

Daily update (29 October 2024, 10.50am)

Topics in this Core Brief:

- Festive pay dates
- Let's talk about... Menopause
- Child Death Reviews
- New clinical trial seeks over 60s

Festive pay dates

As we're approaching that time of year, this is to give advance notification of the earlier pay dates over the Christmas period to allow you to plan ahead.

Monthly pays

This year, in order to accommodate staff being paid their December salary before Christmas, it has also been necessary to change to the normal pay date for January 2025, with the pay dates now being:

Month	Change	Period	Pay Date
December 2024	Forward four days	3 weeks 4 days	Monday 23 December 2024
January 2025	Forward one week	4 weeks 3 days	Thursday 23 January 2025
February 2025	None	5 weeks	Thursday 27 February 2025

Weekly pays

In keeping with previous years, all substantive staff will receive three weeks' pay on Friday 20 December 2024.

The first pay in January will be on Friday 10 January 2025.

Revised timetables will apply during this period to allow bank staff to be paid for finalised shifts on **20 December 2024, 27 December 2024 and 3 January 2025.**

Further communications will be issued nearer the time detailing the revised timetables to support these arrangements.

Staff in receipt of income related benefits

In keeping previous years, and also HMRC guidance for staff in receipt of income related benefits such as Universal Credit or Carers Allowance, the following will be notified to HMRC:

- For monthly paid staff the standard monthly pay dates for December and January, rather than the earlier "physical" pay dates.
- For weekly paid staff two weeks holiday pay for Week 37.

Staff who have money worries can access our 'All About Money' webpage: <u>All</u> <u>About Money - NHSGGC</u>, and staff can also access our financial inclusion partner services for holistic advice on any forms of financial assistance to which they may be entitled, including any social security benefits, grants, help with home energy costs, etc.

The most appropriate financial inclusion service provider for your local area can be located using the NHSGGC Health and Wellbeing Directory and selecting 'Money Advice' from this list of topics and filtering by geographical area: <u>Public Health</u> <u>Service Directory - Home (nhsggc.org.uk)</u>

Let's talk about... Menopause

Our Let's talk about... Staff Wellbeing webinar series continues!



This month we have an extended one-hour wellbeing webinar to talk about menopause!

We will start by busting some myths related to menopause, and we will then explore different strategies for coping with symptoms and reaching out for help. There will also be space to reflect on how we can support others going through menopause, and for frequently asked questions about menopause care, coping, and working through menopause.

If you want to find out more about menopause, this webinar is for you - whether you are going through it yourself or know someone else who is!

Thursday 31 October, 11.00am-12.00pm, MS Teams Book your spot now

Interested in other upcoming webinars? Please book below! Let's talk about... Bereavement

Let's talk about... Winter worries and wellbeing

All pre-recorded webinars can be watched on SharePoint: <u>GGC - Let's talk about... Staff Wellbeing Webinars - Home (sharepoint.com)</u>

Child Death Reviews

Child Death Reviews were introduced across Scotland in October 2021, with the intention of ensuring every live born child (over 22 weeks gestation) and young person under 18 years of age (26 if looked after or accommodated) has at least one quality review into their lives and the circumstances of their death.

The purpose of the review is for us to review the reason why the child or young person died, and whether there were any preventable factors, that we can implement learning from. Each review includes the baby or child's family, the clinical team who cared for the child whether at home or in hospital and other multi-agency professionals who had a caring role for the child.

Since implementation the team have worked with colleagues in Public Health to highlight issues relating to safer sleeping; water safety and clinical genetic testing for all Sudden Unexplained Death of Infants and Children. With our Glasgow Children's Hospital Charity funded partners, Child Bereavement UK (CBUK), we have introduced an opt-out approach to bereavement support for families affected by the death of a child.

Staff affected by the death of a baby, child or young person are able to obtain support from CBUK; from our Hospital Chaplaincy Team or from Occupational Health.

Review teams are based in Health-Boards and Health and Social Care Partnership's. Women and Children's Directorate hosts the Child Death Review team. We review approximately 110 child deaths per annum from across NHSGGC, working in partnership with clinical and administrative colleagues to achieve factual and timely reports. To meet the team, and to learn more about the Child Death Review process, visit our page on the Royal Hospital for Children (Glasgow) website: <u>Child Death Review (scot.nhs.uk)</u>

New clinical trial seeks over 60s

The NHS Glasgow Clinical Research Facility, Queen Elizabeth University Hospital clinical trial site is seeking participants for the Nova 301 Trial. This trial will investigate if a mRNA vaccine can protect people 18 years of age or older against symptoms caused by the norovirus winter vomiting bug. We are currently looking for volunteers over 60 years old.



Professor Emma Thomson, Clinical Professor of Infectious Diseases and Principal Investigator at Queen Elizabeth University Hospital, explains: "Norovirus is a common cause of infectious gastroenteritis causing vomiting and diarrhoea. Most people make a full recovery, but infection can be more serious for very young and elderly people. In Scotland, on average more than 1000 cases occur every year. This can be a particular problem in healthcare settings and nursing homes. During 2024, there have already been more than 1400 cases in Scotland. An effective vaccine could be used to help to prevent transmission in vulnerable populations."

To find out more, visit <u>Staffnet</u>, <u>https://nova301trialvideouk.com/</u> or contact the research team on: 0141 232 7600 or email: <u>ggc.glasgow.crf@nhs.scot</u>

Remember, for all your latest news stories, visit the Staffnet Hub: <u>GGC-Staffnet Hub - Home (sharepoint.com)</u>



Staff are reminded to make sure their personal contact details are up to date on eESS.

It is important to share Core Brief with colleagues who do not have access to a computer. A full archive of printable PDFs are available on <u>website</u>