

NHSGGC

# Core Brief



**Daily update**  
**(9 January 2026, 3.10pm)**

Topics in this Core Brief include:

- [Resident Doctor Industrial Action](#)
- [eEES Update – AfC Reduced Working Week hours from 1 April 2026](#)
- [Active Staff – Classes start back on Monday 12 January](#)

## **Resident Doctor Industrial Action**

You will be aware that agreement has been reached that has allowed the proposed resident doctor industrial action to be withdrawn following discussions between the Scottish Government and BMA Scotland. This means industrial action between 13–17 January will not go ahead.

This is a very positive outcome that we know will be welcomed. We want to recognise all the preparation that you have undertaken across NHS GGSC in ensuring readiness for Industrial action over the recent weeks and offer our sincere thanks for your commitment as we also respond to winter pressures.

Our focus remains on the continued delivery of high-quality care and services for our patients.

Thank you once again to everyone - your dedication and professionalism are greatly appreciated.

***Professor Jann Gardner, Chief Executive***

***William Edwards, Deputy Chief Executive and Chief Operating Officer***

***Dr Scott Davidson, Medical Director***

***Professor Angela Wallace, Director of Nursing***



---

## eEES Update – AfC Reduced Working Week hours from 1 April 2026

Following the Core Brief Notification issued on 2 December 2025 regarding the reduction in AfC full-time hours from 37 to 36 hours per week, managers are asked to note the following.

The eESS National Team will carry out a bulk upload to update eESS records for affected staff, effective from 1 April 2026. To ensure this process is completed successfully, managers are requested to **refrain from making any other eESS changes dated on or after 1 April 2026** until the bulk upload has been completed.

This will help prevent the creation of future-dated records, which may otherwise block the automatic application of the revised working hours.

Thank you for your cooperation.

---



## Active Staff – Classes start back on Monday 12 January

Are you feeling sluggish and need to get your oomph back? Why not get yourself along to one of our free fitness classes?

We run over 20 classes per week with online and face to face options on offer. These are aimed at all fitness levels and include yoga, bootcamps, stretch and tone, guided health walks... to name but a few.

So whether you have taken part in Active Staff classes before, not been for a while, or want to try them for the first time, there is a class at the right place and time for everyone.

Visit our [NHSGGC Active Staff Webpage](#) where you will find details about all the free classes/events we run or contact us at [activestaff.legacy2014@ggc.scot.nhs.uk](mailto:activestaff.legacy2014@ggc.scot.nhs.uk)

To register for any of our classes, please complete our [Active Staff Booking Form](#) or scan the QR code.

Please print this off for staff who do not have regular PC access.



**Remember, for all your latest news stories, visit the Staffnet Hub:**  
[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)

**Be Phishing and Vishing Aware!**

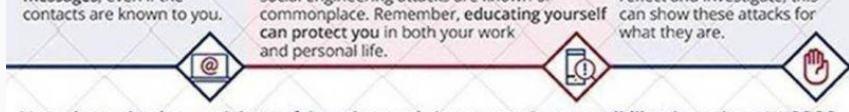
Phishing and Vishing are forms of social engineering, a technique used to gain access to private information, often via email. It can cause a huge amount of damage, disruption and distress. To help prevent social engineering attacks at NHSGGC and at home, remember N.E.T.

**N**o Trust  
Verify, via alternative means, the identity of those sending unexpected messages, even if the contacts are known to you.

**E**ducate Yourself  
Complete the Security and Threat module on LearnPro. Check online sources to see if emails, SMS messages or other forms of social engineering attacks are known or commonplace. Remember, educating yourself can protect you in both your work and personal life.

**T**hink First  
Successful attacks generally require a sense of urgency. Stop! Take a moment to reflect and investigate, this can show these attacks for what they are.

Managing technology and data safely and securely is everyone's responsibility throughout NHSGGC.  
For further information, visit: [FAQ---IT-Security-v0.2.pdf](#)



\*\*\*Staff are reminded to make sure their personal contact details are up to date on eESS.\*\*\*

**It is important to share Core Brief with colleagues who do not have access to a computer.**  
**A full archive of printable PDFs are available on the website**