

Core brief

Daily update
(3 August 2022, 12.40pm)

Topics in this Core Brief:

- Peer Support information sessions, training dates and online module
- Better Workplace – ple-eESS update your eESS
- Temporary Increase to NHS Scotland Mileage Rates – Extended to 30 November 2022

Peer Support information sessions, training dates and online module

NHSGGC Peer Support for staff offers a range of tools and techniques to support wellbeing for individuals and teams. The following update offers details on information sessions to find out more about becoming a Peer Supporter, Peer Supporter training dates and online learning for everyone.



Information Sessions:

Find out more about Peer Supporter training in these short 45 minutes sessions, which cover; what is Peer Support; how can I support colleagues; and what can I expect from Peer Supporter training.

No booking is required, so please join a session to hear more:

Date	Venue	Join Here
Thursday 4 August 2022, 1600	MS Teams	Click here to join the meeting
Thursday 18 August 2022, 0900	MS Teams	Click here to join the meeting

Peer Supporter Training:

The next series of one day training dates for colleagues wishing to become a Peer Supporter are available as follows. Please note that booking is essential for the training as places are limited on each course:

Date	Venue	Book Here
Thursday 25 August 2022	Clyde Room, Golden Jubilee Conference Centre	Click here to book
Wednesday 14 September 2022	Training Room 6, Stobhill ACH	Click here to book
Thursday 6 October 2022	Conference Room 16A2, VI ACH	Click here to book

Looking after me and others:

Additional learning, packed with hints and tips on how to look after your wellbeing and the wellbeing of others is available through the online module **Introduction to Psychological Wellbeing** for NHS staff on

LearnPro, module GCC 277 and for NHSGGC HSCP social care staff, via their Local Authority learning platforms.

This module is around 20 – 30 minutes long and can be accessed anytime.

Better Workplace – ple-eESS update your eESS

Equality, Diversity and Inclusion continues to be a priority for all of us in NHS Greater Glasgow and Clyde.

As part of this, we collect data on all [protected characteristics](#) to ensure we make the right provisions for our diverse workforce.

Up to date data helps us understand the demographics and diversity of our workforce, enabling us to identify strengths and continuous improvement opportunities, and ensuring the right resources, facilities and support are available for you.



Ple-eESS support us by accessing and updating your personal data on eESS [here](#). Select “Personal Information”, then click “Update” in the ‘Basic Details’ section and a screen will open with options to add your equalities data. Please remember your manager will NOT have access to these protected characteristics. All information provided is secured confidentially in adherence to General Data Protection Regulation (GDPR).

If you would like additional support to update your eESS please contact by email eESS@ggc.scot.nhs.uk, or telephone 0141 278 2700 (Option 5), or view the guidance [here](#) (“Getting started” tab).

Your data will help us all build a Better Workplace together. Thank you for your continued support.

Anne MacPherson, Director of Human Resources and Organisational Development, said: “NHSGGC is committed to Equality, Diversity and Inclusion. Everyone has a part to play in supporting our culture, acknowledging equality, diversity and inclusion by building a fairer workplace for all.

“As part of our ongoing aim, a Better Workplace and Growing our Great Community, we request that you update your personal data through eESS. Understanding the breakdown of our workforce helps us develop our policies and practice to meet everyone’s needs.”

Temporary Increase to NHS Scotland Mileage Rates – Extended to 30 November 2022

The business mileage rates for staff who are required to travel for their work are designed to encompass the entire cost of motoring, different elements of which can rise and fall over time.

However, the cost of fuel remains a key factor, and everyone recognises the concerns staff currently have in this area.

As such, the temporary increase to NHS Scotland mileage rates that was agreed earlier in the year has now been extended to 30 November 2022.

A full summary of the temporary rates is detailed below:

Temporary Increase to Mileage Rates	Existing Rate	Temporary Enhanced Rate
Agenda for Change rates		
Standard Rate of Annual Mileage up to 3,500 miles	56p	61p

Standard Rate of Annual Mileage over 3,500 miles	20p	25p
Change Motor Cycle and Reserve Rate	28p	31p
Medical and Dental Standard rates up to 3,500 miles for engine capacities		
501cc -1000cc	37.4p	42.4p
1001cc -1500cc	47.3p	52.3p
1501cc -2000cc	58.3p	63.3p
Over 2000cc	58.3p	63.3p
Medical and Dental Public Transport Rate	24p	27p
Medical and Dental Other Motor Vehicles		
Up to 125cc	17.8p	20.8p
Over 125cc	27.8p	30.8p

Always report your LFD result - even if it's negative



Remember to report your results at:
<https://nhsnss.service-now.com/covidtesting>

Please keep up-to-date with the latest guidance on our dedicated web pages at: www.nhs.gov.uk. If you have any questions about the current situation please check the FAQs first. If you have any further questions, please email: HR.Support@ggc.scot.nhs.uk.

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [StaffNet](#)