

Core brief

Daily update
(6 June 2023, 11.30am)

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What Matters to You? Day – 6 June

"It is so valuable and important to me that I can understand everything that is being said"- Tauseeb

Today we celebrate What Matters to You Day 2023; an international event celebrating and encouraging meaningful conversations between those who provide care and the people/families who receive it.

In today's film, we hear [Tauseeb's story](#). Tauseeb is profoundly deaf and his experience of a WMTY conversation happened when his son was diagnosed with cancer at the Royal Hospital for Children, an overwhelming time for Tauseeb and his family. Tauseeb shares with us the impact the WMTY conversation with his son's medical team had, the actions they took to ensure they could fully communicate with him, inform him of his son's treatment plans and enable him to ask any questions, effectively removing any communication barriers he had previously faced.



Today we are encouraging everyone to have a meaningful conversation with the people they care for, their families, and colleagues, about what matters to them. We would love to hear how you are celebrating WMTY day this year, please share examples of WMTY conversations you have had with us by using the form [here](#); send any stories, pictures and completed consent forms, to us at person.centred@ggc.scot.nhs.uk. If you are tweeting, please include #WMTY23 and tag @nhsggc, @WMTYScot and WMTYWorld

WMTY Music Quiz

This year we have a WMTY music quiz for staff. Answers contain the word 'matter(s)'. Please remember to include your email address, as winners will be notified by email.

[Visit: https://forms.office.com/e/txu0PiQkCS](https://forms.office.com/e/txu0PiQkCS) or use the QR code above.

Carers Week - 5–11 June

Carers Week shines a light on the experience of people who support others. There are over 700,000 unpaid carers in Scotland, however on average it takes 2 years for a carer to realise their role, resulting in many missing out on much needed help and support.

It is important all staff understand their role in helping to identify, involve and support carers. Staff can complete emodules on this topic - Carer Awareness Training Core Information on Learnpro and [Equal Partners in Care module on Turas](#).

There are also [a range of events](#) happening across the week highlighting the impact of caring and some simple ways to reduce stress at times of crisis.

It is also important to look out for colleagues who may be carers in their personal lives - our recent Staff Health Strategy indicated it could be as high as one in two of our workforce. Encouraging colleagues and friends to seek support can help reduce the likelihood of the caring role becoming overwhelming and impacting their daily lives. Anyone can self-refer to their local Carers Support Services by calling 0141 353 6504 or [visit the webpages](#) for more information.

Dietitians Week – 5-9 June

NHSGGC Dietetics would like to highlight Dietitians Week which runs from 5-9 June 2023.

There are so many diverse faces of dietetics and we hope to celebrate everyone who works as part of our team, including dietitians, nutritionists, student dietitians, dietetic support workers and administrators, all of whom support the work we do.

Dietitians Week is the perfect opportunity to promote the profession both to colleagues, the general public, and wider external audiences.

There are still many misconceptions and false-truths about diet and dietetics that we work hard every day to try to overcome these.

By continuing to highlight #WhatDietitiansDo and #WhatADietitianLooksLike as well as all the other vital roles that make up the dietetic profession, we can continue to celebrate the impact and value of the profession in improving the health of the nation.

Over the week we hope to introduce you to some of our team, showcase some of the work we do, dispel some myths and provide forums for evidence-based advice via social media @NHSGGCDiet and the website [Dietetics - NHSGGC](#) #DW2023 #WeAreDietetics #DietitiansWeek

Insertion of Fine Bore NG Tube in Adults – Community LearnPro module

NHSGGC Community and Mental Health Services Food, Fluid and Nutrition Practice Development Team would like to announce the launch of a new LearnPro module: GGC: 308 Insertion of Fine Bore NG Tube in Adults – Community which can be found in the 'Specialist Subjects' category.

The aim of this module is upon completion the learner will have gained knowledge on the safe insertion and management of a fine bore nasogastric feeding tube within a community setting.

Please direct any queries regarding the module to:
Claire.stewart16@ggc.scot.nhs.uk or Joanne.Logan@ggc.scot.nhs.uk.



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Research study on mental ill-health and hospital care for heart attack

People with severe mental illness (SMI), including schizophrenia, bipolar disorder and major depression, die sooner than the general population, largely due to a greater burden of cardiovascular disease. This vulnerable group have poorer outcomes, in terms of survival and further vascular events, following a heart attack compared to those with a mental illness. Reasons are poorly understood and likely multifactorial, but differences in access to, or receipt of, care may play a role.

We are recruiting 15-20 healthcare professionals (HCPs) involved in delivering hospital clinical care for people with a heart attack in the Central Scotland area, including Greater Glasgow and Clyde health board. We are looking for HCPs with some experience of delivering hospital cardiac care to people with mental illness. A researcher will conduct a short (up to 45 mins) qualitative interview with you by video /phone call. This study will provide insights into HCPs' experiences of delivering care to this vulnerable population group, identify any challenges/barriers and inform approaches to supporting delivery of the best possible care.

Please contact the study researcher, Dr Amanda Vettini on Amanda.Vettini@ed.ac.uk for further information/if you would like to participate. We really need your help with this, so please do contact us.

Volunteer an hour a week and change a young person's life with MCR Pathways

Can you help a young person build their confidence and unlock their potential? If so, MCR Pathways would love for you to join their team of volunteer mentors.

Becoming a mentor is a rewarding experience that can make a meaningful difference in the life of a young person. You don't need any special qualifications or experience - all you need is a caring attitude and a willingness to help.

We understand that you may have questions about the programme and whether it's the right fit for you. That's why we're offering online information sessions where you can learn more and ask any questions you may have:

[Wednesday 7 June 4:00pm, MS Teams](#)
[Tuesday 13 June 8:30am, MS Teams](#)

To ensure that we can provide you with the best possible experience during our online information sessions, we kindly ask that you book through the above link at least three days in advance and choose the area you are interested in. This will give us the opportunity to assign you to area-focused breakout rooms at the end of the session.

[Click here for more information.](#)

2023 UCI Cycling World Championships – potential travel disruption

Glasgow will host some events at the 2023 UCI Cycling World Championships this summer, meaning potential disruption to travel to and from NHS Greater Glasgow and Clyde sites.

The championship runs from 3-13 August, with Glasgow hosting road races finishing in the city centre as well as events at Glasgow Green, the Emirates Arena and the Sir Chris Hoy Velodrome.

To allow races to be hosted safely, some road closures and parking will come into effect from 0001hrs, Friday 4 August, until 2359hrs, Tuesday 8 August, and then again on 0001hrs, Saturday 12 August, until 2359hrs, Sunday 13 August.

These will mainly be in place in Glasgow City Centre and some parts of the west end of the city.

Staff should start planning accordingly in case there is an impact on their travel plans. Details of road closures, parking restrictions and any disruption to transport will be regularly updated at the [Get Ready Glasgow](#) website.

Full details of the 2023 UCI Cycling Worlds can be found [here](#).



Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [StaffNet](#)