

Core brief

Daily update
(28 October 2021, 11.15am)

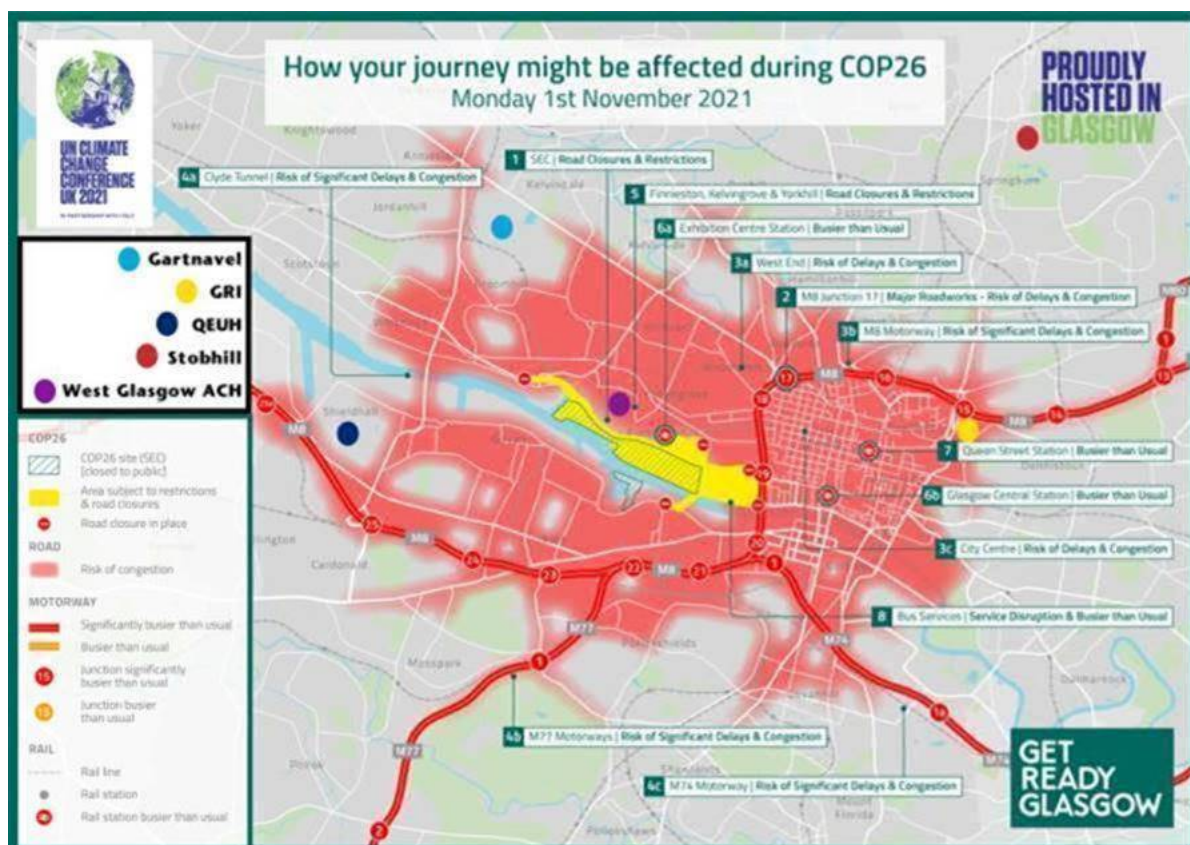
Topics in this Core Brief:

- Act now and get ready for COP26
- New resources on Long COVID for health and social care staff and unpaid carers
- Winter Driving Training LearnPro Module
- Support our NHSGGC Social Distancing Champions

Act now and get ready for COP26

Some of the main road closures, including the closure of the Clydeside Expressway and Clyde Arc are now in place. Anyone travelling in and around Glasgow must now plan ahead to ensure reaching their destination in time. Some delegates and those planning to protest are arriving now and with more than 25,000 people expected to attend the UN Climate Conference between 31 October and 12 November, there will be a high level of disruption before, during and after the event.

There may be unscheduled protests which block roads or cause other significant disruption. On 1 and 2 November more than 120 world leaders will be in Glasgow, which will lead to further road closures. The [congestion map](#) is below:



You must act now to plan ahead. Watch this video that details some of the expected impacts of COP26 and how you can get ahead: [\(77\) NHSGGC Staff - UN Climate Change Conference \(COP26\) Travel Information - YouTube](#)

Have you checked the staff FAQs? A number of questions which services and staff may have in relation to NHSGGC operations and how they might be impacted by COP26 have been produced. These are available at: [NHSGGC: COP26 Climate Conference](#).

Remember to carry your staff ID with you at all times to access your own facility and any others you have to attend.

The shuttle buses that operate between sites are having to run a revised service during COP26 on the routes to GGH. This is to allow more time for the trips.

More information is available at: [NHSGGC : NHSGGC Staff Shuttle Bus Timetables](#).

You can keep up to date on all COP26 arrangements by visiting: www.getreadyglasgow.com

For a useful round-up on COP26 disruptions on the BBC website, visit: [COP26: How are road closures affecting Glasgow? - BBC News](#)

New resources on Long COVID for health and social care staff and unpaid carers

New resources on Long COVID have been added to the National Wellbeing Hub to help everyone better understand and manage Long COVID. These include two evidence-informed articles, [one aimed at managers](#) providing advice on how to support staff returning to work with Long COVID, and [one aimed at people experiencing Long COVID](#). These are supplemented by a [‘Top Tip’ sheet](#) with brief guidance for managing recovery from Long COVID.



In addition they have produced a series of three short videos. For these, they spoke to two professionals who have both experienced Long COVID. One video hears about [Janine's path to recovery](#), while the other charts [Grace's return to work](#) and how she is managing the ongoing challenges associated with this. They also spoke to [Dr John Harden, Deputy National Clinical Director](#) at the Scottish Government, who talks through what Long COVID is, what to do if you're experiencing Long COVID, and how to manage some of the more common symptoms.

Winter Driving Training LearnPro Module

NHSGGC Transport team have launched a new Winter Driving Training LearnPro Module, course code GGC: 276. This module is available under the CPD element on LearnPro and will offer the learner increased knowledge and confidence on how to drive in wintery conditions.



Support our NHSGGC Social Distancing Champions

Many thanks to all the Social Distancing Champions across NHSGGC. The purpose of having champions in place is to help promote good practice, and continue to raise awareness of physical distancing requirements and support staff members and where required to remind visitors/service users of the importance of adhering to current guidance.

It is important that all staff are aware that two metre physical distance still applies within our place of work and includes break areas and eating places.



We would like to take this opportunity to remind all staff of NHSGGC's core values which are also important when engaging with our Social Distancing Champions:

- ✓ Care and compassion
- ✓ Dignity and respect
- ✓ Openness, honesty and responsibility
- ✓ Quality and teamwork.

We ask all staff to be respectful towards our colleagues who are undertaking this role, they are there to help keep you safe. If a champion approaches you to discuss physical distance practice, please welcome their advice and be mindful of the role they are undertaking.

It is important that we continue to maintain good physical distance practice throughout our working period.

If you would like to become a Social Distancing Champion, email: SDCommsGroup@ggc.scot.nhs.uk. For more information on physical distancing, click [here](#).



Please keep up-to-date with the latest guidance on our dedicated web pages at: www.nhsggc.org.uk/covid19. If you have any questions about the current situation please check the FAQs first. If you have any further questions, please email: HR.Support@ggc.scot.nhs.uk.

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [StaffNet](#)