

NHSGGC

Core Brief



Daily update
(29 July 2026, 11.50am)

Topics in this Core Brief:

- [Get ready for the public launch of My Health](#)
- [Update to Transmission Based Precautions \(TBPs\) guidance within the National Infection Prevention and Control Manual \(NIPCM\)](#)
- [Quality Improvement \(QI\) Network event: Thursday 10 September](#)

Get ready for the public launch of My Health

NHSGGC's latest website expansion – [My Health](#) – will go live to the public in the coming days.



Launched internally in May, My Health gives patients something to watch, read or do to support and improve their health. It's part of the NHSGGC website and is live now to let staff get familiar with its content and purpose before the public launch.

The site focuses on three themes:

- Preparing for appointments by encouraging patients to plan ahead
- Promoting self-care by maintaining a healthy lifestyle
- Providing tips and advice for self-managing common conditions.

We're asking staff to keep getting familiar with this new tool, which offers something for everyone but is particularly helpful for patients with long term conditions.

Look out for our QR code promoting the site, and email ggc.health.improvement@nhs.scot if you want to find out more.

Read the full story on Staffnet: [Get ready for the public launch of My Health](#)

Resources

- Web address: www.nhsggc.scot/my-health
- QR code:



Update to Transmission Based Precautions (TBPs) guidance within the National Infection Prevention and Control Manual (NIPCM)

The national launch of the updated Transmission Based Precautions (TBPs) guidance is scheduled for Monday, 3 August 2026.

The revised guidance introduces several key changes:

- Respiratory conditions will be categorised into R1, R2, or R3.
- Previous transmission routes classified as contact, droplet, and airborne will be replaced with the updated terminology:
 - Contact Transmission
 - Air Transmission
- References to aerosol generating procedures (AGPs) will be removed from the guidance.

These changes aim to provide clearer, more consistent, and evidence-based support to healthcare workers, enabling more effective risk-based decision-making in clinical practice.

For further information please contact your local Infection Prevention & Control Team.



Quality Improvement (QI) Network event: Thursday 10 September

Our next QI Network event is happening on Thursday 10 September 2026 from 1.00pm – 3.00pm.

The September QI Network event will focus on what the QI infrastructure and networks look like on the ground, including the role of more formalised QI Groups.

We will have our agenda ready to share with you available within the next few weeks.

Everyone is welcome, and if you have colleagues who would like to join on the day please share the link: [Joining link](#)

Remember, for all your latest news stories, visit the Staffnet Hub:
[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)



Staff are reminded to make sure their personal contact details are up to date on eESS.

**It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on the [website](#)**