

# Core brief

**Daily update**  
**(5 December 2022, 12.20pm)**

Topics in this Core Brief:

- Become a registered nurse
- Mental Health in the Workplace Webinar – A Guide for Managers (2hrs)
- Festive bus service levels
- Upcoming Postal Disruption

## **Become a registered nurse**

Are you a HCSW interested in becoming a Registered Nurse with an Open University BSc (Hons) qualification? The Open University are holding some information sessions for NHSGGC staff on MS Teams, come along for some more information.

You can also find out more at

[Health Care Support Worker \(HCSW\) Portal - NHSGGC](#) or email [scotland-nursing-applications@open.ac.uk](mailto:scotland-nursing-applications@open.ac.uk)

- Monday 19 December 2022 12:30 – 2:00pm [Click here to join the meeting](#)
- Thursday 19 January 2023 2:00- 3:30pm [Click here to join the meeting](#)

## **Mental Health in the Workplace Webinar – A Guide for Managers (2hrs)**

This free webinar is aimed at line managers, team leaders and supervisors working within NHS Greater Glasgow and Clyde/HSCP area.

The webinar will take place on Thursday 26 January from 9:30am – 11.30am via Microsoft Teams and is designed to help managers support and maintain good mental health and wellbeing for staff.

If you would like more information about this session and how to register please [click here](#).

This webinar will be followed up with an email of signposting resources, publications and further reading from SAMH and NHSGGC.

## **Festive bus service levels**

The table below provides a summary of bus service levels over the festive period. This is broadly in line with previous years. Please refer to individual operator, or [Traveline Scotland](#), for more detailed information.



Day & Date	Service in operation
Saturday 24 December	Normal Saturday service with services finishing from approximately 2100. Please check with individual operator for more information.
Sunday 25 December & Sunday 1 January	No services
Saturday 31 December	Normal Saturday service with services finishing from approximately 2100. Please check with individual operator for more information.
Monday 26 & Monday 2 January	Sunday service
Tuesday 27 – Friday 30 December and Tuesday 3 January	General Saturday service

### Upcoming Postal Disruption

Royal Mail have confirmed that there will be strike action taking place on the following dates: **Friday 9, Sunday 11, Wednesday 14 and Thursday 15 December.**

While talks between Royal Mail and the Communication Workers Union (CWU) continue in an attempt to avert industrial action, NHSGGC staff are asked to send post items as early as possible in advance of the strike dates in order to minimise potential disruption.

**NHS**  
Greater Glasgow and Clyde

We're listening

If something isn't right, talk to us.  
For further information, visit [www.nhsggc.scot/speakup](http://www.nhsggc.scot/speakup)

Speak Up! We're listening

\*\*\*Staff are reminded to make sure their [personal contact details are up to date on eSS](#).\*\*\*

It is important to share Core Brief with colleagues who do not have access to a computer.  
A full archive of printable PDFs are available on [StaffNet](#)