

# Core brief

## Daily update

(30 November 2021, 3.35pm)

Topics in this Core Brief:

- Self-Isolation Exemption - COVID Omicron
- Worlds AIDS Day – 1 December 2021
- iMatter – Action Planning and Celebrating Success
- Core Brief – 29 November 2021

### Self-Isolation Exemption - COVID Omicron

Whilst we await further guidance, please note a temporary change to the self-isolation exemption guidance.

Where it has been confirmed that a staff member has been identified as a close contact of someone who is a confirmed or a highly probable case of the new variant (Omicron), whether or not you are fully vaccinated, you will be asked to self-isolate and be tested by Test and Protect. Exemption from self-isolation will not apply as per the current guidance.

The staff member should be placed on Special Leave for the period of the self-isolation period.

We will provide updated guidance when available.

### Worlds AIDS Day – 1 December 2021

Wednesday 1 December marks World AIDS Day. Thanks to the significant progress made in treatment and care HIV is now a manageable long-term health condition.

This World AIDS Day and beyond, we would like to remind staff about the importance of raising awareness of and testing individuals for blood borne viruses (BBVs) including HIV.

The key to ending HIV transmissions is regular testing. The sooner people know their status, the quicker they can receive effective treatment. However, both a reduction in onward transmission and improved patient outcomes rely on finding individuals living with undiagnosed HIV and supporting them to access treatment and care.

Effective treatment, should be considered along with other prevention measures such as [condoms](#), [HIV Pre-Exposure Prophylaxis](#) (PrEP) and [sterile injecting equipment](#) as opportunities to reduce onward transmission of HIV.

All staff working within NHSGGC, should feel able to offer BBV testing or know how to signpost patients for a test without delay or stigma.

#### BBV Testing:

- Is simple and easy
- Requires verbal consent only as per any blood test e.g. blood sugar for diabetes
- Does not require a risk factor discussion (unless appropriate)

- Must be considered in a variety of common clinical presentations that could present to any healthcare setting in NHSGGC including medical, surgical, psychiatric specialties, primary care, sexual health, addictions or other community services
- Requires 4-8 mls of venous blood in an EDTA tube (like a full blood count)
- In some settings can be done on a finger prick blood sample “dry blood spot”.

There is effective treatment for all three BBVs which is easy to take. Knowing your BBV status is not only potentially lifesaving but means measures can be taken to stop onward transmission to others.

Further training on BBVs can be found on [Learn Pro](#):

- GGC: 116 Blood Borne Viruses
- GGC: 149 HIV Stigma Module

The Scottish Drugs Forum Training Programme includes training on Blood Borne Viruses including HIV. Further information can be found at: <https://www.sdftraining.org.uk>.

### **iMatter – Action Planning and Celebrating Success**

Thanks again to everyone who has taken part in iMatter 2021, and to all of the teams who have already developed and uploaded your iMatter action plans.

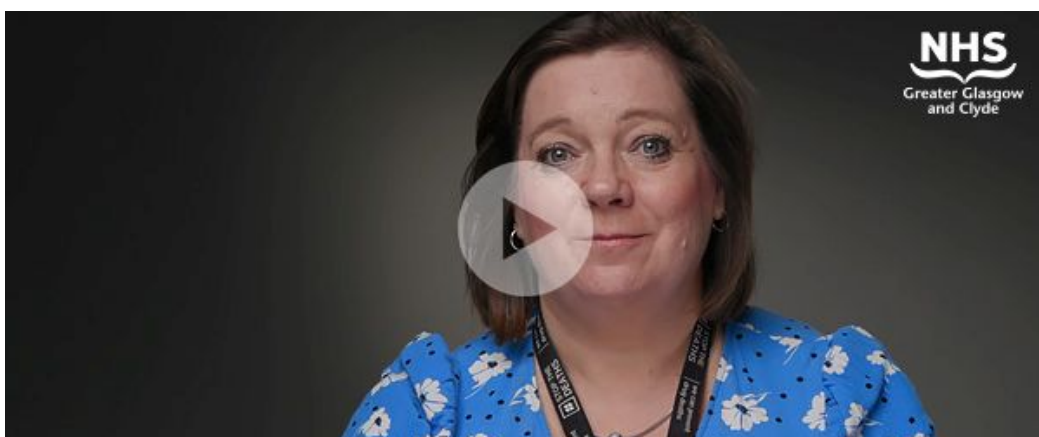
With such a positive response to iMatter this year, it is important that everyone has the opportunity to discuss team results and develop team action plans together. This is progressing well in many areas, and a number of Directorates and HSCPs are sitting with over 80% of action plans complete.

If you are yet to complete your team action plan, and would like support with the action planning conversation, or have already had the conversation to define the actions and would benefit from support to upload to the system, please contact us on [iMatter@ggc.scot.nhs.uk](mailto:iMatter@ggc.scot.nhs.uk) and one of our team will gladly support you with this.

Additionally, if you and your team have some success stories you would like to share, please contact us on [iMatter@ggc.scot.nhs.uk](mailto:iMatter@ggc.scot.nhs.uk) and we can support you to develop a short case study or video recording to showcase your great work and achievements. There are many examples of excellence throughout our organisation and it would be great to have this more visible soon.

Thank you very much to Seonaid McCorry and team for sharing their story with regard to how they use iMatter to evaluate and continuously improve their employee experience and celebrate successes. [You can watch a video of the team here.](#)

Soon, we will be back in touch to showcase iMatter Board wide priorities and commitments going forward, in response to the NHSGGC iMatter participation and results. Thank you again for your continued support.



## Core Brief – 29 November 2021

Due to the M365 migration some people didn't receive yesterday's Core Brief. You can view the [Core Brief online](#) which covered the following topics:

- LFT changes to kits – Monday 29 November
- Update on review of temporary visiting arrangement in specific areas across NHSGGC
- What Matters To You Day 2021 – report available
- Admission to Major Trauma Ward (1c), QEUH.



**Lateral Flow Tests - Available to all staff working on site**

Speak to your line manager about where to collect your test kit, then:

		
<b>Register</b> your kit	<b>Test</b> twice per week	<b>Record</b> your results

**Keep your colleagues and patients safe from COVID-19**

**Help stop the spread!**

Visit: [www.nhsggc.org.uk/lfd-stafftesting](http://www.nhsggc.org.uk/lfd-stafftesting)

Please keep up-to-date with the latest guidance on our dedicated web pages at: [www.nhsggc.org.uk/covid19](http://www.nhsggc.org.uk/covid19). If you have any questions about the current situation please check the FAQs first. If you have any further questions, please email: [HR.Support@ggc.scot.nhs.uk](mailto:HR.Support@ggc.scot.nhs.uk).

\*\*\*Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

**It is important to share Core Brief with colleagues who do not have access to a computer.  
A full archive of printable PDFs are available on [StaffNet](#)**