

Core brief

Daily update
(7 May 2024, 11.30am)

Topics in this Core Brief:

- Suicide, Risk and Design Group (SRDG) update
- Teams Classic is retiring
- Quit Your Way Pregnancy Service
- Scottish Learning Disability Week: 6 – 10 May 2024!
- Looking after yourself and others

Remember, for all your latest news stories, visit our new Staffnet Hub:
[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)

Suicide, Risk and Design Group (SRDG) update

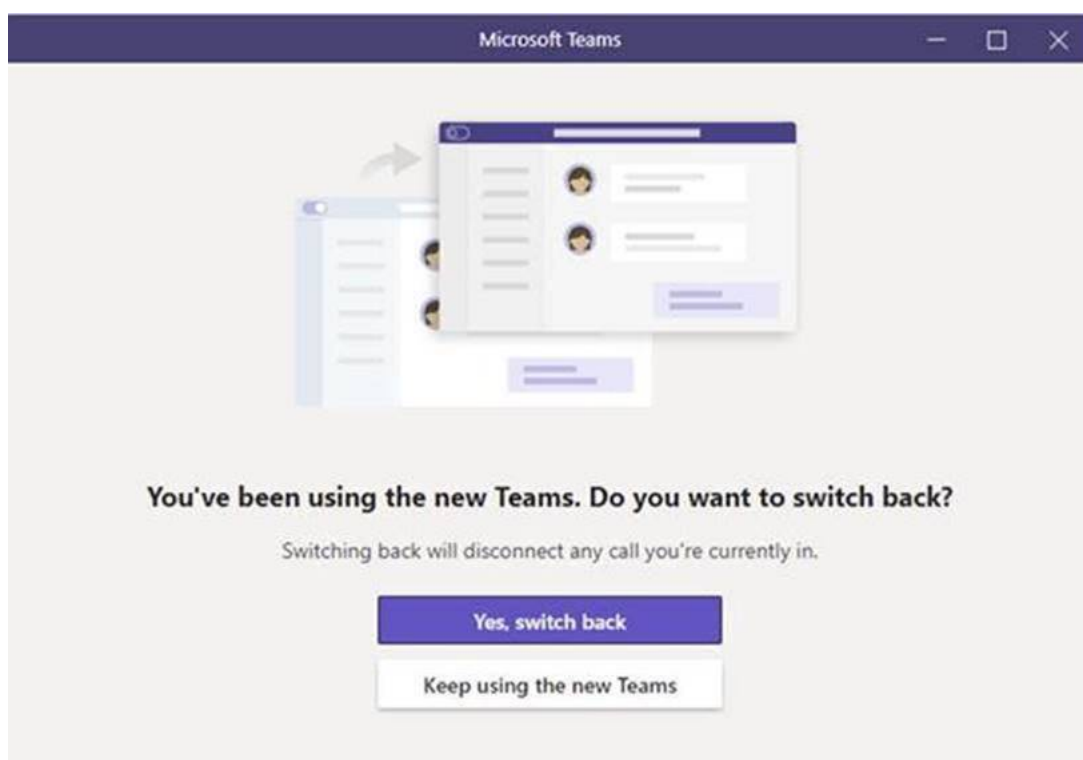
The Suicide, Risk and Design Group (SRDG) has been working across NHSGGC on removing known risks from patient areas, with over 3000 risks being removed between 2020-24. The next phase of work will focus on improving the physical environment within the mental health estate. The work identified will improve the safety of patients by removing known ligature points. Wards identified for work will have updated fixtures and fittings, improving the experience of patients who are admitted for treatment. This work will also improve the working environment for staff.

The work required is extensive and would not be possible to complete in a live patient area. As a result, identified wards will be required to relocate to another area to allow this work to be completed safely. To support this a decant plan has been agreed.

