

Core brief

Daily update
(3 June 2025, 11.40am)

Topics in this Core Brief:

- Happy What Matters To You Day
- 'What Matters to You' – The Perioperative Journey at The New Victoria DSU
- RAH nurse receives British Empire Medal at special ceremony
- Dietitians Week

Happy What Matters To You Day

As part of today's celebrations, there are a variety of sessions available to the public and Health and Social Care staff across all sectors, delivered by the HomeFirst Programme. These will all be held today (Tuesday 3 June 2025) and the link to join can be found on:



[HomeFirst Programme - Events - NHSGGC](#) under "What Matters to You Day".

Session	Time	Session Overview
Having Conversations that Matter	6.30 - 8.00pm	Giving you confidence to approach important conversations with friends, family and for those supporting others in a workplace setting. A gentle way to have challenging but important conversations.
Plan More Stress Less	2.00 - 3.00pm	This session covers all you need to know about getting yourself, and those you support prepared for any unexpected event including hospital admissions.

Examples of WMTY conversations, between staff, patients, families and carers throughout NHSGGC, and the positive outcome they have had are available on our [website](#), along with pre-recorded seminars and links to external resources.

‘What Matters to You’ – The Perioperative Journey at The New Victoria DSU

In other celebrations the Day Surgery Unit at the New Victoria ACH has filmed a [video](#) celebrating What Matters to You Day 2025.

It highlights how they support their patients through each stage of their perioperative journey, focusing on what matters most to them and delivering personalised care every step of the way.



RAH nurse receives British Empire Medal at special ceremony

A nurse who was named in the New Year Honours List has been celebrated at a special event to present her with a British Empire Medal.

Maggie Clark, an Emergency Laparotomy Nurse Specialist with NHS Greater Glasgow and Clyde at the Royal Alexandra Hospital, was given the award by the Lord-Lieutenant of Ayrshire and Arran, Sheriff Iona Sara McDonald.



She was named in the King's Honours List in January for her dedication and service to the NHS.

Friends, family and colleagues - both present and past from Maggie's former role as a critical care nurse in the hospital's High Dependency Unit - gathered at the event at the RAH.

Accepting her BEM, Maggie said: “The NHS represents the very best of us. Here at the RAH, there is compassion, resilience and a shared commitment to our patients and I’ve simply tried to play my part.”

NHSGGC Vice Chair David Gould said he was “immensely proud” of the recognition given to Maggie, and by extension the entire multidisciplinary team she works with at the RAH.

He said: “I am absolutely delighted that Maggie's hard work, dedication and commitment has been recognised in such a grand manner.

“As Maggie has said herself, she is part of a surgical and wider multi-disciplinary team and her receiving this award is a much deserved reflection on the teams' efforts in delivering excellence in care to patients and their families.”

Dietitians Week

Dietitians Week (2 – 6 June) is an annual event run by the British Dietetic Association and is a great opportunity to recognise and celebrate the role Dietitians play in promoting health, preventing disease, and supporting recovery through evidence-based nutrition.



In NHSGGC we have an award winning, nationally recognised team of over 200 Dietitians, support workers and administrative staff. Our Dietitians assess and treat nutritional and dietary issues in a variety of health care settings, including hospitals and health centres, across the health board area.

Follow our service on Social media:

Instagram - NHSGGC Dietitians

Facebook - NHS GGC Dietitians

X - @NHSGGCDiet

For more information please visit our website: [Dietetics - NHSGGC](#)

Visit the Acute Food, Fluid and Nutrition SharePoint pages:

<https://scottish.sharepoint.com/sites/AcuteFoodFluidandNutrition?CT=1714567962220&OR=OWA-NT-Mail&CID=cc5e1ebf-731f-b454-284d-b5c53bfbaf9c> for more information on:

- Nutritional assessment, screening and care planning (including MUST step 5 and ward conversation charts)
- Learning Zone (including nutrition based LearnPro modules, staff resources and 1-minute videos)

- Clinical nutrition (including referral to dietetics and the enteral feeding starter regimen).

Remember, for all your latest news stories, visit the Staffnet Hub:
[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)

The poster is titled "Getting the right care is as easy as ABC" and features the NHS Greater Glasgow and Clyde logo. It is divided into three columns, each representing a letter of the ABC rule:

- A: Ask yourself**
Do I need to go out?
For information on treating minor illnesses and injuries from home, go to NHS inform or download the NHS 24 App.
- B: Be aware**
There is help on your doorstep.
Your local GP, pharmacy, dental practice and optician offer a range of services.
- C: Call 111**
If it's urgent, or you're unsure, call NHS 24 on 111.
They'll get you the care you need.

At the bottom, it states: "Unless it's an emergency - think ABC before visiting A&E. For more information: www.nhsggc.scot/rcrp" and includes a QR code.

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [website](#)