

NHS Greater Glasgow and Clyde Core brief

**Message from NHSGGC Board Chair, Dr Lesley Thomson KC
(30 May 2025, 9.45am)**

Celebrating pioneering medical research at St Mungo's Awards

NHSGGC Board Chair Dr Lesley Thomson KC and colleagues recently recognised medical students and resident doctors for their groundbreaking contributions to medical research that could help improve healthcare outcomes for patients.



Dr Sarjit Singh won the 130-year-old St Mungo's Medal for their work on clustering of preconception morbidities in Scotland.

The runner-up was Dr Josh Orpen Palmer, who conducted a SCUBA study on stratifying Crohn's disease recurrence risk using biomarker assessment.

In total, 46 research abstracts were submitted to the annual St Mungo's Research Symposium at Glasgow Royal Infirmary's Lister Building, with the eight judged best presented orally, and others displayed as posters.

Tegan Edwards won the best student presentation award for her presentation on delayed care outcomes for those who leave acute assessment areas without being seen. The best poster prize went to Zainab Alani, also a medical student, for her work on prediction models in traumatic brain injury.

Dr Thomson, who presented the Awards, acknowledged the “exceptional work” of those contributing.



There was also a keynote lecture from Prof. Adrian Stanley on upper GI bleeding highlighting the contributions Glasgow Royal Infirmary have made to clinical research in this area over the past decades.

The annual GRI St Mungo’s Research Awards are used to recognise exceptional researchers and showcase the high quality and wide range of medical specialities involved in research at GRI, helped by the close links with the University of Glasgow.

The prestigious St Mungo’s Medal was revived in 2017 after being dormant for 70 years, having been awarded from 1894 to 1944 by the St Mungo’s College of Medicine to students and resident doctors for pioneering research.

This year’s event was coordinated by Dr Sharon Mackin, Prof Ewan Forrest, Prof Tara Quasim, and Dr Donogh Maguire, with many other GRI consultants and academic colleagues helping to judge this year’s research submissions.

After the event, Dr Thomson commented: “It was a privilege to attend once again this year and present these prestigious awards, recognising exceptional work in medical research.

“The dedication and determination of those who submitted their research was evident, and their efforts clearly demonstrate a commitment to improving the lives of others.

“We recognise that those who put forward research proposals have done so while continuing to manage their clinical ‘day jobs’, which makes their achievements even more impressive considering the additional pressures they face.

“Everyone involved should take immense pride in their contributions.”

Dr Mackin remarked: “We were truly pleased to host another successful event that showcased and celebrated the exceptionally high standard of research being conducted at this historic and renowned hospital.

“The topics covered a wide array of specialities, including medical, surgical, critical care and obstetric specialities, and we extend our congratulations to all those who submitted and presented their work.

“The annual St Mungo’s research meeting is immensely significant in showcasing the high level of research that takes place at Glasgow Royal Infirmary, and long it may it continue to encourage and inspire our resident doctors and students as our future leaders in research.”

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