

#### Daily update (3 April 2023, 10.30am)

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# Active Staff Walking Challenge 2023

Good news! We are launching our Walking Challenge for 2023! Our virtual walk this year will take place in Occitanie – France.

The walk will take place from Monday 1 - Wednesday 31 May, so get the date in your diary and start setting up your teams (up to five people per team).

\*Please note, Team leaders should create their teams first before inviting others to join their team\*. We've titled the challenge "Walk Occitanie". You should be able to see the milestones and details when you login to the website and create a team.

To register <u>click here</u> - you can join as a new member of staff, or use a log in from existing Active Staff Walking Challenges.

Alternatively, download the "Active Staff Challenge App" on the <u>App Store</u>, or <u>Play</u> <u>Store</u>.

This is for **all** NHSGGC/HSCP staff. If you have any enquiries, please contact: <u>walking.challenge@ggc.scot.nhs.uk</u>

### Launch of NHSGGC Long COVID Service

NHSGGC is pleased to announce the launch of its Long COVID Service from Monday 3 April. This will initially take referrals from Glasgow HSCP GP practices via SCI Gateway. Full roll out of the service to all HSCPs will be completed by 26 June.

The service will provide support and care to patients experiencing ongoing symptoms after the initial COVID-19 infection with patients having access to a range of specialists.

Long COVID can be challenging and we are delighted to be launching the service that will allow patients to receive the most appropriate care for their needs across NHSGGC.

Those experiencing Long COVID are encouraged to speak to their GP who can refer them to the Long COVID Service for support.

## **Revamp of Glasgow Royal Infirmary Museum**

The museum at Glasgow Royal Infirmary opened in May 2022 and celebrates the history of Glasgow medicine and its impact on healthcare worldwide.

Located within the historic hospital, accessed via the Cathedral Precinct, the museum has recently upgraded to include new exhibits which help to tell the story of Glasgow Royal Infirmary (est. 1794). From Glasgow came Joseph Lister's theory of antisepsis, the world's first X-ray department and the development of ultrasound scanning.

The architect drawings for the 1915 Miller building, X-ray tubes and original photos of former staff including matron Rebecca Strong and William Macewen, are some of the items on display.

John Stuart, Chair of The Friends of Glasgow Royal Infirmary, said "From pioneering research and ground-breaking treatments, to the development of new technologies and techniques, the history of Glasgow Medicine deserves to be told. Here, William Macewen undertook the first successful brain surgery operation, Jackie Taylor was the first woman President of The Royal College of Physicians and Surgeons in Glasgow, Rebecca Strong trained under Florence Nightingale and revolutionised nurse training worldwide.

The museum, staffed by volunteers, is open to members of the public on **Tuesday** - **Thursday between 1-3pm.** In April, there will be a dedicated William Macewen temporary exhibition.

John added "We hope visitors will leave the museum inspired and with a greater appreciation for the role Glasgow healthcare has played in shaping today's world."

Follow us on Twitter and Instagram @friendsofgri, web <u>https://www.friendsofgri.org</u>, watch our video here: <u>The Friends of GRI</u> <u>Museum by Forza Films - YouTube</u>

#### LGBTI Awareness Workshop

A new date for the online **LGBTI Awareness Workshop** delivered by the Equality Network is: Friday 21 April at 11am -12noon on MS teams.

This workshop will broadly cover terms and definitions, social challenges facing LGBTI people, legal rights for LGBTI people, top tips & correct language and do's and don'ts for inclusion, ending with a Q&A. It is intended to help people gain a greater level of confidence and be less afraid of getting things wrong when dealing with or supporting LGBTI people.

To book this session simply email your details to: <a href="mailto:lgbtstaff.forum@ggc.scot.nhs.uk">lgbtstaff.forum@ggc.scot.nhs.uk</a>

Bookings are capped at 20 people, however we do have another two sessions planned for further in the year. Please share this with anyone who may be interested.



Staff are reminded to make sure their <u>personal contact details are up to date on</u> <u>eESS</u>.



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