



Daily update
(28 January 2026, 4.55pm)

Topics in this Core Brief include:

- [GGC Medicines Update](#)
- [Civility Saves Lives – Online Champions Training – 2026 Schedule](#)
- [Ramadan 2026 – Supporting our Muslim Patients and Colleagues](#)



GGC Medicines Update is a series of blogs with important medicines related messages relevant to all healthcare professionals across GGC. Please see below for new blogs and relevant updates.

New blogs

Click on the following links to access the recently published Medicines Update blogs.

- [Safe prescribing and supply of medicines in patients with a peanut or soya allergy](#)

Updates

- [MHRA Safety Roundup December 2025](#)
- [Guideline News December 2025](#)

Information for NHSGGC staff - Subscribing to GGC Medicines Update

Due to the NHSGGC transition from @ggc.scot.nhs.uk to @nhs.scot email addresses, some people who were previously subscribed to these updates may have stopped receiving them. If this has happened to you and you would still like to receive updates directly, please get in touch with us at ggc.medicines.update@nhs.scot.

All of our blogs can be found on the [GGC Medicines website](#) and app. The search function on the website can be used to find specific blogs. Anyone can join our mailing list by contacting us at ggc.medicines.update@nhs.scot

Civility Saves Lives – Online Champions Training – 2026 Schedule

Our Civility Saves Lives (CSL) campaign aims to promote positive working relationships and raise awareness about how our behaviour with colleagues can have a direct impact on patient care and outcomes, and staff experience and wellbeing.



The role of Civility Champions is to promote and raise awareness of CSL within their own teams/services, helping to bring understanding about why paying attention to how we work together and treat each other matters. Champions can be from any profession, band, or service and have an enthusiasm and interest in supporting positive ways of working.

Staff are invited to join the next online training session for Civility Champions. We have 6 sessions scheduled for 2026. Please use the links below to register.

Registration Link
CSL Champions Training Wed 25 Feb 2026 2.00 - 3.30pm
CSL Champions Training Thurs 23 Apr 2026 9.30 – 11.00am
CSL Champions Training Thurs 18 Jun 2026 2.00 – 3.30pm
CSL Champions Training Thurs 20 Aug 2026 9.30 – 11.00am
CSL Champions Training Tues 6 Oct 2026 9.30 – 11.00am
CSL Champions Training Tues 17 Nov 2026 2.00 – 3.30pm

Staff are encouraged to read about Civility Saves Lives before the training, by visiting [the hub on Staffnet](#).

Ramadan 2026 – Supporting our Muslim Patients and Colleagues

With the holy month of Ramadan expected to begin on 17 February 2026 (subject to the sighting of the moon), many of our Muslim colleagues and patients will be observing the fast. This requires abstaining from food and drink from dawn to sunset, impacting various aspects of their daily lives.

Please see the linked guidance for how best you can support your Muslim colleagues during Ramadan:

1. [Guidance to support your workforce during Ramadan](#)
2. [Ramadan Health Factsheet](#)

We encourage managers to review the guidance and, where practicable, make adjustments to service plans for the month.

This could include:

1. **Flexible scheduling:** Offer flexible working hours or meal breaks to accommodate fasting colleagues.
2. **Patient communication:** Be mindful of fasting patients' needs during consultations and scheduling appointments.
3. **Respectful interactions:** Ensure all interactions with colleagues and patients are sensitive and respectful of their beliefs.

By understanding and supporting our colleagues and patients observing Ramadan, we can foster an inclusive and supportive work environment for everyone.

Remember, for all your latest news stories, visit the Staffnet Hub:

[GGC-Staffnet Hub - Home \(sharepoint.com\)](#)



Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

It is important to share Core Brief with colleagues who do not
have access to a computer.

A full archive of printable PDFs are available on [website](#)