The SRDG will take every step to minimise disruption to patients and staff. The SRDG has shared information on the decant programme with key contacts from all areas affected. The new implementation group will include partnership representatives, professional leads and will ensure an appropriate communications and engagement approach with all stakeholders.

Teams Classic is retiring

NHS Scotland has switched over to New Teams. At the moment you may be offered the option, when you open M365 Teams on your desktop, to switch back to classic or carry on with new (see below). Eventually you will no longer be offered that option and will be taken direct to new Teams. To see what is different about new Teams please [see this video available from the NHS Scotland Skills Hub](#)



To find out more about Teams visit the [NHSGGC eHealth M365 Knowledge Base](#) or the [NHS Scotland Skills Hub: Teams](#)

Quit Your Way Pregnancy Service

The Quit Your Way Pregnancy Service is a free stop smoking service available to pregnant woman and their families across Greater Glasgow and Clyde.

Offering a 12-week programme that includes; weekly support from a specialist Stop Smoking Pregnancy Advisor alongside free stop smoking medication. Our friendly staff provide information and advice on the best tried and tested ways to stop smoking and help to make a personalised quit plan. Getting the right support has been shown to increase the chances of quitting for good.

A financial incentive programme is also available through the service providing up to £220 in store gift cards to eligible pregnant women who smoke tobacco and would like help to stop. [Click here](#) to find out more or contact the Quit Your Way Pregnancy Team:

Call: 0141 2012335

Text: 07796 937 679

Email: Quityourway.pregnancy@ggc.scot.nhs.uk

Scottish Learning Disability Week: 6 – 10 May 2024!

NHSGGC Learning Disabilities Services in collaboration with all six HSCPs and partners is excited to celebrate Scottish Learning Disability Week 2024! This year's theme is 'Digital Inclusion'; raising awareness for #MyRight2Digital for Learning Disability (LD) population.



In the current era we acknowledge social inclusion is not possible without 'digital inclusion'. We have all seen the potential of digital technology during the pandemic, when it was the only means of staying in touch with friends and family and accessing services. Let's take the opportunity to raise awareness about the importance of digital inclusion for the population with LD to ensure that no one is left out or excluded from opportunities.

Whilst the digital world can bring opportunities and services at your fingertips it also carries the challenge of online safety. We can all play a part in joining this year's campaign to raise awareness and support the LD population in accessing digital information safely.

As in previous years, there will be lots of activities hosted widely across all HSCPs for Learning Disability Week. Please find more information by accessing fabulous digital resources by our colleagues from Scottish Commission for People with LD (SCLD) [Scottish Learning Disability Week 2024 - SCLD](#).

Looking after yourself and others

It is important to keep reminding ourselves of the importance of looking after ourselves and our colleagues. The Peer Support Team is delivering a 45-minute live online version of the eLearning module *Looking after Yourself and Others*, which has received fantastic feedback from staff.



Looking after Yourself and Others is a brief intervention rooted in evidence-based techniques to support stress management, providing information on healthy behaviours to support your wellbeing and the wellbeing of others. It is also packed with helpful resources for NHS and HSCP staff in NHSGGC to support your health and wellbeing.

Topics covered:

1. Understanding what a normal response to stress is
2. Understanding the basic elements of Psychological First Aid (PFA)
3. Learning how look after ourselves
4. Peer Support: Learning how to look after our colleagues/ others.

Please see booking information below:

Date	Time	Book here
Friday 10 May 2024	1.00pm – 1.45pm	Book here
Monday 20 May 2024	3.00pm – 3.45pm	Book here
Saturday 8 June 2024	11.00am – 11.45am	Book here
Tuesday 18 June 2024	4.00pm – 4.45pm	Book here
Friday 5 July 2024	11.00am – 11.45am	Book here
Thursday 25 July 2024	5.00pm – 5.45pm	Book here

For a full list of dates throughout the year please visit [Staffnet](#).

For any questions or queries, please contact peer.support@ggc.scot.nhs.uk



Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [website](#)