



Daily update
(7 October 2026, 1.30pm)

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Peer Support training dates - only three sessions remaining this year

There are now just three available Peer Support training sessions remaining in 2026 - these are the final opportunities this year to train as a Peer Supporter.



Peer Support is becoming an important part of how we look after each other at work. Colleagues tell us the training is supportive, practical and confidence building, whether they are completely new to Peer Support or looking to build on their existing skills.

The full-day in person training will help you to:

- Understand the Peer Supporter role and what it involves
- Develop practical listening and communication skills
- Build confidence in supporting colleagues
- Explore how to look after yourself while supporting others
- Connect with colleagues who are passionate about creating a supportive workplace.

No previous experience is needed – just an interest in helping and supporting others.

If you've been thinking about becoming a Peer Supporter, now is a great time to get involved. These are our final three training sessions of 2026.

Full day in person Training dates for 2026:

- Thursday 15 October- Stobhill Hospital- [Book Here](#) - 10 spaces left
- Monday 9 November- Gartnavel General Hospital- [Book Here](#) - 4 spaces left
- Thursday 3 December- Royal Alexandra Hospital - [Book Here](#) - 12 spaces left.

Want to know more about our Peer Support Network or access Peer Support yourself for support visit [Peer Support Network - NHSGGC](#) or [Peer support in the workplace: putting theory into practice - National Wellbeing Hub](#) or contact the team at ggc.peer.support@nhs.scot.

GGC Medicines Update is a series of blogs with important medicines related messages relevant to all healthcare professionals across NHSGGC. Please see below for new blogs and relevant updates.

New blogs

Click on the following links to access the recently published Medicines Update blogs.

- [Good Prescribing Practice for Inpatients - Exploring Good Prescribing Practice in the NHSGGC Adult Therapeutics Handbook](#)
- [The Guide to Guidelines: What Every User and Author Needs to Know about GGC Clinical Guidelines](#)

In addition to the blog above, NHSGGC staff interested in learning more about clinical guidelines can also access a new [Clinical Guidelines Resource Hub](#) [NHSGGC network access required]. The Hub brings together webinar recordings, supporting materials and useful links in one place, providing a central source of information to support colleagues involved in clinical guideline work.

Updated blogs

Click on the following links to access the recently updated Medicines Update blogs.

- [Pain management in patients with dementia during hospital admission](#)

Updates

- [Formulary Update August 2026 \(non-SMC\)](#)
- [Guideline News August 2026](#)
- [MHRA Safety Roundup September 2026](#)

All of our blogs can be found on the [GGC Medicines website](#) and app. The search function on the website can be used to find specific blogs.

Anyone can join our mailing list by contacting us at: ggc.medicines.update@nhs.scot

NHSGGC Anti-Racism Plan

NHSGGC is committed to becoming a leading anti-racism organisation. Being anti-racist means more than not being racist. It means taking deliberate action to identify, challenge and prevent racism, while creating a culture where everyone feels able to speak up and shares responsibility for promoting equality, dignity and inclusion.

As we move through the second year of our Anti-Racism Plan 2025-29, we continue to develop our actions to:

- actively seek out and remove racism and discriminatory practice
- identify the systems and behaviour that are allowing this to happen
- ensure that everyone feels able to bring these to light.

Our staff and patients with lived experience of racism, as well as other organisations working against racism, are helping us assess the effectiveness of these actions and make any changes necessary.

Activity is underway in areas such as training, data collection, leadership and mentoring programmes. Hate Crime reporting sessions and frontline equality assessments are helping to support and empower staff while resources such as the 'Meeting the Needs of BME People' [guidance](#) are helping frontline staff understand and respond to the needs of BME patients.

Dr Lesley Thomson KC said: "Racism continues to be a fundamental cause of poorer health outcomes for Black and Minority Ethnic people and therefore a major issue for NHSGGC. In line with our commitment to becoming a leading anti-racism organisation, we are constantly identifying and taking actions across all levels. This includes making sure our leaders are actively engaged, our staff are properly supported, and our services are meeting the needs of our BME patients."

For more information, including progress to date and proposed actions for 2026/7, visit our [web page](#).

The 'Meeting the Needs of BME People' app can be accessed by scanning the QR code right.



Challenge Poverty Week – 5 – 11 October 2026

Challenge Poverty Week is a timely reminder that we are in a position to help both patients and colleagues access the support they need.

Staff are reminded that financial inclusion/money support and advice is available for patients accessing most of our acute hospital sites. NHSGGC also have a Home Energy Crisis Response Service which can assist hospital patients. For more information, please visit: [Hospital based money advice services - NHSGGC](#).

Our [Money Worries](#) web page explains why and how to ask patients about money worries and how to make a referral to money advice services in both acute and community settings. These services can help with debt, food and fuel issues.

The [All About Money](#) web page is specifically for NHSGGC staff who may wish to access support and advice for financial issues.

NHSGGC also has a partnership with Home Energy Scotland. This means patients and staff struggling to pay with for fuel and requiring improvements to equipment can receive the support they need. For more information: Freephone 0808 808 2282.

Remember, for all your latest news stories, visit the Staffnet Hub:

[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)



Staff are reminded to make sure their [personal contact details](#) are up to date on eESS.

**It is important to share Core Brief with colleagues who do not
have access to a computer.**

A full archive of printable PDFs are available on [website](#)