

Core brief

Daily update
(31 May 2023, 3.40pm)

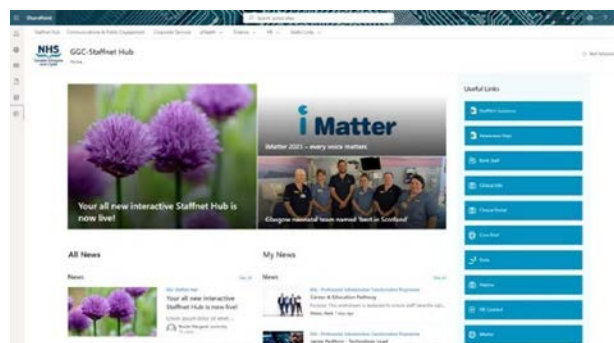
Topics in this Core Brief:

- 24 hours to go!
- Managed car parking reintroduced from tomorrow
- AHP Digital Clinical Lead
- National Realistic Medicine App for Healthcare Professionals
- Events for Carers Week 5–11 June
- What Matters to You? Day
- Hardship & Wellbeing Support for staff
- Active Staff – June Guided Walk

24 hours to go!

Tomorrow when you open up your internet explorer (Microsoft Edge) you will see the new Staffnet Hub for the first time!

An easy to use guide has also been produced to help you navigate the landing page on your first visit: [📄 Staffnet Landing Page Explained.docx](#)



Don't forget, a dedicated email has been set up if you have any issues or concerns you would like to raise, StaffnetAdmin@ggc.scot.nhs.uk.

Managed car parking reintroduced from tomorrow

All staff should be aware that from tomorrow (**Thursday 1 June 2023**), the previous controlled parking arrangements on the sites listed below will be strictly controlled and staff should park only in the appropriate and clearly designated parking areas. The sites covered by managed car parking arrangements are:

- Gartnavel Hospitals Campus
- Glasgow Royal Infirmary Campus

- Queen Elizabeth University Hospital and Royal Hospital for Children Campus
- Royal Alexandra Hospital Campus
- Stobhill Ambulatory Care Hospital and Mental Health Units Campus
- Victoria Ambulatory Care Hospital
- West Glasgow Ambulatory Care Hospital

Staff should park in permit areas only if a current permit is held and displayed. Staff without permits are asked to park only in “staff non- permit” areas on each campus and must refrain from parking in patient and visitor areas.

Contracted car parking services staff will be deployed as normal on each site during core hours to deter inappropriate parking. Staff without a valid permit should not attempt to gain entry to staff permit parking areas as entry will be denied, which may lead to unnecessary queues and inordinate traffic disruption on the campus. Travel planning advice, alternative options guidance and active travel information is available from the [Travel Plan Department](#).

We would like to remind staff of the different initiatives in place to make it cheaper, easier and more environmentally sustainable for staff to travel to and from their place of work and between sites, for more information visit: [Travel Plan Office](#).

[Click here](#) for information on staff parking permits.

We have created a [dedicated web page](#) with frequently asked questions to give guidance to staff in relation to how the managed car parking process will operate.

AHP Digital Clinical Lead

Gillian Ferguson is currently seconded to eHealth a couple of days per week to support NHSGGC’s digital strategy – Digital on Demand.

You can have a look at the stories in the Living Library section to get a flavour of some of the incredible work being carried out by our AHP teams using digital solutions.



Gillian is always happy to help if you have a digital project idea, if you want to get more out of your current systems such as clinical portal or TrakCare or if you want to learn more.

Please view the [AHP Digital health webpage](#) to help support you and your team with digital in the workplace.

You can contact Gillian, by email: Gillian.Ferguson3@ggc.scot.nhs.uk or @GillieAHP on Twitter or via MS Teams.

National Realistic Medicine App for Healthcare Professionals

The GGC Realistic Medicine App is moving to a new national resource for Realistic Medicine. The app provides practitioners across Scotland with a single point of access to:



- Realistic Medicine tools and resources for use in direct patient care, grouped together for ease of access.
- Educational resources to build their knowledge and skills in Realistic Medicine, organised under the six pillars of Realistic Medicine and cover introductory to advanced levels.

As well as all providing GGC Staff with all the local resources they previously had access to.

Sponsored by the Scottish Government Realistic Medicine Unit, the app has been developed jointly by the Digital Health & Care Innovation Centre, NES, HIS and NHS Greater Glasgow and Clyde. It is available as a website and as a downloadable mobile app via the national Right Decision Service.

How to access:

View the website at: <http://rightdecisions.scot.nhs.uk> or scan the QR code.

- Go to A-Z and search for “Realistic medicine”

Download from the App store/google play links in website footer

OR Search for “Right decisions” in app store/google play then:

- download the “Right decisions for health and care” app.
- search for “Realistic medicine” and download to “My toolkits”

Coming soon: A companion app for Realistic Medicine for citizens is under development.

