

NHSGGC

Core Brief



Daily update

(29 October 2025, 3.20pm)

Topics in this Core Brief include:

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Data Security Spotlight – Password security

Strong passwords and password security are essential to protect the integrity of our systems and our data. Always follow our guidance [here](#) on creating strong passwords and never share your password with anyone else.

A purple banner for World Kindness Day. On the left is a logo of two hands holding a heart. In the center, the text 'World Kindness Day' is written in a large, blue, serif font, with 'Kindness' on a purple ribbon. Below it, 'Thursday 13th November' is written in a bold, blue, sans-serif font. On the right is the NHS Greater Glasgow and Clyde logo and a QR code.

Six Week Kindness Challenge: Week 5 – Taking kindness online (virtual and remote)

As we build up to World Kindness Day on 13 November, we invite colleagues to join us in our [Six Week Kindness Challenge](#).

Now, most of our NHSGGC colleagues have some kind of online aspect to their role. Whether that's emails, access to our intranet: [Staffnet](#), using Teams, or working in admin

or corporate roles, it's important to be kind online as well as in person.

This week, we're looking at how we can extend our kind and compassionate behaviours to the online world.

Here are a few ideas for how to 'virtually' brighten our colleagues' days:

- Send a message to ask how someone is or a GIF to brighten someone's day on Teams
- Arrange Virtual Coffee Chats to help team members connect outside their usual circles or to talk about things other than work
- Send a voicenote, an [awesome card](#) or a thankyou through the Praise app on Teams (just search 'Praise' in the Apps section in the left-hand toolbar) to show your appreciation for your colleagues

Remember - This is your last chance to [submit your nominations for your kind and compassionate colleagues using this online form](#). Help us to celebrate and recognise them around World Kindness Day (13 November)! Deadline 31 October.

Looking after yourself and others – session next week

We all know that we should be looking after ourselves and our wellbeing, but on the other hand we often forget about actually doing it. Attending a 'Looking after yourself and others' session can remind you about self-care and stress management and provide simple, yet effective techniques to boost yours and others wellbeing.



By becoming a person who looks after themselves you can set a good example for your colleagues, patients, friends and family to do the same.

The Peer Support team are delivering an interactive 45-minute live online session at **4.00pm on Tuesday 4 November**, so sign up and learn about good self-care!

[Book your spot now](#)

Other dates and sessions are available and can be booked under the section *Level 1: Looking after yourself and others* on the [Peer Support webpage](#).

The Infection Prevention and Control Quality Improvement Network Newsletter (IPCQIN)

[Click here](#) for the twelfth issue of the IPCQIN (Infection Prevention and Control Quality Improvement Network) staff newsletter for an update on the network's progress to date.

Morag Gardner, Deputy Nurse Director, Acute – Co-chair of the IPCQIN, said: "As we head into winter, I'm delighted to share our twelfth IPC Quality Improvement Network newsletter. This edition shines a spotlight on our recent Collaborative Conversations, where staff from across NHSGGC came together to tackle the real-world challenges of cleaning near-patient equipment. Their insights have sparked practical improvements, from new visual reminders and cleaning checklists to exploring innovative methods like

UV and HVAC cleaning in busy areas and playrooms.

The energy and ideas from these sessions are already making a difference, helping us simplify guidance, clarify roles, and ensure everyone feels empowered to play their part in infection prevention. I encourage you to read about the fantastic work happening across our teams, and I want to thank every member of staff for your commitment and creativity, especially as we prepare for the demands of winter. Your feedback is driving real change, and together, we're building safer, more resilient care for our patients.

I hope you enjoy this edition and, as always, welcome your feedback and ideas for future improvements.”

[Click here to view the newsletter on Sway.](#)

Peer Support training – upcoming dates

Do you want to learn how to better support your colleagues? Join our **full day Peer Supporter training** where you will gain essential skills to support your fellow colleagues through both tough times and triumphs.



By becoming a Peer Supporter, you'll not only help your colleagues navigate daily stresses but also enhance your own personal and professional growth. Hundreds have already joined the NHSGGC peer support network – why not be the next to help?

Final dates for 2025:

- 06/11/2025 – New Victoria ACH, [Book here](#)
- 18/11/2025 – Stobhill ACH, [Book here](#)
- 03/12/2025 – Royal Alexandra Hospital, [Book here](#)

Remember, for all your latest news stories, visit the Staffnet Hub:

[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)



Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

It is important to share Core Brief with colleagues who do not have access to a computer.

A full archive of printable PDFs are available on [website](#)