

NHSGGC

Core Brief



Daily update
(9 October 2025, 1.30pm)

Topics in this Core Brief include:

- Data Security Spotlight – Confidentiality
- Shaping Human Resources and Organisational Development together
- Six Week Kindness Challenge: Week 2 – Small acts of kindness
- GGC Medicines Update
- Care Home Collaborative – October newsletter

Data Security Spotlight – Confidentiality

Inappropriate Disclosure of data can result in a data breach and can cause distress to those involved. Please ensure data being provided to individual staff or patients, e.g. discharge letters, test results or reports, is checked thoroughly to ensure it does not include information or documents relating to others. NHSGGC data breach policy can be found [here](#).

Shaping Human Resources and Organisational Development together

We're currently reviewing how our Human Resources and Organisational Development (HR&OD) services support staff across NHSGGC - and we'd like your views.



Whether you're a line manager, a staff member, or have interacted with our HR&OD teams, your feedback will help us understand what's working well and what needs to improve.

This short, anonymous survey will take around 5-10 minutes to complete and is open to all NHSGGC staff and managers. Your comments will directly inform how we shape our services going forward.

Thank you for taking the time to support this important work.

To submit your feedback, visit: <https://forms.office.com/e/s06wtE6uXa> or scan the QR code above.



Six Week Kindness Challenge: Week 2 – Small acts of kindness

As we build up to World Kindness Day on 13 November, we invite colleagues to join us in our [Six Week Kindness Challenge](#).



Often, it's the small things that mean the most. A "how are you doing?" on a difficult day, bringing a pack of biscuits in to share with your team, or a simple thank you are just some of the wee things that help us through our busiest days.

For this week's challenge, we're focusing on the small acts of kindness you can do to brighten a colleague's day.

Here are a few things you could do to show those around you that you care:

- Tell three colleagues, either in person or online, things you like about working with them
- Say hello to three people you've not spoken to before and see how their day is going
- Pay-it-forward to create a 'kindness chain' - for example, buying coffee or lunch for the person behind you in the queue, encouraging others to do the same kind acts
- Download and print [our bingo card](#), ticking off simple acts of kindness throughout the week. You can also access this via the QR code above.

Remember - you can still [submit your nominations for your kind and compassionate colleagues using this online form](#). Help us to celebrate and recognise them around World Kindness Day (13 November)!



GGC Medicines Update is a series of blogs with important medicines related messages relevant to all healthcare professionals across GGC. Please see below for new blogs and relevant updates.

New blog

Click on the following link to access this recently published Medicines Update blog.

- [Patient views and experience of deprescribing medicines – Implications for practitioners](#)

Updates

- [Guideline News August 2025](#)
- [MHRA Safety Roundup September 2025](#)
- [Guideline News September 2025](#)

Previously published

Did you know that 6-12 October is Hypo Awareness Week? Why not check our previously published series of insulin blogs:

- [Safe use of insulin for adults admitted to hospital - Medicines Reconciliation](#)
- [Safe use of insulin for adults admitted to hospital - Prescribing](#)
- [Safe use of insulin for adults admitted to hospital - Administration](#)
- [Safe use of insulin for adults admitted to hospital - Discharge](#)

All of our blogs can be found on the [GGC Medicines website](#). The search function can be used to find specific blogs. Anyone can join our mailing list by contacting us at: ggc.medicines.update@nhs.scot

Care Home Collaborative – October newsletter

The October edition of the Care Home Collaborative newsletter is out now.

In this issue we feature:

- Falls Development Day - Erskine Veterans Village
- Alpacas visit Norwood
- Reflection Corner - Lateral Turning Systems
- Tissue Viability Network
- Prevent the Pressure Webinars
- Mobile Skills Unit
- Containment Product Delivery
- Medicines Survey
- Care Home Falls Pathway
- Effective Discharges



And much more!

[Click here to view the newsletter](#)

Remember, for all your latest news stories, visit the Staffnet Hub:

[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)





Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [website](#)