

Daily update (4 March 2025, 4.10pm)

Topics in this Core Brief:

- Electric Vehicle Charging Hubs go live at QEUH and Gartnavel
- World Delirium Awareness Day (#WDAD25) 12 March 2025
- Facilities and Estates website launch
- Trauma-Informed Practice Training
- No Smoking Day (Wednesday 12 March) Very Brief Advice Training Module

Electric Vehicle Charging Hubs go live at QEUH and Gartnavel

The new Electric Vehicle Charging Hubs at both QEUH and Gartnavel Campus are now live (Monday 3 March 2025). The Hubs will operate in line with all other EV charging points on site as part of our growth in EV infrastructure and will support our top up offering of charging electric vehicles.

These points are open to staff, patient and visitors, and usage will be in line with the current infrastructure and EV charging policy in place. EV charging provider Fuuse can be used to pay for EV charging sessions, and a maximum time limit of four hours will be applied to each session to ensure the use of EV charging points on our sites is fair and equitable.

- The EV hub at QEUH is located next to Ronald McDonald House
- Gartnavel is positioned in the overflow car park near the Beatson

These bays are for Electric Vehicle use only.

World Delirium Awareness Day (#WDAD25) 12 March 2025

Delirium, an acute change in attention, awareness and cognition, is incredibly common affecting 20% of general medical inpatients, 50% in hip fracture, and up to 75% in intensive care. It can be very distressing for the person and family and is strongly associated with adverse outcomes. The good news is that delirium

awareness, research, risk reduction and care has been revolutionised over the past 15 years.

World Delirium Awareness Day, hosted annually by iDelirium, the International Federation of Delirium Societies, brings together patients, families, healthcare workers and researchers from across the globe to further build upon these improvements.

Our theme this year for #WDAD25 is Quality in Delirium Care. Our new NHSGGC Quality Strategy "Quality Everyone Everywhere" describes quality as a house. We've all spent the last 15 years building the foundations, walls, floors and roof of excellence in Delirium Care, the house that protects vulnerable people in our services.

We are looking for short video clips where you tell us about your role in providing delirium care. For more information and to submit your clip, click <u>here</u>.

Facilities and Estates website launch

We are excited to announce the launch of our new Facilities and Estates Staff Hub website on Thursday 27 February 2025, please look out for events on your campus to celebrate the launch.

This platform has been designed to provide our staff with easy access to essential resources, updates, and information relevant to our facilities and estates operations.

Key Features of the Website:

- Resource Library: Access to important documents, guidelines, and forms
- News & Updates: Stay informed with the latest news and announcements
- **Training & Development:** Information on upcoming training sessions and development opportunities
- Support Services: Quick links to support services and contact information.

We encourage all staff to explore the new website and take advantage of the resources available: <u>NHSGGC Estates</u> and Facilities Staff Hub - NHSGGC or scan the QR Code right:

Your feedback is valuable to us, so please do not hesitate to share your thoughts and suggestions in this <u>online form</u>.



Thank you for your continued dedication and hard work.

Trauma-Informed Practice Training

Exciting News! We are delighted to announce the launch of our brand-new eModule: **Trauma-Informed Practice Training: Level 1.**

Aligned with the Transforming Psychological Trauma: A Knowledge and Skills Framework for the Scottish Workforce (NHS Education for Scotland, 2017), this module is designed for anyone looking to enhance their understanding of trauma and its effects.

This module aims:

- to make you more aware of what Psychological Trauma is
- to increase your understanding of the impact of traumatic events
- to help you understand the reactions that people may have following traumatic events.
- to explore and reflect on some of the things that you can do to support recovery for those of us who have experienced psychological trauma.
- to highlight the importance of staff care, support, and wellbeing.

Developed in collaboration with the Glasgow City HSCP Trauma-Informed Collaborative, this training keeps the voices of those with lived and living experience of trauma at its core. We are incredibly grateful for their invaluable time, effort, and contributions in shaping this resource.

A sincere thank you also to our colleagues in Health Improvement, our Transforming Psychological Trauma Implementation Coordinator for NHSGGC, and Learning and Development for their expertise, dedication, and skill in bringing this training together and to life. We hope it will serve as a solid foundation for our entire workforce and beyond.

Additionally, we extend our appreciation to colleagues within Health and Social care who provided valuable feedback in the final stages of development, your insights have helped refine and strengthen this resource.

To access the training resource via Glasgow City Council GOLD learning platform, please follow this link: <u>Trauma Informed Practice Training Level 1</u>

For NHSGGC staff, please search for and add this course to your course list in LearnPro. The course title is: **GGC: 338 Trauma Informed Practice Training Level 1** and it is under the **Specialist Subjects** category.

We hope this serves as a meaningful starting point on your journey to becoming trauma-informed and responsive.

No Smoking Day (Wednesday 12 March) – Very Brief Advice Training Module

No Smoking Day is our biggest and best opportunity to encourage anyone who smokes to quit.

To support this year's campaign, we're asking staff to <u>complete Public Health Scotland's Very</u> <u>Brief Advice training module</u>.



It's a half-hour online module which will give you the skills to have a 30 second conversation with a smoker that could change their life. The course is aimed at health professionals who don't necessarily provide specialist smoking support within their service but still come into contact with people who smoke.

On completion, you'll be able to:

- Explain what very brief advice on smoking is, the purpose and its benefits
- Introduce very brief advice into your interactions with people who smoke
- Reflect on your own role and be aware of the support and services available to help people to stop smoking.

This is your chance to have a conversation with a patient, friend or family member who smokes and direct them to the relevant, free support to quit for No Smoking Day.

This is a simple, quick and impactful way to make a difference. Help them quit and win for their health, family, finances and fitness to make 2025 the year they go smoke-free.

For more information head to <u>Stop Smoking Support - Quit your way -</u> <u>NHSGGC</u> and <u>Course: Very brief advice on smoking | PHS Learning</u>

Remember, for all your latest news stories, visit the Staffnet Hub: <u>GGC-Staffnet Hub - Home (sharepoint.com)</u>

Staff are reminded to make sure their personal contact details are up to date on eESS.

It is important to share Core Brief with colleagues who do not have access to a computer. A full archive of printable PDFs are available on <u>website</u>