



Daily update
(8 December 2025, 1.30pm)

Topics in this Core Brief include:

- [FRSMs \(Fluid Resistant Surgical Masks\) update](#)
- [Why are Personal Development Planning and Review \(PDP&R\) conversations so important? Hear from Vice Chair David Gould](#)
- [Day 13 of 16 Days of Activism Against Gender Based Violence](#)

FRSMs (Fluid Resistant Surgical Masks) update

The supply chain for FRSMs (Type II R masks) is strong and secure. Our National Distribution Service (NDS) holds pandemic-level stocks of all PPE, including FRSMs, as required by the Scottish Government.

Please note the following ordering advice:

For Acute Hospital Sites with Ward Product Management (WPM):

- Your WPM team can boost your maximum stock levels and will keep ordering from NDS as usual.
- Standard orders placed to NDS on day 1 arrive overnight by day 3-4.
- There is also a next-day emergency order option.
- Find your site's WPM contacts and details on the [Procurement SharePoint](#).

For Acute Areas without WPM, Community Sites, or Non-Clinical Areas:

- If you have NDS access via Pecos, order directly using product code/SKUs:
 - Tie back FRSMs: 251438
 - Ear loop FRSMs: 259090
- Need help? Visit our [Help and Support page](#) and raise a ticket in Paragon (choose 'Raise Order - Medical').

Extra Assurance:

- The Procurement Department keeps buffer stock at the Central Store for emergencies. We've released extra stock to sites and are replenishing the buffer to maintain contingency.

Please don't stockpile masks!

There's no need – our supply is robust. Stockpiling disrupts the supply chain and creates unnecessary issues for our NDS colleagues.

Why are Personal Development Planning and Review (PDP&R) conversations so important? Hear from Vice Chair David Gould

The annual Personal Development Planning and Review (PDP&R) conversation gives you dedicated time to reflect over the year and summarise what has gone well, what could create a better experience, and what to plan for in the year ahead.

Vice Chair of the Board and member of the People Committee David Gould shares this [message](#) for staff, talking about the importance of these conversations for your wellbeing and career, and encouraging colleagues to record their conversation on Turas:



Day 13 of 16 Days of Activism Against Gender Based Violence

IMAGINE every NHSGGC staff area had clear, discreet signage for getting help.

Our most important task is ensuring help is available when staff need it most, privately and instantly. That's why our priority is ensuring every staff member can access discreet, immediate support, making our policies real when it matters most.

Our [Cut it Out/Equally Safe at Work \(ESaW\)](#) QR Code is a non-negotiable component of our Equally Safe at Work (ESaW) commitment and supports the [Cut It Out Anti-Sexual Harassment Programme](#). The QR code links directly to all our confidential contacts, including the Bullying & Harassment [Helpline](#) and the [SARC Service](#).

How you can help: Ensure support is visible to your colleagues: check that the Speak Up! and Confidential Contacts posters are displayed in your local area.

We need local teams and managers to ensure every private staff area, kitchens, toilets, and changing rooms, has the Cut it Out QR Code poster. This poster can be a literal lifeline. Check your local area today. If the poster is missing, request one from your line manager or email staffexperienceteam@nhs.scot. By putting up this poster, you are actively participating in creating a culture of psychological safety, demonstrating our full commitment to [reducing violence in NHSGGC](#) and the ability of staff to [Speak Up!](#)

confidentially.

Support and advice are available to any member of staff who has experienced harassment or GBV:

1. Line Management
2. Trade Union and Professional Organisation [Representatives](#)
3. Bully & Harassment Confidential Contacts – [Confidential Contacts - NHSGGC](#)
4. [HR Support & Advice Unit](#) – contact them via the [HR Self Service Portal](#) or calling 0141 278 2700 (Option 2) if your enquiry is urgent or you would prefer to talk to an HR Assistant.
5. You can also contact our anonymous Bullying and Harassment helpline on 0141 201 8545
6. Speak Up! - [Speak Up! - NHSGGC](#)
7. Spiritual Care Services - [Spiritual Care and Chaplaincy Service - NHSGGC](#)
8. Occupational Health Services - [Mental Health and Wellbeing - NHSGGC](#)
9. Peer Support Network - [Peer Support Network - NHSGGC](#)
10. Civility Saves Lives - [Home | Civility Saves Lives](#)
11. The SARC Service - [Turn to SARCS](#)
12. Women's Aid – [Support and Advice](#)
13. Scottish Domestic Abuse and Forced Marriage Helpline - [Here](#)
14. NHSGGC Violence Reduction Service: [Violence Reduction Service \(Health & Safety\)](#)

Remember, for all your latest news stories, visit the Staffnet Hub:

[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)



Staff are reminded to make sure their [personal contact details](#) are up to date on eESS.

It is important to share Core Brief with colleagues who do not have access to a computer.

A full archive of printable PDFs are available on [website](#)