he will prove to be a valuable addition to our team and to the Board.

I am sure you will join me in ensuring Chris is provided with a warm welcome and I look forward to working with him in the future.

### **Uniforms**

We want to thank all our staff for everything you are doing at this difficult time and ask you to remember to adhere to the uniform policy.

The current NHSGGC guidance is that staff should not travel to work in uniform but should arrange to change on arrival at work. Uniforms should be transported home in a disposable plastic bag, which should be disposed of into the household waste stream.

Uniforms should be laundered:

- separately from other household linen
- in a load not more than half the machine capacity
- at the maximum temperature the fabric can tolerate, then ironed or tumbled-dried.

We are aware that if you are a community worker this is not feasible, but you should ensure that you follow strict hygiene control and washing instructions.

### **NHSGGC & GJ Pride QUIZ**

**Saturday 5 June 7pm-8.30pm via MS teams**

Only one more day to go to our first ever GGC/Jubilee LGBTQ+ Pride 2021 event... why not grab some friends or loved ones and join us as our quiz master hosts a general knowledge quiz with some special LGBTQ+ themed rounds! There's even a prize for the winning team!

To register for this fun and FREE event simply [click here](#).

### **What Matters To You Day? Reminder and arrangements**

This year, the international What Matters To You? (WMTY) Day will be hosted on Wednesday 9 June 2021.

The WMTY approach builds on the principles of person centred care by asking, listening and doing what matters. Flipping the question from ‘what’s the matter?’ to ‘what matters to you?’ is about changing perspectives, expectations and creating a meaningful collaboration between people providing care and people requiring it. We celebrate and promote this approach every year on WMTY day.

On Wednesday 9 June, we’re encouraging everyone to have a meaningful conversation with the people they care for, their families, and colleagues, about what matters most to them.

As a reminder;

- to order resources (stickers, posters and templates) to support these conversations, please complete [this form](#)
- on the day, please share any WMTY activity on social media by using #WMTY21 and @nhsggc
- if you plan on taking photos, please ensure you get appropriate consent by using this [form](#)
- Please share your plans for the day with us by emailing [person.centred@ggc.scot.nhs.uk](mailto:person.centred@ggc.scot.nhs.uk), so we can gather examples of good practice to help inform wider learning so we can all focus on what people value – in the care they receive, and the wider context of their lives.

### **World Environment Day – 5 June**

Tomorrow is World Environment Day and the focus is on protecting our biodiversity. NHSGGC are committing to improving green space and biodiversity. With successful implementation of quality greenspace in our estates and communities, it is possible to reduce health inequalities, and lead healthier, more active lives.

One example of improving biodiversity is at Gartnavel Hospital. The Growing Spaces garden is ensuring the local provenance of stall plants, the production of our own compost, 100% peat free, and has begun implementing soil regenerative and biodiversity supporting growing methods.

Fiona Sinclair said: “We are installing a composter viewing station for the public to raise awareness and we also have a dog poo disposal pilot using a natural way to biodegrade waste, with no need for plastic bags.”

Over at the Royal Alexandra Hospital, the pond area is currently home to protected nesting birds such as mute swans, nesting moorhens, as well as smaller song birds within the adjacent trees. As such, the pond project has been pushed back to allow safe nesting conditions, with work now commencing during the latter half of 2021. The pond will enhance biodiversity on site – promoting habitat diversity and connectivity for a range of fauna including bats, nesting birds such as swans, aquatic species and a variety of insects and pollinators species.

More info on World Environment Day can be found here: [World Environment Day](#)

**Are your contact details up-to-date? [Click here](#) to check**