

NHSGGC Core Brief



Daily update
(6 October 2026, 12.30pm)

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Looking after yourself and others sessions- Wednesday 28 October – 12.00noon – 12.45pm MS Teams

Our **Looking after yourself and others** sessions offer a dedicated 45-minute pause to focus on stress, self-care and wellbeing during the working week.

The session includes practical techniques such as breathing and relaxation and time to reflect on your own needs. Most colleagues leave with strategies they can use again when things feel pressured.

Join and come along to get a simple but effective opportunity to support your wellbeing.

Sessions are online via Teams, open to all staff and require no preparation.

Our next session:

Wednesday 28 October, 12.00noon – 12.45pm

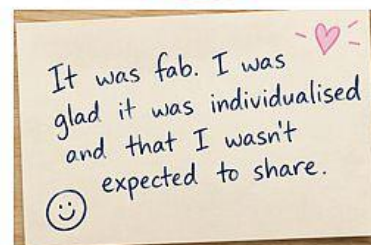
[Book here](#)

Can't make this date or time? That's okay future dates can be booked below:

Friday 20 November at 10.00am - [Book Here](#)

Thursday 17 December at 1.00pm - [Book Here](#)

If online sessions don't suit you can also access it via LearnPro. Search for eLearning module GGC 277 to complete ([NHSGGC LearnPro](#))



For any question or queries please contact peer.support@ggc.scot.nhs.uk or visit [Peer Support Network - NHSGGC](#)

Positive patient feedback for NHSGGC GP Walk-in Clinic

Patients have provided positive early feedback on NHS Greater Glasgow and Clyde's new GP Walk-in Clinic.

The impact of the service was highlighted during a visit by Chair of NHS Greater Glasgow and Clyde, Dr Lesley Thomson KC, and Non-Executive Board Members Dr Becky Metcalfe and Dr Morven McElroy.



Charlene Sweeney, Transformation Manager, showed Board Members round the clinic, where they also met with reception, nursing, security, and medical staff.

The Board members heard how demand on the centre had been increasing since its opening on 29 June.

The Walk-In Centre staff shared some early information around patient profiles of those most regularly attending the service. Board Members heard how the service is typically busiest on a Monday and a Wednesday and that the majority of patients attending the Centre are of working age population.

Through patient questionnaires, some patients are reporting that they are attending the Walk-In Centre instead of the Emergency Department and other areas of healthcare. The team explained they are collecting extensive data on the impact of the Centre including on patient access, inequalities and impact on wider NHS services.

Staff explained that the clinic recorded 275 attendances in the previous week, demonstrating growing demand for the service.

During the visit, Board members met GP Dr Norrie Gaw, who spoke about the wide range of clinical presentations being seen within the clinic and how staff are able to support people early in their illness including with ENT related attendances and respiratory illness.

Dr Lesley Thomson KC, Chair of NHS Greater Glasgow and Clyde, said: "It was a pleasure to visit the GP Walk-in Clinic and meet the dedicated team delivering this important service for local people.

"What stood out most was hearing about the positive experiences patients are having by accessing care quickly and conveniently.

"It was especially encouraging to hear direct feedback from patients and to see the enthusiasm, professionalism and commitment of the staff who are helping people get the care they need."



Update your email signature to meet new NHS Scotland brand standards

New NHS Scotland brand guidelines mean **all staff should update their email signature** to ensure a consistent and professional identity across NHS Scotland.

The updated standards include a revised format for contact information and specific requirements for fonts, colours and logo use. Email signatures should be on a white background and must not include additional graphics, coloured blocks or straplines.

A step-by-step guide has been produced to help you make the change quickly and easily. You can find this [here](#).

Please review the guidance and update your email signature at your earliest opportunity.

Hate Crime Awareness - Training Opportunity

A series of online training sessions will be running throughout Hate Crime Awareness Week from 12 – 16 October.

These short sessions provide participants with an understanding of what hate crime is and information on how to report an incident if witnessed in the workplace.

Everyone has a role to play in stopping hate crime. If an incident is perceived by the victim – or any other person – as being motivated by prejudice or hate then it should be reported as a hate crime.

This is an important learning opportunity for all members of staff. To book your place, visit our [Staff Training page](#).

For further information on hate crime, including resources and guidance, visit our [Hate Crime page](#).

Celebrate Black History Month 2026: Honouring Our Communities

Throughout October, NHSGGC will join organisations across Scotland in marking Black History Month, celebrating the history, heritage, achievements and contributions of Black communities.

This year's theme, "**Honouring Our Communities**," recognises the strength, resilience and collective achievements of Black communities while celebrating the individuals, families and organisations who continue to shape our society and enrich the communities we serve.

Black History Month is an opportunity for us all to learn, listen and reflect. It encourages meaningful conversations about diversity, inclusion and belonging, while recognising the invaluable contributions Black colleagues make every day across NHSGGC in patient care, public service, research, leadership and community engagement.

Over the coming weeks, we will be sharing stories, highlighting the experiences and contributions of colleagues, showcasing the work of the BME Staff Network, and reflecting on the actions we are taking to build a more inclusive organisation. We hope these features will inspire learning, conversation and greater understanding across NHSGGC.

To launch this year's programme of activities, members of the NHSGGC BME Staff Network will be hosting information stands across a number of sites throughout October. These roadshows provide an opportunity for staff to meet network members, learn more about Black History Month, find out about the support available and discover how to get involved in the network's work.

BME Network Roadshow Stands

Date	Venue	Location
8 October, 11am - 1pm	Gartnavel General Hospital	Front Atrium
12 October, 11am - 1pm	Stobhill Hospital	Atrium
13 October, 11am - 1pm	QEUH	Arran Wall
20 October, 11am - 1pm	Glasgow Royal Infirmary	Surgical Entrance
26 October, 11am - 1pm	Royal Hospital for Children	Atrium
29 October, 11am - 1pm	Royal Alexandra Hospital	Entrance Area

Black History Month Celebration Event

The month will culminate in the NHSGGC BME Staff Network's annual Black History Month Celebration Event:

Saturday 24 October 2026

2pm to 7pm

Roystonhill Community Hub

The celebration will bring together colleagues and community members for an afternoon of reflection, learning and celebration. Guests can look forward to inspiring speakers, personal stories, cultural performances, networking opportunities, authentic Afro-

Caribbean cuisine, music and discussions exploring the importance of community, representation and inclusion.

Staff can register to attend via the booking link: [Registration for Black History Month Event](#)

As we celebrate Black History Month 2026, we encourage all colleagues to take part in the events and activities on offer and join us in honouring the stories, experiences and achievements of Black communities across NHSGGC and beyond.

Remember, for all your latest news stories, visit the Staffnet Hub:

[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)



Staff are reminded to make sure their [personal contact details](#) are up to date on eESS.

It is important to share Core Brief with colleagues who do not have access to a computer.

A full archive of printable PDFs are available on [website](#)