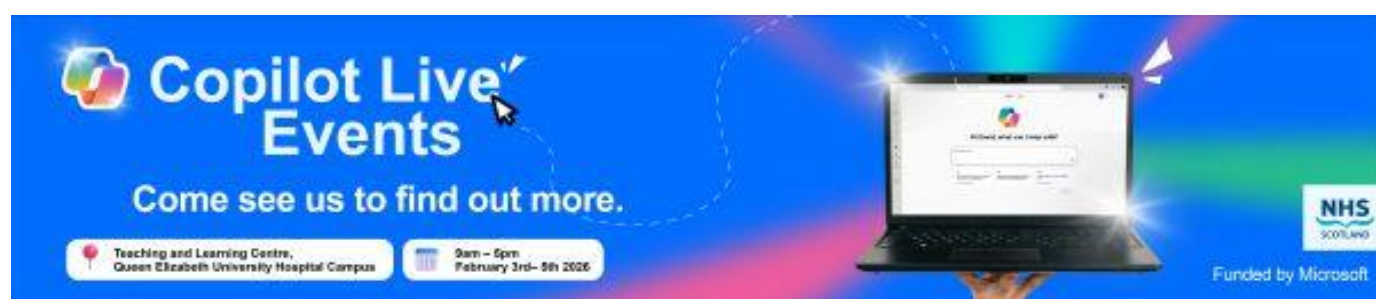




**Daily update**  
**(29 January 2026, 3.50pm)**

Topics in this Core Brief include:

- [Get ready for our in-person Copilot Event at the Teaching and Learning Centre on the QEUH Campus](#)
- [MAP of Health Behaviour Change Training](#)
- [Non-slip socks guidelines](#)



## **Get ready for our in-person Copilot Event at the Teaching and Learning Centre on the QEUH Campus**

We're hosting a Copilot event at the Teaching and Learning Centre, QEUH Campus, from Tuesday 3 February to Thursday 5 February. You're invited to join us for hands-on learning and expert support at our in-person training sessions and drop-in helpdesk.

### **In-Person Training Sessions**

Microsoft specialists will deliver dynamic, one-hour in-person training sessions in the ground floor lecture theatre. Choose a time that suits you - no booking needed, just turn up and grab your seat (first-come, first-served):

- Tuesday 3 February 2026: 10:00am, 12:00pm, 2:00pm, 4:00pm
- Thursday 5 February 2026: 10:00am, 12:00pm, 2:00pm, 4:00pm

### **Ask The Expert – Drop-In Helpdesk**

Have questions or want tailored advice? Our drop-in helpdesk is open for all staff with Copilot Chat (Standard) in room 7b, Teaching and Learning Centre:

- Tuesday 3 February: 9:00am – 5:00pm
- Wednesday 4 February: 9:00am – 5:00pm
- Thursday 5 February: 9:00am – 5:00pm

Don't miss this chance to boost your Copilot skills, connect with experts, and get answers

to your questions!

You can find more information [on Staffnet](#).

## **MAP of Health Behaviour Change Training**

**Monday 16 and 23 February 2026, 9.30am – 13.00pm (virtual)**

NHS Greater Glasgow and Clyde are delighted to be delivering the NES MAP of Health Behaviour Change Learning Programme for practitioners working in any adult service where behaviour change could help a person's health and wellbeing. MAP provides person centred methods of talking about and supporting health behaviour change.

### **The Learning Programme aims to:**

Build knowledge, skills and confidence in supporting behaviour change

### **Who this course for:**

All practitioners from health, social care and partner organisations who support adults. This training is suitable for those with little or no training in health behaviour change and who have an opportunity to talk with their client group about lifestyle.

### **Session Format:**

The workshop is delivered online via MS Teams and is split over two 3.5-hour sessions (you must attend both sessions).

**Sign up here:** <https://link.webpolsurveys.com/EP/66D1A137CAFFA983>

Please ensure you have your manager's approval to attend as part of your PDP and please note by registering, you are committing to both dates of the course.

If you need further information, please contact: [heather.fraser16@nhs.scot](mailto:heather.fraser16@nhs.scot).

## **Non-slip socks guidelines**

Many people are admitted to hospital without any footwear or with footwear that may be unsafe. Inappropriate footwear can lead to an increase in the risk of slips, trips and falls. Non-slip socks are commonly used as a falls reduction intervention in our hospitals however there are many factors that must be considered prior to their use including risks associated with pressure damage.

To aid our staff working within all adult inpatient settings in NHS Greater Glasgow and Clyde a new guideline is being launched. We hope this guideline will allow staff to take a person centred approach to support safe and appropriate use of non-slip socks. Along with the guideline – there is an updated patient information leaflet around appropriate footwear in hospitals. Please see links below for both documents – the leaflet is available to order form medical illustration – MI 203771.

- [Patient information leaflet](#)
- [Non-slip socks guidelines](#)

**Remember, for all your latest news stories, visit the Staffnet Hub:**

[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)



## Be Phishing and Vishing Aware!

Phishing and Vishing are forms of social engineering, a technique used to gain access to private information, often via email. It can cause a huge amount of damage, disruption and distress. To help prevent social engineering attacks at NHSGGC and at home, remember N.E.T.



### No Trust

Verify, via alternative means, the identity of those sending unexpected messages, even if the contacts are known to you.



### Educate Yourself

Complete the Security and Threat module on LearnPro. Check online sources to see if emails, SMS messages or other forms of social engineering attacks are known or commonplace. Remember, educating yourself can protect you in both your work and personal life.



### Think First

Successful attacks generally require a sense of urgency. Stop! Take a moment to reflect and investigate, this can show these attacks for what they are.



Managing technology and data safely and securely is everyone's responsibility throughout NHSGGC.

For further information, visit: [FAQ---IT-Security-v0.2.pdf](#)

\*\*\*Staff are reminded to make sure their personal contact details are up to date on eESS.\*\*\*

**It is important to share Core Brief with colleagues who do not have access to a computer.**

**A full archive of printable PDFs are available on [website](#)**