# NHS Greater Glasgow and Clyde

## Daily update (28 September 2022, 3.00pm)

Topics in this Core Brief:

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# Climate Week 2022

As part of our celebrations for Climate this week, today we hear from Vivienne Gough, Consultant General Surgeon about how she got involved in sustainability.

"I'm a Consultant General Surgeon at the RAH. I first became involved in sustainability at work when I was frustrated that I was unable to recycle waste at work as I would at home due to a lack of recycling facilities. Since then my focus has broadened and I am involved in a GGC wide and also a national Green Theatres group which aim to improve sustainability in the surgical arena - it's exciting that there are so many like-minded individuals in GGC and

throughout Scotland who are eager to work to help to reduce the large carbon footprint that healthcare produces.

"Sustainability, to me on a practical level, means trying to reduce and eliminate single use items and to focus on trying to minimise waste and packaging as much as possible. I'm working to try to pilot the reintroduction of reusable theatre gowns and drapes and we are currently introducing recycling of high value surgical instruments at the RAH. We have also started a weekly local anaesthetic hernia repair operating list - as the operations have a significantly lower carbon footprint than if performed under general anaesthesia.

"So many sustainability initiatives are also cost as well as carbon saving as they reduce waste or unnecessary processes, that it really is a win-win for the health service."

You can ready more stories from staff who are taking steps both in their professional and personal life to become more sustainable on our new Climate Week webpage <u>https://www.nhsggc.scot/about-us/sustainability/climate-week-2022/</u>.

### **Black History Month 2022**

Thank you to everyone for the interest and support already shown for NHS Greater Glasgow and Clyde's Black History Month Activity.



We have a range of exciting activities underway throughout next month and we would love to see you there.

Please see below some of our events planned, including:

- Mental Health Stigma and Discrimination online sessions
- Race Equality Workshops
- Cultural Heritage Sessions
- BME Staff Lunch and Learn Event
- BME Staff Networking Event
- Spiritual Care Information Sessions
- BME Staff Network Stalls
- Celebrating Differences : Cultural Food Day
- Dr Nazim Ghouri -Curiosity, Ignorance, Unconscious Bias or Racism (pre-recorded)



Join NHSGGC and the BME Staff Network in Celebrating Black History Month.

This October the Black and Minority Ethnic community and our allies come together to show support for our BME community, invest in our staff and raise awareness of the progress made and the challenges that still exist for many of us.



Please use the QR code to find our schedule of events for Black History Month Activity at NHSGGC.

We would love it if you joined us, you can register your place to attend by emailing: <u>ggc.bmestaffnetwork@nhs.scot.uk</u>

Further information on each event, dates and timings can be found on the website at <u>BME Staff Network – NHSGGC</u>

# Meet your administration colleagues

We have had a great response from our administration staff wishing to promote who they are and where they work within the organisation. Please click on the links to view John Clyde John Clyde Admin Manager Video 150822.mp4 and Linda Kelly's video Linda Kelly video-20220815\_125653-Meeting Recording.mp4



You can also view these videos and also get up to date information on our Professional Administration Transformation Programme through our SharePoint <u>GGC - Professional Administration Transformation</u> <u>Programme - Home</u> If you would like more information on our PAT programme or to be involved in making a short video, please contact your sector Administration Governance Manager.

# **Creative Writing Programme**

The NHSGGC Library Network is launching three new online Creative Writing groups beginning in October and running once a month until March. The Library Network's in-person Creative Writing group will also be meeting in GRI Library, once a month between October and March.

The sessions allow participants to discover, explore and develop their creative voice in a friendly, fun, supportive environment. Sessions are open to all NHSGGC staff and partners and no prior writing experience is necessary. They will introduce participants to the concepts behind creating characters, and dialogue, working with narrative voice and setting, and developing a plot in fiction.

If you'd like to boost your wellbeing by trying something new or by developing existing skills, contact your local NHSGGC library for further information and to register for your group.

# **Upcoming Postal Disruption**

Royal Mail have confirmed that there will be strike action taking place on the following dates: Friday 30 September and Saturday 1 October.

While talks between Royal Mail and the Communication Workers Union (CWU) continue in an attempt to avert industrial action, NHSGGC staff are asked to send post items as early as possible in advance of the strike dates in order to minimise potential disruption.

### **Transport update**

### RMT Industrial Action – Saturday 1 October 2022

The RMT has announced further national strike action across the UK railway network in a dispute with Network Rail and other train operating companies. This means Network Rail members of the RMT will be taking part in 24-hour strike action on Saturday 1 October. Other industrial action is also scheduled for Saturday 8 and Monday 10 October.

The planned strikes on these days will cause disruption to ScotRail services, as Network Rail Scotland signallers and maintenance staff, who are in safety-critical roles, will be on strike. In addition, there is likely to be a residual impact on the days following the industrial action as Network Rail staff return to work and carry out safety critical checks. More information on the services that will operate is available from <u>ScotRail</u>.

### Great Scottish Run – Sunday 2 October

The Great Scottish Run will take place on Sunday 2 October. As a result there will be a number of road closures and diversions across Glasgow City Centre and surrounding areas, including Glasgow south side.

Please visit here for more information.

Please keep up-to-date with the latest guidance on our dedicated web pages at: <u>www.nhsqgc.scot</u>. If you have any questions about the current situation please check the FAQs first. If you have any further questions, please visit the <u>HR Self Service Portal</u>.

\*\*\*Staff are reminded to make sure their personal contact details are up to date on eESS.\*\*\*

It is important to share Core Brief with colleagues who do not have access to a computer. A full archive of printable PDFs are available on <u>StaffNet</u>