

# Core brief

**Daily update**  
**(4 June 2025, 2.15pm)**

Topics in this Core Brief:

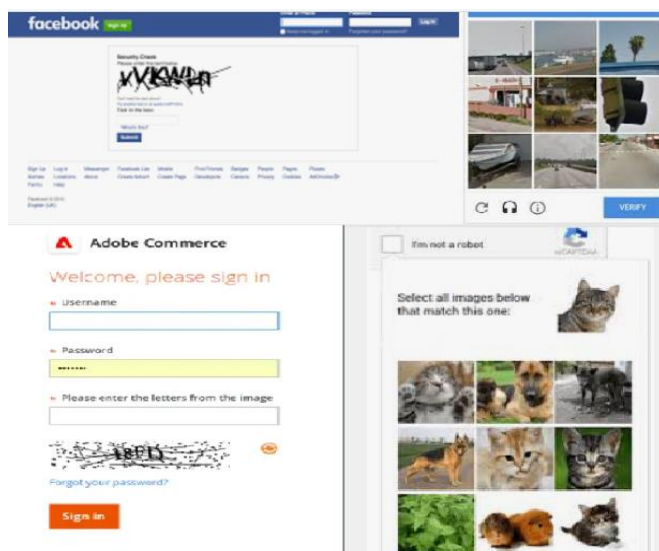
- Cybercrime: Recognising the signs
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## **Cybercrime: Recognising the signs**

Cybercrime and the Threat Actors who deploy it, continue to use ever more elaborate ways of stealing both your personal and your organisation's information. There is an increasing trend in the use of fake CAPTCHA pages to steal data and install malicious software.

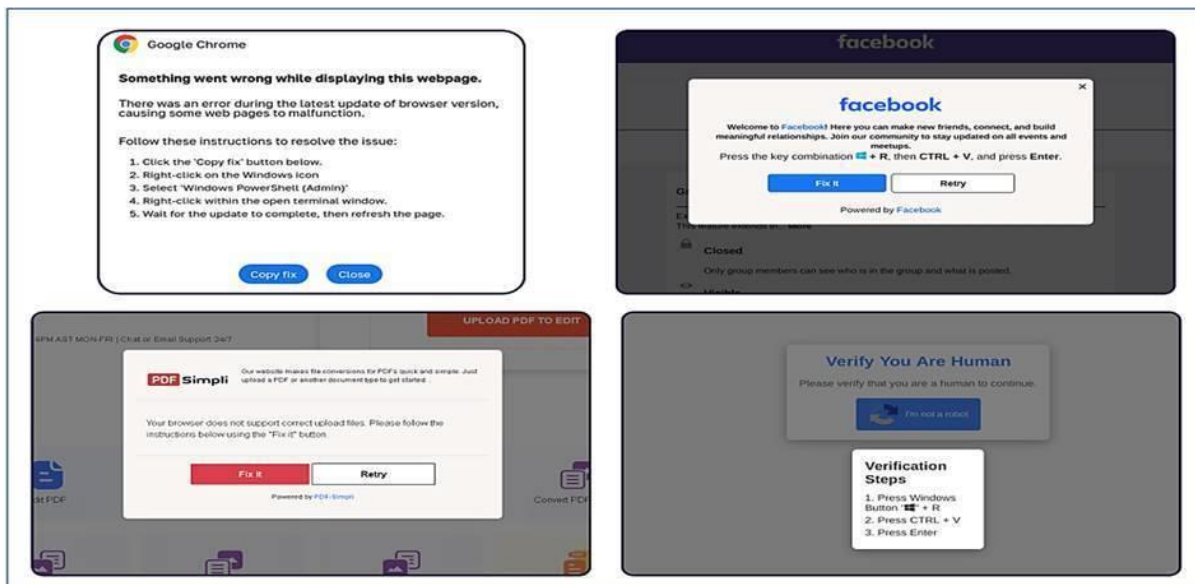
What is CAPTCHA (Completely Automated Public Turing Test to Tell Computers and Humans Apart)?

A real CAPTCHA is a test to determine whether an online user is a human or an automated bot, usually by asking you to select a set of images, typing out distorted text or solving a simple mathematical problem.



**Genuine different type of CAPTCHA**

A fake CAPTCHA is designed to trick users into revealing sensitive information or undertaking specific tasks resulting in the downloading of malicious software.



