



NHS Greater Glasgow and Clyde

# core brief

**Daily update**  
**(4 November 2024, 11.45am)**

Topics in this Core Brief:

- Armed Forces Community
- GGC Medicines update
- Health Literacy Month Feedback

## Armed Forces Community

As we approach a significant time of remembrance for our Armed Forces, we want to emphasize our ongoing commitment to supporting the Armed Forces Community across NHS Greater Glasgow and Clyde (NHSGGC), as well as throughout NHS Scotland.

Within NHSGGC, we have a dedicated Armed Forces HR Connect page, designed to provide resources and support tailored to our community members. If you are part of this community, we encourage you to join our [NHSGGC Armed Forces Community Facebook](#) page. This is intended for employees who are reservists, veterans, service leavers, spouses, partners, or cadet force adult volunteers, providing a space to connect, engage, and stay informed about activities across our board.

Additionally, the national Armed Forces Talent Programme is an initiative aimed at recruiting and supporting individuals from the Armed Forces Community. Hosted by NHS National Education Scotland (NES), this focuses on workforce planning, enhancing attraction to NHS Scotland careers, developing career pathways, and supporting Armed Forces networks across all NHS Scotland Boards.

We actively contribute to this programme through our quarterly participation in a working group. This forum allows us to monitor progress, contribute ideas, and share best practice with other NHS Scotland Boards. For further details about the Armed Forces Talent Programme, please visit their [website](#).

Thank you for your continued support in fostering an inclusive and supportive environment for our Armed Forces Community at NHSGGC.

GGC Medicines Update is a series of blogs with important medicines related messages relevant to all healthcare professionals across NHSGGC. Please see below for new blogs and relevant updates.

## New blog

Click on the following link to access the recently published Medicines Update blog.

- [Polypharmacy Review in Adults living with Moderate to Severe Frailty – Use of Cognitive enhancers, Analgesics and Anti-emetics in Patients with Dementia](#)

## Updates

- [Guideline News September 2024](#)
- [Formulary Update October 2024](#)
- [MHRA Drug Safety Update October 2024](#)

## Previously published

Click on the following links to access the previously published Medicines Update blogs.

- [Lidocaine Plasters – Reducing Inappropriate Prescribing](#)
- [HEPMA Stop Date for Nitrofurantoin and Trimethoprim in the treatment of UTI/cystitis](#)
- [Update to the Advice on Antibiotic Choice Following 4 days of IV Gentamicin in Adults](#)

## Medicines Update Survey

We would like your feedback on Medicines Update blogs to inform future development. Please take five minutes to complete the following anonymous [survey](#).

All of our blogs can be found on [www.ggcmedicines.org.uk](http://www.ggcmedicines.org.uk) and anyone can join our mailing list by contacting us at [gjc.medicines.update@nhs.scot](mailto:gjc.medicines.update@nhs.scot)

We're also on social media, follow us on: X/Twitter [@NHSGGCMeds](#)

## Health Literacy Month Feedback

Help our Public Health team understand the impact of October's Health Literacy Month campaign by filling in this [short feedback form](#).

It'll take less than a minute and can help us improve for next year.

Keen for more info on Health Literacy? [Sign up for training here](#) and [read our campaign round up](#) from Dr Malcolm Watson, Consultant Anaesthetist based at the Queen Elizabeth University Hospital, on Staffnet.

**Remember, for all your latest news stories, visit the Staffnet Hub:  
[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)**

## Be Phishing and Vishing Aware!



Phishing and Vishing are forms of social engineering, a technique used to gain access to private information, often via email. It can cause a huge amount of damage, disruption and distress. To help prevent social engineering attacks at NHSGGC and at home, remember N.E.T.

### No Trust

Verify, via alternative means, the identity of those sending unexpected messages, even if the contacts are known to you.

### Educate Yourself

Complete the Security and Threat module on LearnPro. Check online sources to see if emails, SMS messages or other forms of social engineering attacks are known or commonplace. Remember, educating yourself can protect you in both your work and personal life.

### Think First

Successful attacks generally require a sense of urgency. Stop! Take a moment to reflect and investigate, this can show these attacks for what they are.



Managing technology and data safely and securely is everyone's responsibility throughout NHSGGC.  
For further information, visit: [FAQ---IT-Security-v0.2.pdf](#)

\*\*\*Staff are reminded to make sure their [personal contact details are up to date on eESS](#).\*\*\*

**It is important to share Core Brief with colleagues who do not have access to a computer.**

A full archive of printable PDFs are available on [website](#)