

Core brief

Daily update
(9 May 2025, 11.00am)

Topics in this Core Brief:

- Staff Health Strategy update

Staff Health Strategy update

In this edition of Core Brief, we will be covering the highlights from recent Staff Health Strategy meeting, held on Thursday 24 April.



Spiritual Care Support for Staff

Dawn Allan, Spiritual Care Lead for NHS Greater Glasgow and Clyde provided an update to the Staff Health Strategy Group on the range of support the Spiritual Care Team offer. The support for staff from the spiritual care team will always be:

- **Person-centred** - tailored to specific requirements of the member of staff to have their personal/work needs met **confidentially without judgement**.
- **Accessible** – NHSGGC chaplains aim to respond to referrals for staff within two working days. **Urgent referrals responded to within the same working day.**
- **Holistic** – NHSGGC chaplains support staff by **attending to the whole person** and in the context of their life at work and/or at home.
- **Professional** - registered healthcare chaplains have a background of accredited qualifications and experience to support their **safety and fitness to practice** as members of staff who receive external pastoral supervision.
- **Equitable** - any staff can access the Spiritual Care Service for emotional or pastoral care/bereavement support, specialist faith/religious/philosophical support and/or anything else that is on your mind or are distressed by.

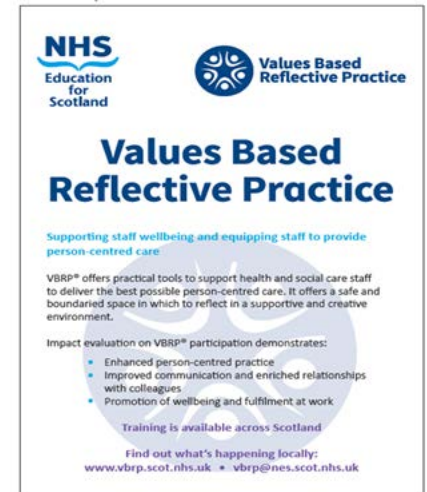
Any staff requiring support from the Spiritual Care team can get this on a hospital site or if they prefer via telephone or MS Teams. Support is available 7-days a

week, 365-days a year between the hours of 9.00am and 10.00pm. To get support staff can either call 0141 201 1100 or email: ggc.chaplains@nhs.scot

Staff are very welcome to pop along to their local site sanctuary/chaplain office to say 'hello'. The chaplain can provide their work email/mobile number for when staff or a colleague ever need support.

The Spiritual Care team also support staff by telephone/MS Teams, for those who work shifts/are absent or prefer to be home when contacting the Spiritual Care team, this can be helpful, after hours.

Information was also provided to the Staff Health Strategy Group on reflective practice available for staff teams/departments. It was noted that training is available from the Values Based Reflective Practice Lead, Cindy Pollock. She and some other NHSGGC Chaplains provide 'taster sessions' for staff to experience this confidential and supportive form of reflective practice. Contact Cindy directly via: cindy.pollock@nhs.scot or email: GGC.VBRP@nhs.scot.



Sexual Harassment: Cut It Out

A key element of the Staff Health Strategy is to strengthen support offered to staff to support their mental health and wellbeing and reduce stress. On that basis, the Staff Health Strategy Group was provided with an overview of NHSGGC's Sexual Harassment: Cut It Out programme.

This programme is in place to ensure a zero tolerance approach to sexual harassment across NHSGGC and that all staff know what constitutes sexual harassment and how to report it if they do witness sexual harassment or are the victim of it.

There is training in place for staff and managers, a range of communication materials and access to support and advice for any staff member who needs it.

You can find out more about the programme on our [resource page](#) or by contacting ggc.staffexperience@nhs.scot, who would be happy to come out to speak to your team about the available support.

Staff Wellbeing Support

The Greater Glasgow & Clyde Healthcare Charity provides Endowment Funding annually to support staff wellbeing. The Staff Health Strategy Group provide oversight and approval for allocation of these funds. A paper detailing a range of projects and initiatives for funding was approved at the meeting. This includes a wide range of work including around women's health, staff witness support, stress, mental health and bereavement. A key feature is to support local projects and it was noted that bids were approved for an Art in Hospital staff project at Glasgow Royal Infirmary as well as funding for a bid to support staff wellbeing in estates and facilities. One exciting element of this part of the funding is to look at digital health checks to support local staff wellbeing.

Remember, for all your latest news stories, visit the Staffnet Hub:

[GGC-Staffnet Hub - Home \(sharepoint.com\)](https://sharepoint.com/GGC-Staffnet-Hub-Home)



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