



Daily update
(3 March 2026, 4.00pm)

Topics in this Core Brief include:

- [Changes to MHO Contact Number – Glasgow City](#)
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- [Supporting Safety, Equality and Career Progression at NHS GGC with the Professional Administration Transformation \(PAT\) Programme](#)
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Changes to MHO Contact Number – Glasgow City

What is the change?

The telephone number to contact a Duty Mental Health Officer (MHO) in Glasgow City during daytime hours, Monday to Friday, will be changing to: **0141 276 5253**.

Why is this changing?

The change is intended to simplify the process to contact a Duty MHO in an emergency by reducing the current three contact numbers to one. Calls will also now be answered by a single designated Administrative Team.

When will the change take place?

The number will change on: **Monday 2 February 2026**.

Who is affected?

The change will only apply to contacting MHOs for Glasgow City HSCP. Other Local Authority areas will continue with any existing arrangements.

During what hours will this apply?

Monday to Thursday: 8.45am to 4.45pm.

Friday: 8.45am to 3.55pm.

Out of Hours/Public Holidays

These arrangements will not change. After Hours/Public Holidays calls should be directed to Glasgow and Partners Emergency Social Work services (GPESWS) on: **0300 343 1505**.

Hours for GPESWS:

- Monday to Thursday: 4.45pm to 8.45am
- Friday 3.55pm to Monday 8.45am
- Public Holidays.

NHSGGC Staff Bursary opens for 2026/27 applications



The 2026/2027 Staff Bursary will be opening Monday 16 March 2026 at 9.00am, and run until 23:59pm on Sunday 26 April 2025 for new applications.

The NHSGGC Staff Bursary launch for 2026/2027 is made possible through the generous support of the NHSGGC Healthcare Charities Committee, who have awarded money to empower learning and development across all staff groups. This bursary reflects our shared commitment to creating opportunities for colleagues to grow, gain new qualifications, and enhance their professional journey – ultimately strengthening the services we deliver for the people of Greater Glasgow and Clyde. Whether advancing existing skills or taking a bold step into new areas of study, the bursary exists to support staff in achieving their ambitions and shaping the future of our Organisation.

All courses supported by the Staff Bursary must start between 1 August 2026 to 31 July 2027.

For more information visit the [Staff Bursary pages on HR Connect](#).

There will also be a Bursary drop in webinar available for anyone to attend for all things Bursary.

Thursday 19 March 2026- 10.00am-11.30am: [Join conversation](#)

If you wish to be added to our mailing list to get a reminder nearer the live dates then please contact the Staff Bursary team at: staff.bursary@ggc.scot.nhs.uk

For any other bursary enquiries please contact the Learning and Education team on: staff.bursary@ggc.scot.nhs.uk or LE Support 0141 278 2700 (option 3).

Supporting Safety, Equality and Career Progression at NHSGGC with the Professional Administration Transformation (PAT) Programme

NHS Greater Glasgow and Clyde (NHSGGC) is committed to creating a safe, fair and supportive workplace for everyone. Through the [Cut It Out](#) programme and our [Equally Safe at Work \(ESaW\)](#) accreditation programme, we continue to strengthen our approach to preventing Violence Against Women (VAW), Gender-Based Violence (GBV), addressing harassment, and advancing gender equality across NHSGGC.

As part of this work, a recent survey and focus group feedback from our administrative colleagues showed that around one-third were unsure about how to progress in their careers. To help address these barriers, we are highlighting the support available through the [Professional Administration Transformation \(PAT\) Programme](#), particularly the [Career & Education Pathway](#).

The PAT Programme provides:

- [Learning Passports](#) that define the skills and knowledge required for each role and outline [development steps](#) for progression.
- [Structured career pathways](#), including mandatory learning, specialist qualifications, transferable skills, and leadership development.
- [Clear role expectations](#) aligned to the Knowledge and Skills Framework (KSF), helping staff understand what is needed to move to the next level.
- [Practical development support](#), including work shadowing, internal training and guidance on formal qualifications, and;
- Integration with [PDP&R](#), ensuring consistent, transparent conversations about career goals, please see the [FAQ](#) for more details on the programme.

Together, these programmes reinforce our commitment to safety, equality and career progression for all NHSGGC colleagues.

Support and advice are available to any member of staff who has experienced harassment, VAW or GBV:

1.	Your Line Management	9.	Home Civility Saves Lives
2.	Confidential Contacts - NHSGGC	10.	The SARC Service - Turn to SARCS
3.	HR Support & Advice Unit – contact them via the HR Self Service Portal or calling 0141 278 2700 (Option 2)	11.	Women’s Aid – Support and Advice
4.	Bullying and Harassment helpline on 0141 201 8545	12.	Scottish Domestic Abuse and Forced Marriage Helpline - Here
5.	Speak Up! - NHSGGC	13.	Violence Reduction Service (Health & Safety)
6.	Spiritual Care Services	14.	Stalking and Harassment Risk Assessment
7.	Occupational Health Services	15.	Police Scotland - Disclosure Scheme for Domestic Abuse
8.	Peer Support Network - NHSGGC	16.	Trade Union and Professional Organisation

Weight Management Service webpage update

Health professionals can now refer patients to the Weight Management Service directly from the [service homepage](#).

The link for staff making a referral to the Glasgow and Clyde Weight Management Service via SCI Gateway or TrakCare is now available at www.nhsggc.scot/manageyourweight under the “I am a Health Professional making a Referral” section.

Manage Your Weight

Lose weight in a safe and sustainable way

The Glasgow and Clyde Weight Management Service is your gateway to a healthier, happier you.

Our service is here to support people who are overweight and those living with health conditions that may benefit from weight loss. We also provide practical resources for those who would like to manage their weight on their own, or who are not eligible for the service.

We offer an effective, sustainable weight loss journey through practical lifestyle changes. Many people have improved their blood pressure, cholesterol, and blood sugar levels by taking simple, achievable steps – all at no cost.

Beyond the health benefits, even a small amount of weight loss can enhance confidence and self esteem, improve mobility, and increase energy levels.

A useful way to check if you are a healthy weight is by using Body Mass Index (BMI), which compares your height and weight. While BMI isn't perfect and doesn't account for factors like muscle mass, age, or body shape, it can be a helpful starting point for thinking about your health.

[Use the online NHS tool to calculate your body mass index \(BMI\)](#)

Next steps

Depending on your medical history and individual needs, our NHSGOC staff will appoint you to either self-help resources, the Community or Specialist Weight Management Service.

[I want to know more about the service](#) [I am a Health Professional making a referral](#)

Previously, health professional referral information was hosted on the Community Weight Management page. This page will be deactivated on Tuesday 31 March as part of wider improvements to the service's website structure and user journey.

These updates form part of a strategic communications and marketing plan designed to:

- Reach more potential patients
- Improve understanding of eligibility criteria
- Support appropriate and informed referrals from health professionals

This approach helps manage patient expectations, encourage more appropriate and engaged referrals, and improve website analytics, supporting our overall objective of increasing patient engagement with the service.

Staff are asked to familiarise themselves with [the new layout](#) ahead of wider public communications being issued to support these changes.

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [website](#)