Events for Carers Week 5–11 June

To celebrate Carers Week this year we have some amazing online events - click on the date and time to register for these events:

[“Preparing for Hospital – what you need to know” on Tuesday 6 June 1.30-2.30pm.](#) This session is useful for staff who work with patients and families likely to experience a hospital admission.

[On Wednesday 7 June 1.30-3.00pm we are running an engagement session](#) to hear from staff, carers and members of the public about the development of a new hospital checklist based on the information provided in our “Preparing for Hospital” session.

We are also hosting sessions which aim to shine a light on how people can attend to their own wellbeing following the death of a significant person:

- [Monday 5 June 6.30-7.45pm](#)
- [Friday 9 June 10.30-11.45am](#)

The ACP Programme is also delivering two webinars in celebration of What Matters to You Day 2023.

- [Monday 5 June 1.15-2.00pm we will be discussing how we can understand and support unpaid carers](#)
- [Thursday 8 June 12.30-1.15pm we are looking at the benefits of Anticipatory Care Planning](#)

If you have any questions please email: ACPSupport@ggc.scot.nhs.uk.

[Click here](#) for more information on the events.

What Matters to You? Day

“I have learned that every patient is unique, so you can never make assumptions”, Kirsty.

In today’s film for WMTY Day 2023, we hear from [Kirsty](#); a student nurse in her final year of her studies who has gained valuable experience having WMTY conversations during her placements within NHSGGC.

Kirsty shares her experience of a particular WMTY conversation with a patient, in ward 2 of Glasgow Royal Infirmary, which stood out to her and helped Kirsty to tailor the patient’s care to better support her needs and help her achieve her goals. Kirsty tells us how this conversation shaped her understanding of WMTY conversations and the benefits of asking each patient what matters to them.



We would love to hear how you are celebrating WMTY day this year, please share examples of WMTY conversations you have had with us by using the [form here](#); send any stories, pictures and completed consent forms, to us at

person.centred@ggc.scot.nhs.uk. If you are tweeting, please include #WMTY23 and tag @nhsggc, @WMTYScot and WMTYWorld

Hardship & Wellbeing Support for Staff

The NHSGGC [Support and Information Service](#) (SIS) provides a range of advice and support for staff who may be struggling during the current cost of living crisis. This support includes:

1. Advice about benefits, money, energy and housing issues
2. Crisis support, including support with accessing appropriate Local Authority or national services
3. Information on supportive lifestyle changes such as stopping smoking, exercise and weight management
4. Details of other local services that may be able to assist staff.

We are pleased to confirm that, following an award by the Greater Glasgow and Clyde Healthcare Charity, the SIS will also be able to provide small hardship grants to staff. These will be provided as part of a wider needs assessment, to ensure any member of staff seeking to access the fund is also able to access sustainable, long-term support. The service is entirely confidential and your details will not be shared with anyone.

Anne MacPherson, Director of Human Resources & Organisational Development, said: "NHS Greater Glasgow and Clyde is committed to supporting the wellbeing of all our staff. I am pleased that, as part of our Staff Health Strategy, we continue to develop new services and new ways of supporting our staff. This hardship fund along with the wrap around advice services, could be a vital support for any member of staff struggling with the increasing cost of living that is affecting people right across the UK."

To access our hardship support,

1. drop in or contact your nearest SIS service. We are located in most hospital atriums.
2. call: **0141 452 2387**. If we are closed, please leave a message & we will get back to you.
3. email: sis@ggc.scot.nhs.uk.

Please bring your payroll number to any in-person or phone appointment.

You can find out more about our [Staff Health Strategy](#) and other wellbeing support for staff on [HR Connect](#).

Active Staff – June Guided Walk



Our next guided walk will take place on Saturday 24 June 2023. We will be visiting the Lochgoin Circuit, at the Whitelees Windfarm, near Eaglesham. This is a circular route around the Loch - which is located at the east side of the Whitelees Windfarm - the largest on-shore windfarm in Europe. We will visit Dunwan Iron Age hillfort and on a clear day you can see the island of Arran in the distance.

There is plenty of free parking, a coffee shop and an information centre at the start of the walk. This walk will take between four and five hours, at a moderate pace.

[Please click here to book!](#)

Please note this walk is available to all NHSGGC/HSCP staff.

If something isn't right, talk to... Health, Wellbeing and Spiritual Support	
Occupational Health If you are experiencing health and wellbeing issues, our occupational health team, including our clinical psychologists will support you when you need it most.	Chaplaincy Service The service is there to provide compassionate, person-centred spiritual and wellbeing support to staff from all backgrounds, faiths or beliefs.



Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [StaffNet](#)