

Daily update (7 January 2025, 11.10am)

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- Professional Administration Conference and Admin Awards
- Anxiety and Depression Awareness Sessions

Professional Administration Conference and Admin Awards

We are excited to announce that the PAT Programme will host its first **Professional**

Administration Conference, alongside the Admin Awards on 9 May 2025.

This event is dedicated to showcasing and promoting projects that have positively impacted the work of our admin staff and enhanced patient care. It will also celebrate the 2024/2025 winners from the Admin Awards.

Every day, our admin staff achieve excellence through their compassion, teamwork, and dedication. Now is the time to nominate and show your appreciation for a colleague, team, or manager. The nomination form is now open.

Please click <u>here</u> to submit your nomination.

Anxiety and Depression Awareness Sessions

Anxiety and Depression Awareness (ADA) is a foundation level, interactive course that explores the factors that may affect a person's mental health. Participants will look at what causes the physical effects of mild to moderate anxiety and depression and how it can affect thought process, emotions and behaviours. Using case studies, the course explores how participants can better understand their own and their patient's mental health.





Feedback from an ADA participant was: "Session was very informative. Has great content which was delivered in a manner that is easy to understand and absorb".

The next ADA sessions are as follows:

- 30/01/25 9.30am 12.30pm Gartnavel Royal Hospital
- 13/02/25 9.30am 12.30pm Leverndale
- 27/02/25 9.30am 12.30pm Gartnavel Royal Hospital
- 13/03/25 9.30am 12.30pm Leverndale
- 26/03/25 9.30am 12.30pm Gartnavel Royal Hospital

If you would like to book a place on this course, or discuss the course content further, please contact: <u>Grant.Scott@ggc.scot.nhs.uk</u>

Remember, for all your latest news stories, visit the Staffnet Hub: <u>GGC-Staffnet Hub - Home (sharepoint.com)</u>



Staff are reminded to make sure their personal contact details are up to date on eESS.

It is important to share Core Brief with colleagues who do not have access to a computer. A full archive of printable PDFs are available on <u>website</u>