

# Core brief

## Daily update

(8 November 2022, 12.55pm)

Topics in this Core Brief:

- Silver Employer Recognition Scheme
- Scottish Child Payment
- Seasons of Change, Autumn 2022 – Another chance to reflect on loss, grief and bereavement
- Let's talk about ... Staff Wellbeing Webinars (20 minutes)

## Silver Employer Recognition Scheme

NHSGGC has received our re-accredited Silver Award for the Employer Recognition Scheme (ERS) Award from the Ministry of Defence in recognition of our support for the Armed Forces.

Liam Spence, Julie Murray and Euan Smith, attended the presentation ceremony at Edinburgh Castle on behalf of NHSGGC to receive award.

We have been given the accolade for our work in supporting the armed forces through engaging initiatives such as employing veterans, supporting individuals transitioning out of the forces into a new career and providing flexibility for Reservists.

The Silver ERS Award is the second-highest badge of honour available to civilian organisations that employ and support Reservists, service leavers, Cadet Force Volunteers, Veterans and their families.



## Scottish Child Payment

From 14 November, you can apply for Scottish Child Payment for children aged up to 15 years old. This payment was previously available for under 6's only.

The Scottish Child Payment helps towards the costs of supporting your family with a payment of £25/week for each child. It does not affect any other benefits that you, or any person in your household, currently receive.

Scottish Child Payment is one of 5 family payments you can apply for from Social Security Scotland, such as Best Start Grant and Best Start Foods.

Contact Social Security Scotland to apply on Freephone 0800 182 2222. If you are a BSL user, wish to apply online or by post, details are here: <https://www.mygov.scot/scottish-child-payment/how-to-apply>

## Seasons of Change, Autumn 2022 – Another chance to reflect on loss, grief and bereavement

Seasons of Change begins this week (7 - 11 November), providing opportunities for staff to reflect on the natural emotions of loss, grief and bereavement.

This is in a similar format to our Spring Session, with everyone invited to join at some point over the coming week. The video will be played on a live loop each day between 12:00 – 2:00pm on MS Teams, however there is also an opportunity for people to watch in their own time once the recording is made available.

There is no active participation necessary, rather staff are encouraged to listen and reflect on the various contemplative pieces (sessions will also have subtitles).

To register for the event and receive access to the event link [please register using this link](#). If you would like more details on this event or watch our Spring Session head to the [ACP Events webpages](#).

All events are open to everyone from across Acute, Community, Primary, as well as the Independent and Third Sectors.

For any enquires about any of these events please email: [acpsupport@ggc.scot.nhs.uk](mailto:acpsupport@ggc.scot.nhs.uk)

## Let's talk about ... Staff Wellbeing Webinars (20 minutes)

Colleagues attending the September webinar series of *Let's talk about... staff wellbeing* provided fantastic feedback which we have used to build the next selection of 20 minute webinars throughout November and December. The webinars continue to focus on various topics which we know are important to personal health and wellbeing and are delivered in a format that allows colleagues to take away top tips and share with others.



- “Great session - really valuable and appreciated”
- “Will put the information shared to good use for a better night's sleep”
- “A nice way to start the day thinking about your own wellbeing”
- “This was really interesting. I have found these sessions great and enjoy how short they are so easy to fit in to the day”

All are welcome to come and join our NHSGGC Health Psychologist, Heather Connolly and Peer Support & Wellbeing Project Support Officer, Asia Nicoletti. Webinars are open to all staff with easy booking access for the sessions you are interested in.

Thursday 10 November 09:00 <b>Let's talk about: Winter Worries and Wellbeing</b>	<a href="#">Book here</a>
Tuesday 15 November 16:00 <b>Let's talk about: ABCs of Self Care</b>	<a href="#">Book here</a>
Friday 25 November 09:00 <b>Let's talk about: The Going Home Check List</b>	<a href="#">Book here</a>
Thursday 1 December 16:00 <b>REPEAT: Let's talk about: Winter Worries and Wellbeing</b>	<a href="#">Book here</a>

If something isn't right, let's talk about...  
**Whistleblowing**



#### Whistleblowing

This is a way you can formally raise concerns about an issue that is in the public interest, such as patient safety or suspected malpractice.

You can find out more information about the whistleblowing

process by visiting National Whistleblowing Standards | INWO ([spsa.org.uk](http://spsa.org.uk)).

To submit a formal whistleblowing concern, please email [ggc.whistleblowing@ggc.scot.nhs.uk](mailto:ggc.whistleblowing@ggc.scot.nhs.uk).



Please keep up-to-date with the latest guidance on our dedicated web pages at: [www.nhsggc.scot](http://www.nhsggc.scot). If you have any questions about the current situation please check the FAQs first. If you have any further questions, please visit the [HR Self Service Portal](#).

\*\*\*Staff are reminded to make sure their [personal contact details are up to date on eESS](#).\*\*\*

**It is important to share Core Brief with colleagues who do not have access to a computer.  
A full archive of printable PDFs are available on [StaffNet](#)**