

# Daily update (30 July 2020, 5pm)

Topics in this Core Brief:

- Face coverings in adult hospitals
- Self isolation if you have COVID-19 symptoms
- Occupational risk assessment guidance and returning to work from shielding etc.

#### Face coverings in adult hospitals

There is an increasing number of patients and visitors attending our adult hospitals and generally they are observing the guidance to wear a face covering/mask.

However, in public areas such as hospital atriums, corridors, lifts or stairs there is now an inconsistency with visitors wearing masks/face covering and staff not.

We are therefore recommending that **ALL staff** should wear a mask at all times unless they are unable to wear a mask for medical reasons, are taking a meal break (when they must observe physical distancing) or are in an office or other non clinical environment.

Remember the FACTS:

Face coverings Avoid crowded places Clean your hands regularly Two metre distance Self-isolate and book a test if you have symptoms

#### Self-Isolation - if you have COVID-19 symptoms

From 30 July 2020 the UK and Scottish Government has confirmed that if you've developed symptoms (however mild) in the last 7 days you should stay at home for **10 days** from the start of your symptoms and <u>arrange to be tested</u>. Do not go to your GP, pharmacy or hospital. You should remain at home until you get the result of the test, and then follow the advice you will be given based on the result.

## Occupational Risk Assessment Guidance and Returning to Work from Shielding etc.

The Scottish Government has recently published a new COVID-19 Occupational Risk assessment toolkit and guidance for the workplace based on latest clinical evidence. This is relevant to those staff members who are preparing to return to work after shielding, those who are returning to normal duties after COVID-19 related restrictions, and those who are returning to the workplace after working from home or anyone who has a concern about a particular vulnerability to COVID-19. Managers should undertake a risk assessment with staff members alongside an enhanced return to work discussion. Access to the guidance, toolkit and form is available <u>here</u>. Occupational Health input may be required for very complex cases and you can contact the service for specialist advice on 0141 201 0594. If managers wish to email completed risk assessments to seek support rather than a management referral then please send to <u>Occupational.Health@ggc.scot.nhs.uk</u>.

Please keep up-to-date with the latest guidance on our dedicated web pages at: <u>www.nhsggc.org.uk/covid19</u>. If you have any questions about the current situation please check the <u>FAQs</u> first. If you have any further questions, please email: <u>staff.covid19@ggc.scot.nhs.uk</u>

Staff are reminded to make sure their personal contact details are up to date on eESS.

## Are your contact details up-to-date? <u>Click here</u> to check