



Daily update
(9 June 2026, 8.30a
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Excellence Awards 2026

The NHSGGC Excellence Awards have been refreshed for 2026, introducing a new range of award categories to reflect the outstanding work taking place across our organisation and nominations are open now.



The updated awards will recognise excellence in patient care, innovation, leadership, sustainability, staff wellbeing, volunteering and tackling health inequalities. The refreshed categories provide more opportunities to celebrate the individuals, teams and initiatives that make a real difference every day.

The new award categories are:

- **Chair's Award of Excellence** – Celebrating teams that deliver exceptional achievements, innovation and improvements for patients, communities and colleagues.
- **Chief Executive's Award of Excellence** – Recognising individual staff members who consistently demonstrate outstanding commitment, professionalism and impact.
- **Fairer Health Award** – Honouring work that helps reduce health inequalities and improves health and wellbeing across our communities and workforce.
- **Nursing and Midwifery Award** – Celebrating nurses and midwives who demonstrate excellence in care, leadership and service improvement.
- **Outstanding Care Award** – Recognising individuals and teams who go above and beyond to deliver exceptional care and improve patient outcomes.
- **Supporting Our People Award** – Highlighting initiatives and leadership that create a positive, inclusive and supportive workplace for staff.
- **Sustainability and Value Award** – Celebrating projects that improve efficiency, reduce waste and support sustainable, high-quality services.

- **Transforming through Technology Award** – Recognising innovative use of digital technology to enhance care, improve experiences and increase efficiency.
- **Volunteer Award** – Honouring volunteers, patient representatives and community contributors who make a lasting difference through their dedication and support.
- **People’s Choice Award** – Giving our communities the opportunity to recognise an individual, group or team whose contribution inspires others through a public vote.

If you know an individual or team whose dedication, innovation or compassion deserves recognition, please take a few minutes to submit a nomination.

More information on the categories and the nomination form can be found on the [website](#).

The closing date for entries is: Wednesday 17 July 2026.

We look forward to celebrating the incredible people and teams whose dedication helps make NHSGGC a great place to work and receive care at the Celebrating Success Event on 30 October 2026.

Looking after yourself and others sessions - Wednesday 17 June 4.00pm

Our **Looking After Yourself and Others** sessions online offer a dedicated 45-minute pause to focus on stress, self-care and wellbeing during the working week.



Many colleagues tell us they didn’t realise how much tension they were carrying until they attended and how helpful it was to step away briefly and reset.

The session includes practical techniques such as breathing and relaxation and time to reflect on your own needs. Most colleagues leave with strategies they can use again when things feel pressured.

We know that one session won’t solve everything. Sometimes, though taking a short pause to check in with yourself, reflect and learn a few practical techniques can be a helpful first step when things feel busy or overwhelming.

Sessions are online via Teams, open to all staff and require no preparation.

Our next session:

Wednesday 17 June 4.00pm

[Book here](#)

Other dates and sessions are available below:

- **Thursday 16 July at 11.00am-** [Book Here](#)
- **Tuesday 18 August at 2.00pm -** [Book Here](#)

You can also access the LearnPro version in your own time;
Log into LearnPro, use the search bar at the top and enter GGC 277.

For any question or queries please contact peer.support@ggc.scot.nhs.uk or visit [Peer Support Network - NHSGGC](#)

Update to GP to Prescribe Form on Portal

All clinicians are advised that the 'GP to Prescribe' form on Portal has been updated and the new version will be deployed overnight on the 11 June 2026.

The main changes are:

- The timeframe for a prescription to be available to collect from GP practice has been updated to five days, in line with current policy. Where patients have their prescriptions collected by a community pharmacy, a further 48 hours should be allowed for the medication to be dispensed and ready for collection
- A new field confirming prescriber status has been added
- A field has been added to confirm duration of treatment
- An additional field has been introduced to indicate whether the patient has been counselled on the medicine being requested.

Carers Week 2026 – recognising and supporting carers in our workforce

During Carers Week 2026, we want to recognise and thank the many colleagues across NHSGGC who balance their job with caring responsibilities at home. Caring can take many forms – whether supporting a partner, parent, family member, friend or neighbour – and often alongside busy and demanding roles.



Many people who provide unpaid care do not immediately see themselves as “carers”. UK research shows that over half of unpaid carers take a year or more to recognise their caring role, and more than a third take three years or longer. This is often because caring develops gradually, or because people see what they do as part of being a partner, parent, son or daughter, rather than as “care”.

We are committed to creating a workplace where carers feel understood, valued and supported. One way we do this is through the [NHSGGC Carer Passport](#), which helps carers have open and supportive conversations with their manager and agree practical adjustments to support them at work. You can also find out more information on [HR Connect](#).

Throughout Carers Week, we will continue to highlight the support and resources available to colleagues with caring responsibilities. If you are a carer – or think you may be – we encourage you to explore these supports and speak with your manager.

Referral to NHSGGC's Control IT Plus programme helps Sharon reach remission

As part of Diabetes Week, Sharon Donegan, 52, a Healthcare Support Worker with the School Nursing Team in East Renfrewshire, is sharing her experience of achieving Type 2 diabetes remission through early intervention and coordinated support.

After experiencing fatigue and feeling unwell, Sharon was diagnosed with Type 2 diabetes in early 2025. Alongside prescribing treatment, her GP referred her to NHS Greater Glasgow and Clyde's [Type 2 Diabetes Hub](#), where she enrolled in the [Control IT Plus](#) structured education programme.

Sharon said the programme gave her the information and confidence to make changes to her diet and lifestyle, helping her understand that remission was possible. Following the sessions, she also accessed additional support through the Glasgow and Clyde Weight Management Service and a referral to Slimming World.

Since her diagnosis, Sharon has lost more than two stone and successfully achieved remission.

Sharon said: "It hasn't been easy and I couldn't have done this without the support of Control IT Plus and the Type 2 Diabetes Hub. These services were vital in my journey and I would recommend them to anyone diagnosed with prediabetes or Type 2 diabetes."

Geraldine Lucas, Health Improvement Lead for the Type 2 Diabetes Hub, said: "Sharon's story highlights how programmes like Control IT Plus can empower people to take control of their health and support them towards remission."

What this means for staff

Sharon's experience demonstrates the value of:

- Early referral to the Type 2 Diabetes Hub
- Access to structured education through Control IT Plus
- Follow-on support from weight management services.

These interventions can help people improve self-management, make sustainable lifestyle changes and, where appropriate, achieve remission.

To read more, visit [Staffnet](#).



Remember, for all your latest news stories, visit the Staffnet Hub:

[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)



Be Phishing and Vishing Aware!



Phishing and Vishing are forms of social engineering, a technique used to gain access to private information, often via email. It can cause a huge amount of damage, disruption and distress. To help prevent social engineering attacks at NHSGGC and at home, remember **N.E.T.**

No Trust

Verify, via alternative means, the identity of those sending unexpected messages, even if the contacts are known to you.



Educate Yourself

Complete the Security and Threat module on LearnPro. Check online sources to see if emails, SMS messages or other forms of social engineering attacks are known or commonplace. Remember, **educating yourself can protect you** in both your work and personal life.



Think First

Successful attacks generally require a sense of urgency. Stop! Take a moment to reflect and investigate, this can show these attacks for what they are.



Managing technology and data safely and securely is everyone's responsibility throughout NHSGGC.

For further information, visit: [FAQ---IT-Security-v0.2.pdf](#)

Staff are reminded to make sure their personal contact details are up to date on eESS.

It is important to share Core Brief with colleagues who do not have access to a computer.

A full archive of printable PDFs are available on [website](#)