**Fake CAPTCHAS**

## Top Things to look out for:

- If a CAPTCHA appears on a site that typically doesn't require one or asks you to perform additional steps like running scripts, stop immediately.
- Never follow manual instructions, genuine CAPTCHAS won't ask you to copy and paste or run scripts.
- Check for odd placement, if you see a CAPTCHA pop up in a random location on a site, view it as suspicious.
- CAPTCHA should never ask for passwords, phone numbers or credit card details.
- Instead of standard 'Verify' or 'Submit' buttons look out for misleading button labels for example, 'Download Now' or 'Claim Prize'.
- Always check the websites authenticity before interacting with CAPTCHA.
- Fake CAPTCHA can be difficult to spot, take your time, if it doesn't feel right, view it with suspicion.

## What you should do

Never copy and paste or run scripts from CAPTCHA and always take time to verify the websites that you visit.

## Reporting suspicious content

If you visit a suspicious site or interact with a suspicious CAPTCHA request report it via the IT ServiceDesk

If you suspect you have received anything to your work email address containing malicious content you can report it to: [spam@ggc.scot.nhs.uk](mailto:spam@ggc.scot.nhs.uk).

## **Staff Parking Reminder – Pavement parking**

Parking at all our sites can be challenging and finding a space in time for the start of a shift can be frustrating. We would like to thank all our staff for their patience and consideration.

However, we would like to remind people that our sites are working healthcare environments, with emergency vehicles, pedestrians and public transport requiring access round the clock, and ask them to think twice before parking.

Parking on a pavement or in a pedestrian area forces pedestrians, including those with disabilities or other challenges with mobility, parents with buggies, and the elderly, to walk in the road, increasing the risk of accidents and injuries. Please do not park in these areas – and remember, some local authorities, including Glasgow City Council, have introduced fines for people who park on pavements.

We encourage staff to car share where practical and possible. Car sharing can help you reduce your daily travel costs while helping to reduce CO<sub>2</sub> emissions at the same time. More information on car sharing is available from [Staff Parking at NHSGGC - NHSGGC](#)

More information on the different initiatives available to make it cheaper, easier and more environmentally sustainable to travel to and from work, and between sites, is available from the [Travel Plan Office](#).

## **Carers Week 2025 (9 – 15 June 2025)**

The focus of this year's Carers Week is "Caring About Equality", highlighting the inequalities faced by unpaid carers. We all have a responsibility to support carers, taking into account the impact that the situation may have on their mental and physical health.

As part of this week's celebrations there are two online events happening to give staff a chance to learn about the support available to carers and reflect on the role they can play.

**Involving and Supporting Carers:** Monday 9 June, 12noon – 1.00pm, MS Teams.

This session looks at how staff can encourage carers to recognise their role, refer to support services and our legal duty to involve carers in discharge planning.

Booking Link: <https://link.webropol.com/ep/CWsupcarers09062025>

**Power of Attorney Overview:** Tuesday 10 June, 12 noon – 1.00pm, MS Teams  
This session will explore how to get started with Power of Attorney and why this is so important, especially for anyone with a caring responsibility.

Booking Link: <https://link.webropol.com/ep/CWpoa10062025>

As a reminder, staff can refer any carer to support services. If you are based on acute sites you should direct people to the [Support and Information Services](#), or if you are in the community, you can find local carer centre referrals pathways via the Carers web pages: ([www.nhsggc.scot/carers](http://www.nhsggc.scot/carers))

We also know many of our staff are also carers in their personal lives. We have an MS Teams Channel which anyone can join, to get peer support and learn more about how we support carers in our workforce. [Click here to join the Teams Channel](#).

### **30s to save a life this Men's Health Week**

Men's Health Week (9-15 June) is a perfect opportunity to talk to male patients about making some healthy changes, particularly if they smoke.

Public Health Scotland's [Very Brief Advice](#) training takes just 30mins to complete and will help you have a 30-second conversation with a patient about stopping smoking that could save their life.

We want men who smoke to reach out for help to quit through [Quit Your Way](#), and your conversations can start them on that path.

**Remember, for all your latest news stories, visit the Staffnet Hub:**  
**[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)**

\*\*\*Staff are reminded to make sure their [personal contact details are up to date on eESS](#).\*\*\*

**It is important to share Core Brief with colleagues who do not  
have access to a computer.  
A full archive of printable PDFs are available on [website](#)**