

Core brief

Daily update
(8 March 4.30pm)

Topics in this Core Brief:

- NHSGGC signs up to Armed Forces Covenant
- World Delirium Awareness Day – 16 March 2022
- International Women's Day
 - Lisa Watson
 - Caroline Lamb Marks International Women's Day

NHSGGC reaffirms commitment to Armed Forces Covenant

NHSGGC has reaffirmed its ongoing commitment to those individuals who currently serve, our Reservists and those veterans who are key members of our society by signing the Armed Forces Covenant.

The strong relationship between NHSGGC and the UK Armed Forces is greatly valued, with the Health Board already working to support employees who also are Reservists. The Board also welcomed assistance from the Armed Forces during the pandemic, particularly logistical support and advice to set up testing and vaccination programmes in the fight against COVID-19.

By signing the Covenant, NHSGGC pledged its commitment to supporting armed forces veterans, recognising the value they contribute and acknowledging that serving personnel and military families should be treated with fairness and respect.

Anne MacPherson, Director of Human Resources and Organisational Development, was joined by Major General Bill Wright CBE as they signed the Armed Forces Covenant at the Board's headquarters at the Gartnavel Campus. Anne said: "We greatly value the contribution of the Armed Forces and Reserve Forces, not only in serving our country, but also because of their commitment to the NHS in Scotland. We have benefited from the leadership and technical skills gained in the Forces and how this adds value in our clinical and non-clinical teams.

"We are also proud to have more than 40 members of our team who are Reservists and we are working hard to ensure that they get all the right level of support to enable them to serve our country when called."

World Delirium Awareness Day – 16 March 2022

It's World Delirium Awareness Day #WDAD2022 on Wednesday 16 March 2022 and this year the theme is "From Awareness to Action, Delirium Care, A Team Effort".

Delirium is a change in a person's mental state or consciousness, which is often



shown as confusion, difficulties with understanding and memory, or personality changes and usually develops over 1-2 days. There are different kinds of delirium, some people may become agitated and restless or have delusions and hallucinations, while others may just become unusually sleepy.

This is a great opportunity for all of us in NHSGGC to celebrate the great work we do day in, day out to support our patients who suffer from this condition. Despite the ongoing challenges of the pandemic, we have continued to provide patient centred, compassionate and evidence based care using TIME (Trigger, Investigate, Management, Engage) to support Delirium Identification, Management and Risk Reduction. Anyone can get Delirium so being able to care for someone with Delirium is everybody's business and we'd like to showcase the work of our delirium champions and also of those in roles which people might not traditionally associate with delirium care. Team members in all jobs, all disciplines and all grades play a role, by sharing what you do to put awareness into action you will inspire and support others to do the same.

Once again, we will be having a virtual event hosted on Twitter. We'd love to share a photo of you (no patients or identifiable information in the background) along with an example of something that you do to put awareness into action. It could be about educating staff, relatives and patients, about clinical risk reduction and management or about person centred care, compassion and support to someone with or at risk of delirium. If you prefer take the photo of your action written and held up on a piece of paper and we'll use that as the photo. Please send by email, along with your Twitter handle if you have one, to Hazel.Miller2@ggc.scot.nhs.uk, or you can share as a direct message on Twitter with @hazelmiller999. Images and words will be shared on NHSGGC social media on the day.

This is also an opportunity to nominate colleagues who you have seen put awareness into action and highlight their good work – share this with them or send us their details and we will email them.

Thank you for being a delirium superhero, this #WDAD2022 and every day

For information on all things delirium look at our StaffNet page:

<http://www.staffnet.ggc.scot.nhs.uk/Acute/Dementia2/Pages/Delirium.aspx> and our learning module: <https://www.nhsoggc.org.uk/about-us/professional-support-sites/learning-modules-for-staff/think-delirium/>

An example of what to send is below.

Hazel Miller, Consultant Geriatrician, Glasgow Royal Infirmary

I ask patients with delirium if they have noticed cognitive symptoms, if so I tell them about their diagnosis, that many people with it will experience confusion or hallucinations, and that it will get better as they recover. This can help them to understand their experience and reduce fear and worry.

“From Awareness to Action, Delirium Care, A Team Effort”



International Women's Day

Today is International Women's Day and NHSGGC is joining the campaign to celebrate the social, economic, cultural, and political achievements of women.

Here we feature Lisa Watson, Senior Charge Midwife in Maternity Outpatients at the PRM. We are featuring more staff across our social media channels. We also hear from Caroline Lamb, Chief Executive NHSScotland and Director General Health and Social Care.

Lisa Watson

I have worked at the PRM for 17 years, looking look after women when their pregnancies have deviated from the normal pathway.

I also lead a team of vaccination nurses at PRM and QEUH. We set up COVID-19 vaccination clinics in maternity units to offer access to the vaccine for our pregnant women.

We work with women from different backgrounds, and we show an understanding of their specific needs during pregnancy. We have tackled many barriers, such as language barriers; our patient information leaflets are available in most languages. Our telephone and face-to-face interpreter services allow for equity in the provision of maternity services.



Midwife means 'with women', and midwives are the advocates for the women in our care. We meet a whole new group of women every day. We empower each of them, to help them to make informed decisions about their care during pregnancy and childbirth.

I am honoured to take part in International Women's Day. I am proud to represent, and celebrate, the strong women I work with and the strong women I care for on this special day.

Caroline Lamb Marks International Women's Day

Caroline Lamb, Chief Executive NHSScotland and Director General Health and Social Care, has recorded a video message to Health and Social Care staff to mark International Women's Day, reflecting on the work being done to reduce historic inequalities in health and social care.



These inequalities were being addressed before COVID-19 but the pandemic has shone an even brighter light on this, she says.

"We are determined to drive change in our approach to the health and wellbeing of women and girls in Scotland."

To watch Caroline's full message visit [YouTube](#) or [Vimeo](#).



Please keep up-to-date with the latest guidance on our dedicated web pages at: www.nhsnss.org.uk/covid19. If you have any questions about the current situation please check the FAQs first. If you have any further questions, please email: HR.Support@ggc.scot.nhs.uk.

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

**It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [StaffNet](#)**