

Core brief

Daily update
(21 June 2021, 1.25pm)

Topics in this Core Brief:

- PHEONix project brings hope to homeless people
- Glasgow-based digital healthcare service Dynamic Scot wins award
- Health Needs Assessment of Lesbian, Gay, Bisexual, Transgender and Non-binary People in Scotland

PHEONix project brings hope to homeless people

A key principle of Realistic Medicine is, through properly talking with our patients, to ensure that we are not inadvertently 'overdoing' our investigation and treatment and risking providing burdensome treatment for minimal benefit.

Equally important, is to be aware of potential inequalities in our systems. We are reaching out to some of our most vulnerable patients, who often struggle to access healthcare, but who really do need the care that we can provide. The PHOENix - Pharmacist led Homeless outreach Engagement Nonmedical Independent prescribing (Rx) - team does just that.

PHOENix is an innovative approach from NHSGGC which sees pharmacists working with the Simon Community (Scotland) and Marie Trust to engage with homeless people, who often have very significant health problems, complicated by barriers to accessing effective healthcare.

Dr Alastair Ireland, NHSGGC's lead for Realistic medicine said: "This is Realistic Medicine in action. Feedback from users suggests that this different, deliberately non-judgemental approach is much more meaningful and recognises each individual's difficulties with attending conventional appointments.

"They feel at ease and listened to and it is effective. Evidence is building that some people who were high users of emergency departments and who were frequently admitted, are now having their problems more holistically addressed and their dependence on hospitals has dramatically reduced as a result.

"By working in pairs (a pharmacist teamed with a Simon Community or Marie Trust link worker) they can also address social, housing and benefits issues."

[Click here](#) to read more and find out how to refer.

Glasgow-based digital healthcare service Dynamic Scot wins award

A digital healthcare service that uses artificial intelligence to help patients with COPD (Chronic obstructive pulmonary disease) has been successful in the latest round of the Artificial Intelligence in Health and Care Award.

Dynamic Scot is a digital solution which enables remote monitoring of patient conditions with new technologies, support from clinicians, and tools for self-management. It is a collaboration between NHS

Greater Glasgow and Clyde, the West of Scotland Innovation Hub, Digital Health and Care Innovation Centre, and Storm ID, developers of the Lenus Health Platform.

This service is currently offered as part of a research basis to 2,000 people who have COPD by NHS Greater Glasgow and Clyde and NHS Lothian. COPD affects approximately 120,000 in Scotland and is the second most common cause for emergency hospital admissions.

Dr Chris Carlin (pictured below with a COPD patient), Clinical Lead of Dynamic Scot and Consultant Respiratory Physician, said: “We’re really pleased to have been successful in the latest round of Artificial Intelligence in Health and Care Award. COPD is a global healthcare challenge and managing it has become even more challenging with the COVID-19 pandemic. The COPD digital service we’ve developed has helped reduce that pandemic impact, with a positive impact on patient care and outcomes.

“This award will allow us to bring the exciting innovations – AI insights - that we’ve developed in the research environment through into clinical practice. The evaluations that this award will allow us to undertake will let us gather the evidence about how best to use these AI insights to support people with COPD and their clinical teams to co-manage their condition.”

[Click here for more information.](#)



Health Needs Assessment of Lesbian, Gay, Bisexual, Transgender and Non-binary People in Scotland

NHS Greater Glasgow and Clyde are working in partnership with NHS Lothian and Public Health Scotland to conduct a comprehensive health needs assessment of Scotland’s LGBT+ population. As part of the health needs assessment an online survey is being conducted from now until 20 August 2021.

This survey asks LGBT+ people aged 16 and over about all aspects of their health and wellbeing and the factors that are known to influence health including mental and emotional health, physical activity, eating, smoking, alcohol, relationships, social connections, income, experience of discrimination, and experiences of services.

The survey takes on average between 20-30 minutes to complete. Participants who choose to do so can enter their details (kept separately from their survey responses) to enter a prize draw to win one of four prizes of a voucher for £250 for their preferred online retailer.

The survey will provide helpful statistical information comparing the health of Scotland’s LGBT+ population to that of the general population of Scotland as well as differences within the different parts of the LGBT+ population.

We would like to encourage all LGBT+ staff to complete the survey which is available at: <https://www.smartsurvey.co.uk/s/ScotlandLGBT2021>

Lateral Flow Tests - Available to all staff working on site

Speak to your line manager about where to collect your test kit, then:

		
Register your kit	Test twice per week	Record your results

Keep your colleagues and patients safe from COVID-19

Help stop the spread!

Visit: www.nhsggc.org.uk/lfd-stafftesting

Please keep up-to-date with the latest guidance on our dedicated web pages at: www.nhsggc.org.uk/covid19. If you have any questions about the current situation please check the [FAQs](#) first. If you have any further questions, please email: staff.covid19@ggc.scot.nhs.uk

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

It is important to share Core Brief with colleagues who do not have access to a computer.
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