

Core brief

Daily update

(29 November 2022, 3.55pm)

Topics in this Core Brief:

- Letter from Chief Officers, Chief Nursing Officer Directorate
- 'Togetherness and Hope' the annual remembrance event, 4 December 2022
- Let's talk about... Staff Wellbeing Webinars (20 minutes)

Letter from Chief Officers, Chief Nursing Officer Directorate

The Chief Officers, Chief Nursing Officer Directorate from the Scottish Government have written to nursing, midwifery, AHPs and healthcare science colleagues to express their sincere gratitude for their continued hard work, professionalism, determination and innovation in the delivery of high quality health and care for patients, service users, carers, families and all those receiving care as we reach the winter months.

The past few years have placed an unprecedented strain on all services and we have experienced some of the most challenging times both professionally and personally that we have ever faced and recognise and acknowledge that those challenges will continue over winter.

They are also reminding staff how vital it is that we take steps to protect patients, our families and each other. In order for you, your families and your friends to stay as healthy as possible, we encourage you to get both the flu and the COVID-19 vaccine. You can book an appointment for your flu and COVID-19 vaccines here: [Winter vaccines | NHS inform](#).

Our Chief Executive, Jane Grant, shared a similar message in Core Brief on 18 November from the General Medical Council and Nursing and Midwifery Council along with the respective national bodies, Chief Medical Officers and Chief Nursing Officers from the four UK nations to doctors, nursing and midwifery colleagues across the UK [click here to view](#).

'Togetherness and Hope' the annual RHC, Child Bereavement UK and Glasgow Children's Hospital Charity remembrance event, 4 December 2022

The Royal Hospital for Children together with Child Bereavement UK and the Glasgow Children's Hospital Charity are pleased to announce the details for their annual remembrance event.

Our 'Service of Togetherness and Hope' is for all families who have been affected by the death of a child and will be held in St Mary's Episcopal Cathedral, 300 Great Western Road, Glasgow, on Sunday 4 December at the earlier than normal start time of 1:30pm.

The NHSGGC Choir will be there to support us with a live performance to help ensure the event is meaningful.

NHSGGC staff are invited to attend and are asked to share this information with anyone they feel may benefit and/or be comforted by attending.

If you require further information please contact Karen Kaye, Chaplain in RHC telephone 0141 452 4017, internal 84017 or email Chaplains@ggc.scot.nhs.uk

Let’s talk about ... Staff Wellbeing Webinars (20 minutes)

Colleagues attending the September webinar series of *Let’s talk about... staff wellbeing* provided fantastic feedback, which we have used to build the next selection of 20 minute webinars that will take place throughout November and December. The webinars continue to focus on various topics which we know are important to personal health and wellbeing and are delivered in a format that allows colleagues to take away top tips and share with others.



We would like to thank colleagues for your positive feedback;

- “Great session - really valuable and appreciated”
- “Will put the information shared to good use for a better night's sleep”
- “A nice way to start the day thinking about your own wellbeing”
- “This was really interesting. I have found these sessions great and enjoy how short they are so easy to fit in to the day”

All are welcome to come and join our NHSGGC Health Psychologist, Heather Connolly and Peer Support & Wellbeing Project Support Officer, Asia Nicoletti. Webinars are open to all staff with easy booking access for the sessions you are interested in.

Thursday 1 December 16:00 REPEAT: Let’s talk about: Winter Worries and Wellbeing	Book here
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Please keep up-to-date with the latest guidance on our dedicated web pages at: www.nhsggc.scot. If you have any questions about the current situation please check the FAQs first. If you have any further questions, please visit the [HR Self Service Portal](#)

Staff are reminded to make sure their [personal contact details are up to date on eSS](#).

It is important to share Core Brief with colleagues who do not have access to a computer. A full archive of printable PDFs are available on [StaffNet](#)