

## Daily update (8 October 2024, 3.55pm)

Topics in this Core Brief:

- The Infection Prevention and Control Quality Improvement Network Newsletter (IPCQIN)
- Staff Mental Health and Wellbeing Support Z Card
- Health Literacy Month October 2024

## The Infection Prevention and Control Quality Improvement Network Newsletter (IPCQIN)

<u>Click here</u> for the ninth issue of the IPCQIN staff newsletter for an update on the network's progress to date.

Sandra Devine, Director of Infection Prevention and Control – Co-chair of the IPCQIN, said: "I am delighted to be able to share the ninth IPC Quality Improvement Network newsletter and our Board wide continued focus on improving person centred infection prevention and control practices, ensuring a safe and effective care experience. There is much improvement work ongoing so please take the opportunity to read about the great work which is happening across all our clinical teams. Thank you in particular to our staff who continue to make such a difference to the control of the spread of organisms and to the care and treatment to our patients. I hope you enjoy reading about the work the IPCQI network are leading, and welcome any feedback or interest in this work."

You can also view the SWAY interaction version of the newsletter here.

## Staff Mental Health and Wellbeing Support Z Card

The Staff Mental Health and Wellbeing Support Z Card has been re-designed and updated and is now ready to order through the Public Health Resources Directory (PHPD) by clicking this link Persource Details



Directory (PHRD) by clicking this link Resource Details for id 1263 (durham.gov.uk)

Please remember if you have not already set up an account with the PHRD you will need to do so to order. This requires your email address and setting up a password.

This resource can be ordered in batches of 50.

You can view/download a live copy, visit our web page <u>Staff Mental Health and</u> <u>Wellbeing Support - NHSGGC</u> or use your camera on the QR code:



By printing off this information and placing it in staff areas or pinning to staff notice boards it will allow those who do not have regular access to a PC or laptop at work to access our webpages.

For more information on other staff health and wellbeing support available please click here <u>Staff Support And Wellbeing - NHSGGC</u> or use your camera on the QR code:



This has been brought to you by the Staff Health Strategy.

## Health Literacy Month – October 2024

Our work to raise awareness of Health Literacy continues this October with a series of stories from staff across NHSGGC.

First up is Janice Blair, NHSGGC's Publications and Information Specialist.



Head to <u>Staffnet today</u> to read valuable insights from Janice and find out how the Public Health Team can help staff across NHSGCC improve their understanding of Health Literacy. Remember, for all your latest news stories, visit the Staffnet Hub: <u>GGC-Staffnet Hub - Home (sharepoint.com)</u>



\*\*\*Staff are reminded to make sure their personal contact details are up to date on eESS.\*\*\*

It is important to share Core Brief with colleagues who do not have access to a computer. A full archive of printable PDFs are available on <u>website</u>